

CHECK LIST

Harlem Hospital Center-Generations+/Northern Manhattan Network
June 11, 2010-----

EMPLOYEE OF THE MONTH MAY 2010



Edwin Pasco, Institutional Aide, Environmental Services,

Mr. Pasco is recognized for his immediate actions on May 13, 2010 and his great concern for patient safety. As Mr. Pasco performed his duties in the 10th floor day room, a patient entered and inquired about her property. Moments after responding, Mr. Pasco witnessed the patient turn away, impulsively grab a drill from the facilities workmen's cart, begin to make gestures to turn the drill on and placed it next to her neck. Mr. Pasco quickly saw the risk to the patient's life, grabbed her hands and removed the drill. Mr. Pasco's commitment to patient safety was demonstrated in this very valiant effort.

CAUGHT IN THE ACT - Komlan Woegan and Ramata Sangare, Family Navigators, Community Health Education and Outreach Both individuals are recognized for their dedication and outstanding work to the West African Family Navigator project. They joined the Community Outreach Team less than a year ago, but have made significant contributions by successfully bringing patients into the program and the Medina Clinic. Mr. Woegan and Ms. Sangare's outstanding customer service is displayed through the relationships they've built within the community; always showing cultural sensitivity and respect. Mr. Woegan and Ms. Sangare are most deserving of this honor.

CAUGHT IN THE ACT - Melvin Morales, Maintenance Worker, Facilities Management, is recognized for providing world class customer service. Mr. Morales helped a colleague retrieve her two-week unlimited metro card from under a locker, after others said it would be too much of a job. Determined to help, Mr. Morales went to the locker room with his tools, got on his hands

and knees, and used every tool he had on the cart until he was able to lift the bottom of the lockers and sweep the metro card out. He is committed to providing outstanding customer service, he is worthy of this recognition.



COMMUNITY HEALTH WORKER OF THE YEAR AWARD

On Friday, June 25, 2010, Ms. **Mariana Sanchez**, Community Health Worker, will receive the Community Health Worker Award from the Community Health Network of NYC for her commitment and dedicated service to the Children's Zone Asthma Initiative Program. The Community Health Network of NYC is an independent professional association of community health workers, representing 200 members from more than 250 organizations. Congratulations Ms. Sanchez, for an honor well deserved.

"THROUGH THE NIGHT"

The play, "Through the Night," written and performed by Daniel Beaty at The Riverside Theatre, received rave reviews from The New York Times for its powerful message. Mr. Beaty explored black stereotypes through the eyes of six African-American males, ages 10 to 60, who discovered the power of possibility through one extraordinary event. In the play, characters faced a wide range of issues that include family relationships, fatherhood, economic stability, health

and wellness, incarceration, youth violence, education and religion.

Post-performance dialogues were hosted by Mr. Beaty and distinguished guests, including Dr. Bill Cosby, Sonia Sanchez, Ruby Dee, Hill Harper, and our own Dr. **John M. Palmer**. Dr. Palmer led the discussion on Health on Friday, May 21, 2010. He discussed the importance of prevention and early detection, and a need for our community to make healthy habits a priority.



1st Row (l-r) Jasmine Cordero, Dorothy L. Smith, Karene Smith; 2nd Row (l-r) Jennifer Medina, Yolanda Quiles, Jessica Medina, Madeline Cruz, 3rd Row (l-r) Victor Cordero, Yolanda Jackson, Monique Hedmann, Charlene Bailey-Ayers, 4th Row (l-r) Johnana Bennett-Torres and Orville Anderson

BREATHE NY ASTHMA WALK

On Saturday, May 22, 2010, the Harlem Renaissance Walk Team participated in the American Lung Association's 2010 Breathe New York Asthma Walk at Battery Park in an effort to advocate for clean air. Team Leader **Valerie Wright** led the 81 walkers, comprised of staff, family, friends, and members of the Harlem Children's Zone's Asthma Initiative, on the 3 mile journey alongside the Hudson River. In addition to walking, the team raised a total of

\$2,008.00 for the American Lung Association.



Valerie Wright, Team Leader, Monique Hedmann & Orville Anderson



2010 Harlem Renaissance Walk Team

shapeup NYC

SHAPE UP NYC! Shape up Harlem!

Are you looking to get in shape without stretching your budget? Look no further, Shape Up NYC, a FREE fitness program dedicated to getting New Yorkers healthy and in shape, is now at Harlem Hospital Center. Kickboxing and Zumba classes are available on Wednesday and Friday evenings respectively. Classes take place in the MLKP, 2nd Floor Gallery at 6:00 p.m.

Kickboxing fuses authentic martial arts movements to energizing music to generate optimal fitness and fun.

Zumba is a fusion of Latin, International and popular music dance themes creating a dynamic, exciting, effective fitness system. The routines feature aerobic, fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body with easy to follow dance steps.

All classes are open to the public, free of charge, and no pre-registration is required. For additional information contact Monique Hedmann in the Department of Neurology at (212) 939-4239 or by email at monique.hedmann@nychhc.org.

LATE BREAKING NEWS: WELCOME

The Network and Harlem Hospital Center welcomes our new Medical Director, Dr. Maurice Wright, formerly of Woodhull.



DATES TO REMEMBER

National Men's Health Week

Monday, June 14 - Sunday, June 20,

Flag Day -Monday, June 14, 2010

Juneteenth -Saturday, June 19,

Father's Day -Sunday, June 20, 2010

First Day of Summer -Mon, June 21,

The First **Annual Outreach Center of Excellence Health Expo** will take place on Saturday, June 26, 2010 from 10:00 a.m. to 3:00 p.m. at the 369th Regiment Armory, located at 2366 Fifth Avenue between 142nd and 143rd Streets in the Village of Harlem.

Harlem Hospital Center's next **General Staff Meeting** will take place on Wednesday, July 7, 2010 at 9:30 a.m. in the Herbert G. Cave Auditorium.



UPCOMING WALKS

AHA Wall Street Run & Heart Walk

Thursday, June 24, 2010

American Cancer Society: Relay for Life - Saturday, July 10, 2010

For additional information contact the Department of Public Affairs at (212) 939-1370.

ANNUAL ICE CREAM SOCIAL

The Annual Delma Morris Black & White Ice Cream Social is scheduled to take place on Wednesday, June 30, 2010 from 1:00 p.m. to 5:00 p.m. in the MLK Pavilion, 2nd Floor Art Gallery and Cafeteria. There will be an assortment of ice cream flavors, sugar free ice cream, and seasonal fruit.

The "Black and White Attire" Best Dressed Contest will take place for Tour 2 and Tour 3, so come to impress. Contest participants must be in the Art Gallery at 2:30 p.m. and 4:30 p.m. for Tour 2 and Tour 3 respectively.

Just a thought..."The greatest thing in this world is not so much where we are, but in what direction we are moving." - *Oliver Wendell Holmes*

JOIN US FOR A SCHOLARLY FORUM ON HEALTHCARE REFORM

HHC and the Generations+/Northern Manhattan Health Network has assembled a distinguished line-up of keynote speakers to present three important aspects of the new Healthcare Reform legislation, including the White House position, political aftermath, and a perspective from academia presented by leading authorities on healthcare reform and health policy.

"Healthcare Reform: Political Aftermath"

Roland S. Martin

Award Winning Journalist, Nationally Syndicated Columnist, CNN Analyst

"Healthcare Reform: Strategies to Achieve Health Equity"

Mary Wakefield, PhD, RN

Administrator, Health Resources and Services Administration, United States Department of Health and Human Services

"The Unfinished Agenda: What's Next for Health Reform?"

Jonathan B. Oberlander

Professor, Social Medicine and Health Policy and Management, Adjunct Professor, Department of Political Science, University of North Carolina, Chapel Hill

To access a Registration Form visit:

<http://www.nyc.gov/html/hhc/download/s/pdf/uhc-2010-registration-simple.pdf>

If you have questions, please email us at urbanhealth@nychhc.org