

# CHECK LIST

Harlem Hospital - Generations+/Northern Manhattan Network  
May 15, 2009-----

## GOOD CATCH AWARD

The Department of Pharmacy would like to take this opportunity to formally congratulate Mr. **Jimmy Akpam**, RPh, Supervising Pharmacist (Tour I) for receiving the "Good Catch Award."

The Good Catch Award is presented to any member of the Harlem Hospital Center Health Care Team whose efforts, timely intervention, and corrective actions helps to prevent an event or situation that could have resulted in an accident, injury or illness. **GOOD CATCH!**

## COMMUNITY LECTURE SERIES

On Wednesday, May 20, from 11:30 AM to 1:00 PM the Community Health Education and Outreach (CHE&O) will host the lecture "Aging Successfully: Managing Your Medical Expenses," in the Martin Luther King Pavilion 3rd Floor Conference Room. The guest speakers will be Ms. Diane McDaniel from The Department of the Aging and Ms. **Janice Hayward**, Hospital Care Investigator Supervisor, Ambulatory Care.

## BREATHE NYC ASTHMA WALK 2009

On Saturday, May 30, Harlem Hospital Center will be participating in the Breathe NYC Asthma Walk. Join the fight against lung disease by registering to run or walk, raise funds or donate. Last year the Network raised \$45,000 for research and advocacy for the American Lung Association. Call for information:  
**Charlene Bailey-Ayers** (ext) 1951  
**Janice Dye** (ext) 2238  
**Eugenia Graham** (ext) 8222  
**Cassia Seboia** (ext) 8342  
**Gilda Serrano** (212) 544-2001  
**Valerie Wright** (ext) 4072

## ASTHMA DAY

On Saturday, May 9, Harlem Hospital Center hosted its 7<sup>th</sup> Annual Asthma Health Fair. Festivities took place in front of the hospital and in the MLK lobby and included outside health vendors, free health screenings and demonstrations. Many patients look forward to this Fair every year.

## "SPIRIT OF THE HEART"

On Saturday, May 9, the Harlem Hospital Center Dept of Cardiology hosted an event to provide patient

education, heart health and risk assessment at the Hansborough Recreation Center at 35 West 134<sup>th</sup> Street. Individuals had an opportunity to receive lots of important literature and free screenings of blood pressure, glucose, cholesterol and BMI.

### **ANNUAL VOLUNTEER RECOGNITION LUNCHEON**

The NYC Health and Hospitals Corporation recognized National Volunteer Week by honoring 7 outstanding volunteers who work in the hospitals, nursing homes and health centers. These individuals represent more than 8,000 men and women who together have dedicated nearly one million hours of service to the city's public hospitals over the last year. HHC is also encouraging more New Yorkers to consider the interesting and rewarding volunteer opportunities available to help our patients. For information on volunteer openings at HHC visit [NYCService.org](http://NYCService.org).



The HHC Annual Volunteer Recognition Luncheon was held on Monday, April 27, at Gracie Mansion. Harlem Hospital Center's own Ms. Frizeel Rubain was one of the seven honored.

Frizeel Rubain has been a volunteer at Harlem Hospital Center since 2005. Her primary responsibility has been to engage the children in the Pediatric Clinic in creative, fun, structured educational and recreational activities as they wait to be seen by their primary care physician. These activities include reading stories, coloring, playing games, and learning arts and crafts activities. Ms. Rubain assumes the role of surrogate grandmother to the children. Working in a clinic setting requires strong interpersonal and organizational skills, and Ms. Rubain shows those skills by establishing and maintaining a calm, orderly and structured environment, where children feel comfortable and secure. Her strong family orientation and commitment to learning helps Harlem's children grow while having fun.

Congratulations, Ms. Rubain.

### **H1N1 TOWN HALL MEETING**

On Tuesday, May 5, at 6:00 PM, the Mentoring in Medicine Program and Harlem Hospital Center's Community Advisory Board hosted a Town Hall Meeting for our community to address H1N1, also known as Swine Flu. The meeting was held in the Herbert G. Cave Auditorium on the 2<sup>nd</sup> Floor.

### **HARLEM HOSPITAL/RENAISSANCE AT CRC COMMITTEE OF BOARD**

On Tuesday, May 5, the Harlem Hospital Center and Renaissance Health Care Network's Community Advisory Boards presented their annual CAB Activity Reports to the

Community Relations Committee of the HHC Board of Directors. Traditionally, each CAB gives an annual assessment of the hospital and health centers for which it advocates. This year, Ms. Bette White, Recording Secretary for the Harlem CAB and Dolores McCray, PhD, Chair of the RHCN CAB presented. They praised the improvements of the facilities, and expressed concern over the recent budget cuts that will affect the Health and Hospitals Corporation.

Thank you to all CAB members who work hard to advocate on behalf of the Generations+/Northern Manhattan Health Network, and to Harlem Hospital and the Renaissance.

### **ADMINISTRATIVE PROFESSIONALS DAY 2009**

On Wednesday, April 22, Harlem Hospital Center celebrated Administrative Professionals Day. Mr. Sánchez provided cake for all



Stephanie Harewood and the Employee Recognition Committee team.

employees. The festivities took place in the Art Gallery outside of the Herbert G. Cave Auditorium.

### **NATIONAL NURSES' WEEK**

On May 6<sup>th</sup> (and all week) we celebrated, honored and recognized all of the Nurses serving the Generations+/ Northern Manhattan Health Network. Mr. José R. Sánchez, Senior Vice President commended our Nurses as valued and indispensable partners in delivering excellent patient care and extended his gratitude and appreciation for Nurses' daily efforts.

This year's theme for National Nurses Week "Nurses: Building a Healthy America," is an accurate description of the crucial role they play in society, our communities, and this Network. Thank you to all Nurses who are consummate professionals, and demonstrate commitment, compassion, and a strong work ethic.

*Excerpted Message*

### **LINCOLN CENTER CONCERT**



Matthew Rybicki and his Quartet.

Since 2002, the Pediatric Resource Project and Lincoln Center's Programs and Services for People with Disabilities, have been dedicated to inspiring young minds to the sounds of

classical, jazz and rock & roll through an annual Spring Concert at Harlem Hospital Center. On April 21, Matthew Rybicki and his Quartet performed the music of Duke Ellington in the Herbert G. Cave Auditorium to over 150 students. The children from schools PS 97 and St. Marks had a wonderful time, singing along, snapping and clapping to the beat.



Charnnae Wade

### **MARKET VOLATILITY AND YOUR TDA ACCOUNT (DRAFT)**

The recent ups and downs in the stock market have made many investors nervous. When it comes to your TDA account, it's important to remember that saving for retirement is a long-term goal. Don't drive yourself crazy by watching the daily fluctuations in the stock market and the value of your account.

All are invited to a very informative educational seminar that takes place here on Tuesday, May 19 in Room 6101, MLK Pavilion. The first session takes place from 12pm-12:45pm. The second session, from 1pm-1:45pm.

Learn more about what you can do to stay focused and manage your account

during times like these, and meet with your on-site TDA Education Rep, Maria Lebron. Her schedule is online at [www.prudential.com/hhc](http://www.prudential.com/hhc). Or call toll-free at 1-800-797-8974, Option 1 to make an appointment.

*Shares of the funds are offered through Prudential Investment Management Services LLC (PIMS), Three Gateway Center, 14th Floor, Newark, NJ 07102-4077. PIMS is a Prudential Financial company. Education representatives are registered representatives of PIMS. Insurance products and services are provided by The Prudential Insurance Company of America, Newark, NJ or its affiliates.*

### **PASSING...**

It is with the deepest sorrow that our Pharmacy announces the passing of Mr. **Joseph Evans**, Pharmacist, in April 2009. Mr. Evans worked at Harlem Hospital for more than 20 years and on Tour I for at least ten years prior to retiring in 2006. He was an excellent worker, and a friend. We will surely miss his presence.