

# CHECK LIST

Harlem Hospital - Generations+/Northern Manhattan Network  
April 17, 2009-----

**MARCH 2009**

**EMPLOYEE OF THE MONTH**



**HECTOR BENITEZ, Radiology**

On Friday February 13, 2009 Harlem Hospital Center, Univision and the American Cancer Society hosted *Amata A Ti Misma*, where free mammograms were offered. The volume of patients coming was not projected and Mr. Benitez stayed until almost midnight to make certain that all of the patients were seen.

If and when there is an issue with coverage, he may be scheduled off but if called, he never hesitates to come in to assist. Mr. Benitez has shown how dedicated he is to his job

and to the care of patients. He has aided the Referral Office in the last few months getting Radiology services and appointments in a timely manner. The relationship that has been created has shown that Mr. Benitez is truly a team player. Congratulations, Mr. Benitez.

## **CAUGHT IN THE ACT**

Ms. Maria Laboy RN, has been employed at Harlem Hospital Center since July 1, 1978. She is the Nurse Manager of the Child and Adolescence Clinic. On January 30th, Ms. Laboy was assessing a patient when she heard screams for help coming from an adult. She immediately excused herself, and ran to the location of the noise. Upon assessing the situation she realized that an infant, 18 months of age, was having difficulty breathing. She immediately opened the child's mouth, saw a piece of plastic which was blocking the infant's airway, and removed it. The child's distress was relieved and the baby is doing fine. This is indicative of true nursing assessment skills.

Ms. Laboy has spent most of her nursing career caring for children, and enjoys what she does. In last year's

preparation for the Joint Commission, she worked tireless hours and came in on weekends to assist in the survey process. She was instrumental in the completion of care plans and worked diligently to assist in anyway that was necessary. Her creative strategies and concentrated efforts contributed to the successful outcome of the Joint Commission Survey.

**CAUGHT IN THE ACT**

On the night of Wednesday March 11, 2009, Ms. **Barbara Browne** displayed exceptional courage and cooperation to volunteer outside her job description, to follow Hospital Police in recalling an eloped patient during the night. The doctor who should have followed Hospital Police was the only doctor on duty and Ms. Browne readily volunteered to go. She explained to the patient's mother and grandmother the need to have the child treated. The child was brought back to the hospital and was subsequently admitted for further treatment and care.

These most noble actions by our staff are to be recognized, for others to emulate. Thank you.

**THE FRIENDS OF HARLEM HOSPITAL CENTER, INC.**

Dr. R. Linsy Farris, the interim Chair and President, and Carole D. Smith, Treasurer and Chair of the Grants Committee of The Friends of Harlem Hospital are proud to announce that the Board has donated \$196,396 to

the following Harlem Hospital Center departments and programs for 2008 - 2009:

Ultrasound Machine for Intensive Care	\$50,596
Quit Smoking Program, Mothers Against Second-Hand Smoke	\$50,000
Cardiology, The Jay Brown Heart Failure Clinic	\$34,000
Pediatrics, Stabilizing Supportive Services	\$15,000
Neurology, Stroke Support Group Initiative	\$15,000
Pediatrics, Neonatal Transport Ventilator	\$11,000
Psychiatry, Promote Recovery from Serious Mental Illness	\$ 8,000
Neurology, Healing Memories with Art	\$ 7,800
Infectious Disease, HIV Community Outreach and Education	\$ 5,000

The Friends of Harlem Hospital Center was founded in 1987 on the occasion of the 100<sup>th</sup> Anniversary of Harlem Hospital Center to engage in and support activities that promote the work of the Hospital. Since 2000, the Friends of Harlem Hospital Center's Grant Program has donated over \$1 million to departments and programs in the Hospital.

**ORAL CANCER WALK**

This Saturday, April 18, 2009 the Fourth Annual Oral Cancer Walk will begin from the Marcus Garvey Park Auditorium, 122<sup>nd</sup> Street and Mt. Morris Park West. Registration is at

9:00 AM. Welcoming ceremonies start at 10:00 AM, followed by the walk at 11:00 AM. Join us by going on-line: [www.oralcancerwalknyc.org](http://www.oralcancerwalknyc.org) or call Dr. James King at ext 2882. Oral cancer kills approximately 7,000 Americans each year. A key to survival is prevention and early detection.

**YES YOU CAN CAN:  
2009 ANNUAL ADMINISTRATIVE  
PROFESSIONALS' DAY**

The Employee Recognition Committee presents the Annual Administrative Professional's Day Fashion and Talent Show.

"Yes You Can Can" will take place on Wednesday April 22, 2009, 12:30 PM - 2:30 PM in the Herbert L. Cave Auditorium MLK Pavilion, 2<sup>nd</sup> Floor. Please join in for fun, music, dancing and amazing fashions featuring your talented co-workers.

**CHILD AND ADOLESCENT  
PSYCHIATRY DEPARTMENT**



Doreena Lesanics, PhD, Psychologist, Dennis Donovan Administrator, Family & Youth Intervention Program, and Diana Brown, Social Worker.

Staff from the Child and Adolescent Psychiatry Clinic were interviewed by Mocha Marie, WHCR 90.3 FM, on Friday March 27<sup>th</sup>, City College's radio station. The discussion: "Family, Youth and Intervention", a grant funded program where families affected by drug and alcohol abuse can seek help; and the "Family Home Team", also grant funded, which provides aid to families affected by HIV. Thank you and keep up the good work here at Harlem Hospital Center.

**BRING YOUR CHILD TO WORK**

Harlem Hospital's "Bring Your Child to Work Day 2009" takes place on Thursday, April 23, 2009 from 9:30 AM to 1:30 PM in the MLKP Auditorium. Boys and girls ages 8 to 12 are welcome (no exceptions).

At 9:00 AM we will "Meet & Greet" in the Auditorium. Then at 10:00 AM the children will take a Schomburg Center Tour and Movie. (A \$5.00 donation for each child is required for this activity.) At 12:30 PM parents must provide a Bag Lunch for their child (MLKP 2 Cafeteria). Pick up and return to parent's work site is 1:30 PM. For additional information contact JoAnn Young, extension 2482.

**OUR LEGACY IS YOUR LEGACY**

We continue to encourage you to honor the memory of a loved one, family, group or organization with the purchase of a plaque to be placed in the MLK Pavilion Lobby. Stamps, Mugs and Postcards are still on sale with your favorite Mural scene. With

your donation, you can become a part of the Modernization Project here at Harlem Hospital Center. For more information contact the Development Office at Harlem Hospital Center at ext1390.



Harlem Hospital Center Auxiliary Volunteers: Vivienne Smith, May Horne and Una Turner

**"MEMBER OF THE YEAR"  
DR. ICILMA FERGUS**



Dr. Icilma Fergus receiving award from Dr. Carlos Ince, President of the Association of Black Cardiologists

On Saturday March 28, 2009 Dr. **Icilma Fergus** was honored with the Member of the Year Award by the Association of Black Cardiologists (ABC), at their 22<sup>nd</sup> Annual Scientific Sessions, "Changing Paradigms in

Major Aspects of Cardiovascular Care".

The Member of the Year Award recognizes an individual member of the ABC for their outstanding contributions, leadership and achievements in service to the organization and to communities served by the ABC. Congratulations!

**NATIONAL NUTRITION MONTH**



In the photo above, Dietitians (sitting) Sharon Isaac, Ethel De'Alday, Mayfair Addison, Joyce Leung and Jocelyn Rodriguez; (standing) Chia Damien Hsu, Yuko Scheld, Hyacinth McKenzie, Regina Hughes, Agnes Idakwoji, Maria Bryant and Miguel Triana.

This group photograph of Dietitians marked the end of the month long celebration of National Nutrition Month at Harlem Hospital in March. This service aggressively promoted the dietetics profession itself while educating the public about healthy food choices and lifestyle changes.

Activities included a weight loss competition, "Harlem's Biggest Loser" which started on March 3 and ended March 31st, organized by **Sharon Isaac**, inpatient dietitian and **Hyacinth McKenzie**, PCAP dietitian. There were approximately 25 participants and prizes were awarded

to the top three winners. Health fairs were held weekly in the lobbies of the MLK building, the Ron Brown building and the Kountz Pavilion. Included in the fairs were screenings for blood sugar, cholesterol and blood pressure, nutrition quizzes and guessing games. Prizes awarded to the winners included cookbooks and tickets to the YWCA. Nutrition tips were provided for all by **Lydia Baez**, Health Educator (Pediatrics), **Joyce Leung**, Pediatric dietitian and **Regina Hughes**, Clinical Nutrition Manager and distributed through email. Similar nutrition tips were shared with patients on tray cards sent with patient lunch or dinner meals.

On March 26th, **Jocelyn Rodriguez** the HIV dietitian and **Regina Hughes**, Clinical Manager, were invited to WHCR FM 90.3 at the City College of New York, to discuss nutrition and healthy lifestyle in our community. Nutrition posters were contributed by dietetic students from Columbia Teachers College in collaboration with **Ms. Theresa Watson**, Assistant Director, for Chronic Disease Management in the Ambulatory Care department. Thank you to **Carlotta Klein** of the Patient Safety Department for designing the flyers for the Biggest Loser Weight Loss competition. THANK YOU, ALL.

## CALENDAR OF EVENTS

The Annual Volunteers Recognition will be held in the Herbert G. Cave Auditorium on Tuesday, April 21, 2009 at 11:00 AM to 1:00 PM

Local 1549 will host a Lunchtime Meeting in the Herbert G. Cave Auditorium on Wednesday, April 22, from 12:00 PM to 2:00 PM.

## NATIONAL DONATE LIFE MONTH

April is Donate Life Month, and although we encourage all to be aware and to participate in our Blood Drives, the New York Organ Donor Network would like us to encourage you to be advocates for Organ and Tissue donation because there are many more waiting for a transplant than there are available organs. There is always a shortage of donors.

For medical personnel interested in learning more, on April 28<sup>th</sup> there will be an educational seminar "The Gift of Life Symposium: Creating a Wave of Success in Organ and Tissue Donation". This takes place from 8:45 am to 3:15 pm at Montefiore's auditorium, but you must register soon (deadline is April 24<sup>th</sup>). For more information, call Monica James at 347-423-7940 or by email [mjames@nyodn.org](mailto:mjames@nyodn.org).

## 8<sup>TH</sup> URBAN HEALTH CONFERENCE

The NYC HHC and our Network the Generations+/Northern Manhattan Health Network presents the Eighth Annual Conference on Urban Health to be held on June 11 and 12, 2009.

The venue changes this year to the Jumeirah Essex House, located at 160 Central Park South @ 59th Street, between Sixth and Seventh Avenues.

The Reception and Awards Ceremony as usual takes place on Thursday, June 11, from 5:30 PM to 9:00 PM. Conference Workshops take place all day on Friday, June 12, from 8:30 AM to 4:00 PM.

This year moderators and panelists from Harlem Hospital Center include: Dr. **John Palmer**, Dr. **Ninoutchka DeJean**, Dr. **Benjamin Ortiz**, Dr. **Olajide Williams**, and **Yvonne McDowell**.

For additional details:

<http://www.nyc.gov/html/hhc/downloads/pdf/uhc-save-the-date-2009.pdf>

## HEALTH LITERACY CAMPAIGN

The Brooklyn Public Library is hosting a forum sponsored by the Brooklyn Health Literacy Collaborative on held, Wednesday, May 20, 2009 from 8:30 AM to 11:00 AM. The forum is entitled "Health Literacy - Building Awareness and Community Partnerships."

For more information please contact Young Lee at (718) 616-3112 or

[leey@nychhc.org](mailto:leey@nychhc.org)

## RHCN AMBASSADOR PROGRAM



RHCN Ambassadors - Chris Mendoza and Sylvia Gina Hunt.

The Renaissance Healthcare Network kicked off their new Ambassador Program with two staff members who greet patients with a smile, escort to the area of service, and may also call patients to remind them of appointments. The overall goal is to provide an overall pleasant patient experience at Sydenham.

## NEW BIRTH...

The Harlem Hospital Center Pharmacy has a new addition to their team! Clinical Pharmacist **Hinnah Farooqi**, gave birth to a baby boy on Tuesday March 24, 2009. Little Usman Hasan Farooqu weighed in at 7lbs 2oz and at 20 inches he joins his 3 sisters - Sara, Mariyah and Zainab. Congratulations to the Farooqi Family.