

CHECK LIST

Harlem Hospital - Generations+/Northern Manhattan Network
February 19, 2010-----

EMPLOYEE OF THE MONTH - JANUARY 2010



Ms. Allison Skeete
Social Work Supervisor, Department of Social Work is the January 2010 Employee of the Month. Ms. Skeete is in the spotlight for her willingness to extend herself beyond her assigned duties and for her sincere compassion for the wellbeing of Harlem Hospital Center's patients. As the Social Work Supervisor, Ms. Skeete assisted a senior patient while he was being cared for in the Emergency Department. Knowing that patient was waiting for placement in a nursing home, Ms. Skeete continued to call and follow up until the patient was placed in the appropriate facility. Congratulations to Ms. Skeete for going the extra mile and making a difference in the lives of our patients.

CAUGHT IN THE ACT - Ms. Chelseta Harding, Staff Nurse, Nursing

Ms. Harding is recognized for her sensitivity, compassion and a thoughtful act. When Ms. Harding learned that a severely traumatized patient nearly lost his life, could not speak English, and what clothing he had were destroyed, she was determined to help. A few days before discharge, Ms. Harding asked for financial contributions from her colleagues to get the patient a jacket, shoes, and clothing. The nurses and doctors were enthusiastic and happy to support the special cause. Ms. Harding collected a substantial amount of money, and she was able to present the gentleman with clothes and a wallet with a \$100 to help him. With the help of the social workers, the gentleman was placed in an adult home. The patient was overjoyed; he said he never thought anyone would do something so kind. Ms. Harding is dedicated to providing world class customer service.



SAVING HEARTS of HARLEM SYMPOSIUM

On Saturday, February 20 from 10:00 AM to 3:00 PM, Harlem Hospital Center Division of Cardiovascular Diseases and the Association of Black Cardiologists will present the Saving Hearts of Harlem Symposium in the Herbert G. Cave Auditorium in partnership with the American Society of Hypertension, The Links, Inc., National Coalition of 100 Black Women, Inc., and the National Association of Negro Business and Professional Women .

Empower yourself by attending this important event, and learn how you can take control of your health and live a healthy lifestyle. The expert panel will discuss the risk factors and warning signs of heart disease and stroke, nutrition, physical fitness, and much more. Attend a workshop; take a minute to learn your numbers - get screened; and have a healthy lunch. Admission is free.

BLACK HISTORY MONTH BROWN BAG MOVIE DAYS

The Harlem Hospital Center Employee Recognition Committee would like you to join them in celebrating Black History Month by attending the Brown Bag Movie Days, featuring *A History of Black Achievement in*

America, Volume I & II. All shows will be held in the MLK Pavilion, Room 6101. Bring your lunch and enjoy the show!

Volume I - Tuesday, February 23 from 12:00 PM to 3:00 PM

Volume II - Thursday, February 25 from 1:00 PM to 4:00 PM



CELEBRATING Dr. Muriel Petioni

Come out and join the Friends of Harlem Hospital Center and the Ailey Dance Foundation on Friday, February 26 at the Dance for Our Seniors, a production in celebration of Dr. Muriel Petioni. The Ailey/Fordham Dance students will take the Herbert G. Cave Auditorium stage at 2:00 PM and give the audience a graceful, yet powerful performance. Admission is free.

Seniors who wish to sign up for free dance workshops led by Ailey teaching artists and the Harlem Hospital Center's Walk It Out! Program can register at the event. Please RSVP to: Ms. Monique Hedmann (212) 939-4239 or (310) 592-5241 or email at monique.headman@nychhc.org Or Ms. Michelle Coombes (212) 939-2291 mc3342@columbia.edu .



ARTLINKS

ArtLinks is a partnership of The Studio Museum in Harlem and Harlem Hospital Center, and graciously funded by the Friends of Harlem Hospital Center. We offer people with Alzheimer's and their care partners meaningful, art-focused experiences. Museum educators will lead gallery conversations and art-making workshops. The Program is free, but reservations are required. Please call 212-939-4239 to make your reservation today.

2010 Program Dates

All programs begin at 2:00 PM at The Studio Museum in Harlem (144 West 125th Street between Adam Clayton Powell and Malcolm X Boulevards, 212-2864-4500)

March 2 - Gallery Conversation
March 9 - Art-Making Workshop
April 6 - Gallery Conversation
April 13 - Art-Making Workshop

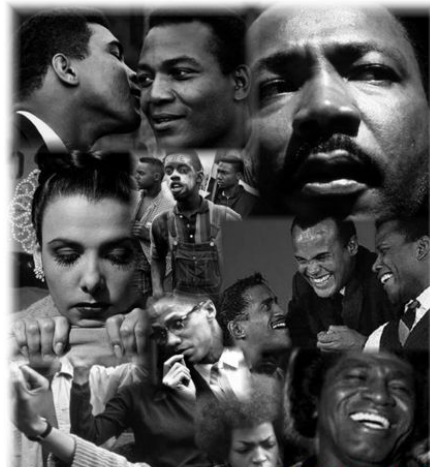
People living with memory problems report that museum visits and arts workshops contribute to an improved quality of life. Looking at art and discussing it together may lift your spirits. Painting and drawing can improve your mood.

The Studio Museum in Harlem is the nexus for black artists locally, nationally, and internationally, and for

work that has been inspired by black culture. It is the site for a dynamic exchange of ideas about art and society.

Participants in ArtLinks will attend 2 museum conversations, 2 art-making workshops, and will be asked to rate their experience in these activities to help us design a program that works for you.

For more information or to register, please call Ms. Monique Hedmann at (212) 939-4239 or (310) 592-5241, or email at monique.hedmann@nychhc.org



BLACK HISTORY MONTH PLAY FESTIVAL

The 2010 Black History Month Play Festival features playwright Lawrence Holder's captivating play "Dr. May Edward Chinn," starring actress Ms. Kim Yancey. Mr. Holder showcases the life of the first black female doctor at Harlem Hospital Center, Dr. Chinn, who specialized in cancer research. The play opens at the Castillo Theatre at 543 West 42nd

Street on Friday, February 26 at 8:00 PM and runs through Sunday, February 28. All seats are \$20.00; purchase your ticket online at: www.theatremania.com or call (866) 811-4111.

CAUGHT IN THE ACT

Emergency Department

Posadas Dino Bernard, RN, Triage Nurse, Emergency Department
Marvin Zunon, RN, Emergency Department
Lucille Gonzalez, Clerical Associate, Emergency Department
Dr. Toni Wright, Attending, Emergency Department
Tariesha Barksdale, Client Navigator, Emergency Department
Reggie Cokley, Patient Escort, Emergency Department
Dennis Brown, MD, Emergency Department
Petal Wright, RN, Emergency Department
Sedric Wallace, PA, Emergency Department

Members of the Emergency Department are recognized for their countless contributions towards high quality care and outstanding customer service. Despite the ever changing and fast paced environment, they manage to go over and beyond to ensure the patients and their families receive the care and services they deserve. The Emergency Department exemplifies commitment, dedication and the power of teamwork.

HAITI RELIEF FUND

Harlem Hospital Center and the Renaissance Health Care Network continue to collect donations for the Haitian Relief Fund. Employees wishing to make a donation may drop them off at one of three locations. Checks and Money Orders should be made payable to The HHC Foundation - Haiti Relief Fund. Cash donations are accepted at the Property Office in the MLK Pavilion.

Kountz Pavilion 9:00 AM to 5:00 PM

MLK Pavilion 8:00 AM to 6:00 PM
7th Floor, Room 710, Property Office
Mr. Daryl Ramroop (212-939-2556)
First Floor, Room 1163
Mr. Calvin Lewis (212-939-2012)
Mr. Vernon Hunt (212-939-1980)

Sydenham Health Center

9:00 AM to 5:00 PM

Ms. Maria Rivera (212-932-6797)

HAITIAN COMMUNITY SUPPORT

The Haitian Community Support Services is a place for support, quiet reflection, supportive counseling, resources and information for all staff impacted, affected, or concerned about the devastating earthquake in Haiti.

Ronald H. Brown Pavilion

Monday through Friday - 9:00 AM to 5:00 PM

Patient Education & Resource Library
137th Street between Lenox and Fifth Avenues, Room 4128. Call 8412.

Thank you for your sincere concern and generous contributions for the people of the Republic of Haiti in this time of profound need.

GRAND ROUNDS AT HARLEM HOSPITAL CENTER

On Wednesday, January 27, 2010, Harlem Hospital Center held a Mandatory Staff Meeting and Grand Rounds, where the special guest lecturer was Dr. Keith C. Ferdinand, Chief Science Officer of the Association of Black Cardiologists. Dr. Ferdinand is also an Adjunct Clinical Professor at Morehouse School of Medicine and Clinical Professor in the cardiology division at Emory University.

Dr. John M. Palmer gave Dr. Ferdinand a warm welcome to Harlem Hospital, just before Dr. Ferdinand gave a timely and remarkable lecture entitled: "Providing Healthcare During Disasters" to the standing room only crowd in the Auditorium. Dr. Ferdinand captured the audience as he showcased his photo essay of New Orleans after Hurricane Katrina. As the images appeared, Dr. Ferdinand recounted the stories of those that endured the devastation of Hurricane Katrina.

Of his many accolades, Dr. Ferdinand was recently honored with the 2009 Congressional Black Caucus Health Braintrust Leadership in Journalism Award for *Overcoming Katrina: African American Voices from the Crescent City and Beyond* (Palgrave

McMillan 2009), a book he co-authored.

FEBRUARY IS AMERICAN HEART MONTH

Heart disease is the leading cause of death for both men and women. Below are a few simple ways to take control of your health. Start this month for the rest of your life.

- ♥ Maintain a healthy diet - using all 5 food groups.
- ♥ Choose low fat or fat free dairy foods - fat free cheese, skim or 1% milk.
- ♥ Limit salt - frozen and canned food are high in sodium.
- ♥ Limit alcohol - women should have no more than 1 drink, men no more than 2.
- ♥ Lower stress - try taking walks.
- ♥ Exercise regularly - at least 5 times a week.
- ♥ If you smoke, quit.
- ♥ Know your numbers.

EMPLOYEE DISCOUNTS

Please visit TicketsAtWork.com for offers and ordering details. Tickets can be ordered online or by calling (800) 331-6483. The company code to use is **HHCNYC**.

All Harlem Hospital Center employees are eligible for a 19% discount off of their wireless voice and data service from AT&T effective immediately. Take advantage of the discounted wireless service offer by going to

www.att.com/wireless/nychhc.

Company code to use is **45317**.

NATIONAL WEEK OF PRAYER FOR THE HEALTH of HIV/AIDS

On Friday, March 5, the Harlem Congregations for Community Improvements (HCCI) will be hosting their 11th Annual Kick-off Breakfast, where Ms. C. Virginia Fields, President of the Black Leadership Commission on AIDS, Inc. will be honored for her dedicated service. The breakfast takes place at the St. Charles Borromeo Church, located at 214 West 142nd Street between 7th and 8th Avenues from 9:00 AM to 12:00 PM. Special performance by Michele Sweeting-DeCaro. Tickets are \$20.00.

The HCCI 7th Annual Prayer and Gospel HIV/AIDS Forum will be held on Friday, March 12 from 4:00 PM to Midnight at the Salvation and Deliverance Church, 37 West 116th Street between 5th and Lenox Avenues. There will be performances by Melba Moore, Michele Sweeting-DeCaro, John Stanley, Keith Branch and the Branch Company, plus many others. Admission is free and open to the public.

For more information please contact Rev. Ida Epps at (212) 281-4887, ext 121.

RETIREMENT CELEBRATION

After dedicating thirty-six years of service at Harlem Hospital and Lincoln Medical and Mental Health Centers, Ms. Debra Gomes is looking forward to her journey, retirement. Help Ms. Gomez celebrate on Friday, February 26 at Eastwood Manor (3371 Eastchester Road, Bronx, NY 10469). Cocktail hour starts at 8:00 PM and dinner and dancing will begin at 9:00 PM.

For more information please contact:
Corgena Robertson (914) 669-3965
Elaine Stewart (718) 579-5744
Joyce Francis (718) 579-4675
Lisa Garrow (718) 579-5396

IN PASSING...

It is with profound sorrow to announce the passing of Ms. **Barbara Jean Howard**, Clerical Associate in the Department of Medicine, Division of Cardiology. Ms. Howard was a dedicated staff member of the Harlem Hospital Center for a number of years, and enjoyed helping others. Funeral services were held in South Carolina on Monday, February 8. Ms. Howard will be greatly missed.