

Program Partners

LACTATION CLINIC

Elmhurst Hospital Center's Lactation Clinic, located in the Community Medical Center, assists new mothers in learning how to master breastfeeding techniques and improves the support that mothers receive. Funding for the Clinic comes from a grant provided by the **New York State Health Foundation**.

For support or an appointment call 718-334-2582.

WIC—ELMHURST

Elmhurst Hospital Center's WIC Program is a supplemental nutrition program. WIC provides vouchers for supplemental nutritious foods as well as participant-centered nutrition education, counseling and referrals for pregnant women, breastfeeding and non-breastfeeding postpartum women, infants and children up to five years of age. Breastfeeding support and education is provided to all women enrolled in the WIC Program. This institution is an equal opportunity provider. For Peer Support at WIC, call 718-334 2833

NYSBC—NEW YORK STATE-WIDE BREASTFEEDING COALITION

NYSBC'S MISSION IS TO PROMOTE, PROTECT AND SUPPORT BREASTFEEDING. NYSBC HAS PROVIDED PARTIAL FUNDING FOR THIS PROJECT. FOR MORE INFORMATION: 845-492-9027

About Elmhurst Hospital Center Breastfeeding Initiative

Elmhurst Hospital Center serves an area of approximately one million people in one of the most ethnically diverse communities in the world. Ensuring accessible health care is our priority. For more information about Elmhurst Hospital Center, please visit us at www.nyc.gov/elmhursthospital.

Elmhurst Hospital Center takes pride in the support, promotion and protection of the breastfeeding relationship. Prenatal breastfeeding classes are available in English and Spanish. Postpartum support is available to all inpatient mothers.

Mothers with babies in Neonatal Intensive Care receive special directed services from the Lactation Clinic and may be eligible for the loaner breast pump program. All mothers upon discharge receive an appointment to attend a one-on-one counseling session in the Lactation Clinic. Mothers and infants are seen immediately by medical providers when necessary.



Lactation Clinic
Women's Health—H Building
Phone: 718-334-2582



Choosing a Safe Manual Breast Pump: What You Should Know



Como Escojer una Bomba Manual Segura y Efectiva: Lo Que Debe de Saber

Safe Manual Breast Pumps

Breast milk is best for your baby. Mothers may choose to use a breast pump when returning to work or school or when separated from their babies.

Not all breast pumps are safe and effective. Do not use these—they are unsanitary and can cause injury.



Lactation Clinic
718-334-2582

Safe and Effective

Bombas Seguro Y Efectiva



La Leche maternal es lo mejor para su bebe. Las mamas tienen la opción de escoger una bomba cuando regresan al trabajo/escuela, o estan separados de su bebé.

No todas las bombas son seguro y efectivas. No use estas bombas porque son anti-higiencio y causan daño.



Clinica de Lactancia
718-334-2582