

From Our Heart

Vol. 34
Issue 1

Published for the employees, patients, residents and friends of the
Coler Rehabilitation and Nursing Care Center and the
Henry J. Carter Specialty Hospital and Nursing Facility

Hank Carter and Wheelchair Charities

Gala Fundraising Dinner



Benefit Gospel Shows

Equipment Donations



Also inside: Therapeutic Recreation, IMSAL Training,
The Carter Facility Celebrates One Year, and more!

Published by Coler Rehabilitation and Nursing Care Center and Henry J. Carter Specialty Hospital and Nursing Facility for our employees, patients, residents and friends.

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On the cover (top L-R): Hank Carter addresses the crowd at the Gala Dinner; current and former HHC Presidents Ram Raju and Alan Aviles attend the Gala Dinner. (bottom L-R): Gospel stars Shirley Caesar and Wess Morgan perform at the charity show. Dan Duran, RY Management; LaRay Brown, Senior VP, Corporate Planning, Community Health and Intergovernmental Relations, HHC; Congressman Edolphus Towns (retired) and Robert Vaccarello, President, RY Management, attend the donation event.





A MESSAGE FROM OUR EXECUTIVE DIRECTOR

Our organization has been pursuing an active agenda to be regarded as a pivotal post-acute care provider in today's healthcare environment. Long term care providers are increasingly being judged on the value offered. Through the continued enhancement of outcomes and quality of life for our ventilator weaning and subacute patients and memory care residents, Henry J. Carter and Coler are demonstrating to acute care hospitals, managed care plans and other payors its high value and prominent role in the continuum. Along with the emphasis on giving our patients, residents and families the best experience possible, in line with HHC's top priority and Guiding Principles, we continue to build on the strengths and commitment of our dedicated staff to continually meet the needs of the patients and residents, bringing them and their families comfort and hope.

There are several notable accomplishments that reflect our overall commitment to those we serve and the value of our organization to providers and payors.

The most recent results from the New York State Nursing Home Quality Pool—the main statewide measure of nursing homes performance based on a range of clinical indicators—reflect well on our continued commitment to quality care. We are very proud of the fact that both Carter and Coler ranked in the first quintile. We achieved excellent results on many of the indicators measured, particularly in the area of Potential Avoidable Hospitalizations.

The ventilator weaning program at Carter has achieved new heights in performance building on the many accomplishments and strong foundation established at its predecessor—Goldwater. In just over 18 months since the Carter facility opened, more than 160 patients have been successfully weaned from the ventilator. While this number is significant in itself and to the many lives that have greatly benefitted, more than 25 percent of these patients were successfully weaned after we nurtured them through the weaning protocol multiple times over an extended period of time. In certain cases, some individuals were weaned after being with us up to two years. The barriers to weaning were due to their multiple comorbidities and the overall complexity of their conditions. Increasingly we are experiencing more complex conditions and overall higher acuity admissions as acute care hospitals capitalize on our post-acute care expertise, abilities and outcomes. Our staff has found it very

rewarding to know there exists hope for so many of the ventilator patients we treat, as well as their families, to one day be free from the ventilator and breathe under their own ability.

We have seen the successful transformation of our memory care program at the Coler campus. Working with representatives from the Alzheimer's Association, we have implemented a unit team structure that emphasizes collaboration and utilizes specialized training. This, combined with the unique qualities of each staff member, enables staff to engage the residents in meaningful activities and initiate person to person interactions, regardless of their position or function. The teams have implemented many new activities and expanded existing programs that have improved the quality of life for our residents and given added comfort to their families. The innovative Music and Memory Program has been expanded to over 60 residents, who now listen to playlists of their favorite music on iPods for several hours each day. We continue to add to the growing body of positive results, which show improved behaviors and reduced reliance on medication, being realized by providers using music in this manner with this population.

Our plans to upgrade the interior décor of Coler are progressing as well. The design phase for enhancing the appearance of the main corridors and elevator lobbies is near completion. Traveling down the soon to be redecorated corridors, one will be met with a warm contemporary style offering fresh and vibrant colors. Expansive decorative wall images depicting iconic scenery from New York City will adorn the halls, turning one's travel into a journey. Plans call for work to begin on this phase in the fall. The second phase calls for the redesign of the dayrooms to enhance the functionality and add to the quality of life of our residents and staffs' work environment.

These and other achievements, along with our growing position in the post-acute care market, can be attributed to the strength of our staff and collaboration with our union partners. Together with union representatives, we have worked on initiatives to enhance employee engagement. A new employee recognition program was developed and put into place by a joint committee of labor and management. The program recognizes an employee from each campus on a routine basis who exemplifies characteristics related to one of the selected HHC Guiding Principles: Keep Patients First, Pursue Excellence, Keep Everyone Safe, Manage Your Resources, Keep Learning, Work Together.

In addition, our joint labor management group now publishes a newsletter, Northern-Southern Highlights. This publication provides our staff with information on programs available to them and highlights the initiatives from our joint efforts.

We are excited about the progress made towards meeting the challenges in the post-acute care market. Through maintaining our focus on the patients and families we serve and our commitment to have a highly engaged staff, Coler and Carter will continue to progress and thrive.

Robert Hughes

Welcome!

BIENVENIDO MALIGAYANG PAGDATING 歡迎 Д О Б Р О П О Ж А Л О В А Т Ь !

VISITORS AT HENRY J. CARTER WILL GET AN IMPROVED RECEPTION EXPERIENCE FROM OUR NEW, TRAINED GREETERS!



(L-R) Floyd Long, Chief Operating Officer, Coler/Carter; Jeanette Rosario, Director, Patient Relations; Earl Mayers and Peter Leon, Special Officers; and James Alago, Captain, Hospital Police at the certificate presentation event



Marlon Haven, Carter's New Client Navigator, chats with a visitor

Floyd R. Long, Chief Operating Officer and Deputy Executive Director, Coler-Carter, presented two of our Hospital Police with Certificate of Appreciation Awards on December 23, 2014.

Earl W. Mayers and Peter D. Leon, Special Officers, Security, received awards for their outstanding service and commitment to our resident and patient population, highlighted by their work in training Client Navigators (Greeters). The training for the Passage Point application and Front Desk Roles took place from December 15-19, 2014.

Officers Mayers and Leon, who are experts in the Passage Point application and Front Desk Roles and have many years of experience with the system at Coler, trained the new Client Navigators for their positions at Henry J. Carter.

On January 2, 2015, Marlon Haven became a full-time Greeter, and will be assisted part-time by Lakenya Bland and Sarjata Patterson, who are part of a pilot program run by the Patient Relations Department. The new Client Navigators are positioned at the Henry J. Carter front lobby reception desk, and will provide information and assistance as well as improve the overall welcom-

ing experience for patients, residents, family and visitors.

They are already receiving compliments. A recent visitor noted that Marlon Havens: "...is very pleasant every time I visit...very professional, great customer service and a great choice for the front desk." Another observed: "He is a truly exceptional greeter...pleasant, helpful and has excellent customer skills..." Sarjata Patterson was also complimented. The visitor stated: "She has such a pleasant attitude, when I am entering the building she has a smile and is very welcoming. Her customer skills are excellent."

The Greeters will provide each visitor with a positive, welcoming experience and register all authorized visitors into the Visitor Management System (VMS). They will issue visitor passes, contact departments when necessary, communicate with the visitors in their preferred language using the interpreting vendors, answer a multi-line phone system, as well as greet and direct guests and other visitors. Other duties will include responding to complaints, service issues and other general questions or concerns as appropriate.

THE FIGHT AGAINST THE FLU

Coler-Carter Fights Flu in the Community

Ira Weisberg, MD, Director, Occupational Health Services (OHS), along with OHS staff, traveled to the Roosevelt Island Senior Center on October 30 to administer flu shots.

The event was sponsored by the Coler and Carter Community Boards and Auxiliaries and the Roosevelt Island Historical Society.

Thank you to all who volunteered to help safeguard the Roosevelt Island community against the flu.

Carter's Flu Fair



Roosevelt Island's Senior Center Flu Fair

Coler's Flu Fair



Coler-Carter Flu Fairs

Carter and Coler held their annual Flu Fairs on October 8 and 9 respectively. Thanks to our many flu fighting initiatives, such as our Flu Fairs, over 89% of Carter staff and 88% of Coler staff were vaccinated during this year's flu season!

Breast Cancer Fundraising

The Coler/Carter Breast Cancer Fundraising Committee, under the direction of Stanlee Richards, RN, Director, Carter Nursing, raised close to \$25,000!

Team members on both campuses held a variety of fundraising activities including bake sales, food sales, raffles, a bus trip to Atlantic City, and more to reach their goal. October—Breast Cancer Awareness Month—culminated with the "Making Strides Against Breast Cancer" Walk on October 19 in Central Park.



HARLEM'S HEALTHY SOUL FESTIVAL



Top (l-r): Regina Anderson, Activity Therapist; Al "Tjader" Fogle, former resident; and Russ Pikell, TR Associate Director; represented HJC at the Harlem event.



Right (l-r): Margaret Rivers, Associate Executive Director; and Pam Hargrow, Director, Volunteers; took part in the event.

Henry J. Carter staff were on hand at the second annual "Harlem Healthy Soul Festival" on Saturday, September 13, 2014 to introduce the Carter facility to the Harlem community, give out brochures and inform fair-goers about upcoming events scheduled to be held at our facility.

Harlem's Apollo Theater presented the Festival, which is designed to serve as a platform for Harlem families to learn about the numerous community health resources available to help residents live active and vibrant lives. The festival was hosted by

celebrity health expert Dr. Ian Smith.

The Harlem Healthy Soul Festival included an array of activities such as health screenings, nutrition-focused cooking demonstrations, celebrity performances and exercise modules. The daylong, free event transformed the Apollo Theater (located at 253 West 125th Street between Adam Clayton Powell Jr. Boulevard and Frederick Douglass Boulevard) as well as 126th Street behind the Theater, into a fairground filled with health and educational resources, live music and family fun. The Apollo Theater is a noted venue for African-American performers, and was the home of *Showtime at the Apollo*, a nationally syndicated television variety show spotlighting new talent, which ran from 1987 to 2008.



The Henry J. Carter Facility Joins the Harlem Haberdashery to

"Take Care of Harlem"



On November 22, Henry J. Carter Specialty Hospital and Nursing Facility partnered with the Harlem Haberdashery, a popular Harlem clothier, for their second annual event called "Take Care of Harlem."

Margaret Rivers, Associate Executive Director, joined Harlem Haberdashery's President and CEO, Sharene Wood, along with family members, to offer bag lunches to the homeless in the surrounding community.

This is the first year Carter was asked to become a distribution site. Approximately 200 bag lunches were distributed. Volunteers from The Fund for HHC's "Guns Down, Life Up" program were on hand to assist in the lunch bag distribution.

Harlem Haberdashery, located at 245 Lenox Avenue between 122nd & 123rd Streets, is run by co-owners, Guy and Shay Wood, who have been designing clothing for more than 20 years. They have a custom clothing label, 5001 Flavors, which is popular among many celebrities, and is often talked about in New York fashion circles.

IMSAL

CARTER PHYSICIANS AND NURSES
TRAVEL TO JACOBI MEDICAL CENTER
FOR SIMULATION-BASED TRAINING

THE INSTITUTE FOR MEDICAL SIMULATION AND ADVANCED LEARNING



On November 25, 2014, a team of physicians and nurses boarded a bus in front of their home base of Henry J. Carter Specialty Hospital and Nursing Facility, and took a ride over to the Jacobi Medical Center to take part in an IMSAL training session.

The Institute for Medical Simulation and Advanced Learning (IMSAL) uses state-of-the-art medical simulation technology and teaching methods to improve clinical learning, patient care and patient safety.

IMSAL offers a number of different courses in their curriculum. The Carter Team was there to take part in the Cardiac Code Team Course, which is designed to share best practices for the team-based clinical management of low frequency, high acuity events, including cardiac arrest. The course prepares the learners to function as high-performing teams, including ensuring that each member has a firm grasp of the basic skills that could lead to better patient outcome during cardiac code events. Learners practice and assess their cardiac arrest management and teamwork skills using both part-task and hi-fidelity simulators in realistic cardiac code scenarios. The course follows a team learning concept.

After arriving at Jacobi, our team was led into a classroom setting where their basic Cardiac Code knowledge was as-

essed. Questions regarding proper procedure for clearing the patient's airway, intubation, CPR and other Cardiac Code scenarios were first asked on a written test. Once the written exam section of the program was completed, the teams were asked to demonstrate their clinical skills on hi-tech training equipment located in the classroom.

Finally, the group was split into two teams and lead into the "ER," where an IMSAL trainer and a high-fidelity mannequin waited. The mannequin is a state-of-the-art simulator that can imitate all of the functions of the human body. The trainer works from a control booth and runs a particular simulation designed to discern the team's clinical knowledge, teamwork and communication skills. An audiovisual system captures the simulated scenarios to aid the debriefing process that follows.

During the debriefing, the teams examined where their strengths lie and what areas need some work. Overall, the Henry J. Carter Teams displayed their overall clinical competence and their ability to work as a team, while learning new ways to improve their Cardiac Code Team techniques.

Through evidence-based simulation education, IMSAL will play a vital and increasing role in improving care delivery at HHC.

HHC Patient Safety Champion Awards

Coler and Carter Safety Teams Each Win Awards

Teams from both Carter and Coler were recognized for their work in Patient Safety during the HHC Patient Safety event that was held in March 9, 2015 at Jacobi Medical Center.

The Coler Sub Acute Unit

The RIE (Rapid Improvement Event) team for the Coler Sub-Acute Unit was recognized for this award in 2015. Coler A11-12 is a sub-acute unit to care for sicker residents. The aim is to reduce potentially avoidable discharges to acute hospitals.

The RIE team worked diligently during the week of September 29-October 3, 2014 to make the following process improvements:

- (1) Revised medical criteria to facilitate in-house transfers of sicker residents to A11-12
- (2) Increasing competencies for IV, EKG and ACLS for Nursing staff in A11-12 to assist physicians in managing sicker residents
- (3) Standardize work for timely communication and response between MDs and RNs
- (4) Streamlined processes for having beds ready in A11-12
- (5) Nursing checklist for timely treatment and interventions of acutely ill residents
- (6) An advanced directives campaign and standard work to



increase palliative care consults, which will improve care to residents, reduce unnecessary procedures, reduce unnecessary discharges to acute care facilities, and save revenue for the facility—which can be reinvested in improving quality of care for residents.

Coler team members include: Dean Tseui, MD, Co-Process Owner; Fidelita Barenio, RN, ADN, Co-Process Owner;

Ponnusamy Shanmugham, MD, Physician Team Member; Susan Baby, RN, ADN, Nursing Staff Team Member; Lavern Beckford, RN, Nursing Staff Team Member; Shirley Castillo, RN, Head Nurse, Sub-Acute Unit; Fern Dookie, MST, Nursing Staff Team Member; Rewan Kaur, RN, Nursing Staff Team Member; Ann Wallace, NA, Nursing Staff Team Member; Elsykutty Mathew, RN, ADN, Nursing Staff Team Member; Teresa Bangit, RPh., Pharmacy Team Member; Ivette Berrio, LMSW, Social Work Team Member; Johnny Diaz, Asst. Dir., Central Supply; Monserrate Nieves-Martinez, BDO; and Rebecca Rozario, Breakthrough Facilitator.

The Carter Trach Change Team

A quality review committee (comprised of members from the departments of Admitting, Physicians, Pulmonary, Nursing, Respiratory Therapy, Central Supply/Materials Management, Risk Management, Quality Management and Executive Leadership) reviewed the process related to scheduled tracheostomy tube changes and identified the improvements to enhance patient safety, which include:

- 1) Standardizing the essential equipment, staff and procedure at the bedside before initiating a tracheostomy tube change
- 2) Creating and distributing a roster of all patients and their tracheostomy tube size history
- 3) Developing an efficient “pull” system for maintaining par stock of tracheostomy tube sizes readily available on each



nursing unit and at the bedside.

Carter team members include: Yolanda Bruno, MD, Medical Director; Vasudeva Raju, MD, Chief of Medicine-Hospital; Edwin Williams, MD, Associate Director, Medicine; William Dinan, MD, Director, Pulmonary Medicine; Stanlee Richards, RN, Director, Nursing; Rosalie Bumatay, RN, Associate Director, Nursing; Lawrence Hardinge, Director, Respiratory Therapy; Jeffrey Rogoff, Associate Executive Director; Jeffrey Ortiz, Director, Central Supply; Milla Star, Associate Director, Admissions; Daniel Stone, Associate Director, Risk Management; and Stephen Catullo, Associate Executive Director.

Congratulations to both teams for their hard work and dedication to our patients and residents!

Coler Fall Harvest 2014

The aroma of hot apple cider and fresh coffee, combined with the sight of bright, seasonally-decorated cupcakes, lifted the spirits of staff on a cloudy fall day.

The well-attended Tour II Coler Fall Harvest, held in the Employee Cafeteria on Tuesday, November 25, 2014, was a great success. Staff from all departments mixed, mingled and chatted as they enjoyed a bit of fall flavor, and the sounds of lively 70s oldies added to the festive mood.

In the evening, Tour III employees also gathered in the Employee Cafeteria from 7-8 p.m. for their Fall Harvest. The Tour I Fall Harvest was held in the Nursing Conference Room of the 3rd floor Nursing Office, from 3 – 4 a.m.

Thank you to the staff of the Food and Nutrition, Recreation Therapy and Human Resources departments for going the “extra mile” to ensure a successful event.



BITE INTO A HEALTHY LIFESTYLE

The theme for Coler/Carter’s National Nutrition Month 2015—created by the Academy of Nutrition and Dietetics—was *“Bite into a Healthy Lifestyle.”*

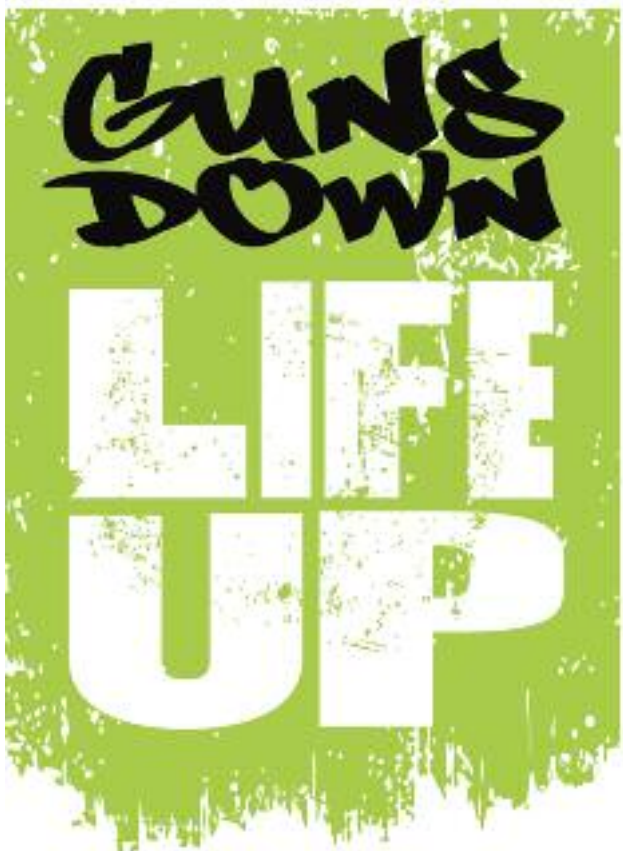
Events at Carter and Coler were held simultaneously on March 25, from 11 a.m. – 2 p.m.

Our celebrations focused on the three components of a healthy lifestyle: diet, physical activity and stress management. Free samples of nutritious treats and fruit were provided to attendees. Also available were recipes and educational materials on various nutrients, diseases and tips for healthy living.

On the Coler campus, a display board in the first floor walkway between the B and C buildings was used to present the USDA Dietary Guidelines for Americans. It explained the benefits of physical activity, and effective ways to manage stress. At Carter, tables and similar displays were located in the Renaissance Room.

Three prizes were raffled off at the conclusion of each event. Everyone who stopped by the tables received a raffle ticket for a chance to win first prize. The second and third prizes were raffled off to those who participated in the nutrition quizzes and correctly answered the questions.





HHC President, Dr. Ram Raju, addresses the audience at the “Guns Down, Life Up” Assembly at Chelsea Piers.

A call to action to break the cycle of violence and empower youth to fulfill their potential by leading safer, healthier lives.

On Friday, November 21, The Fund for HHC hosted the first “Guns Down, Life Up” assembly at Chelsea Piers. Jeanne Waller, Coler-Carter’s Public Information Officer, and Linda Wyatt, HR Rep/Media Services, attended the event. More than 240 attendees—representing nearly 80 violence reduction groups—joined together with HHC leaders and staff for this landmark event. Representatives included local and national community based organizations, activists, medical professionals, researchers and government partners.

Led by Joe Schick, Executive Director, The Fund for HHC; and Christina Powell, Senior Director, The Fund for HHC, the all-day event was the culmination of months of organizing and planning.

Among the guest speakers were Henry J. (Hank) Carter, namesake of the Henry J. Carter Specialty Hospital and Nursing Facility in Harlem and CEO of Wheelchair Charities, Inc., who delivered an eloquent message on the increase of gun violence in New York City. Former Goldwater and Carter resident Al “Tjader” Fogle spoke about his personal journey of acceptance as a result of gun violence that, on July 19, 1972 left him paralyzed from the chest down.

Other speakers included Ramanathan Raju, MD, President, HHC; Alan Aviles, former President, HHC; Kasseem “Swizz Beatz” Dean, music executive, artist, and HHC’s Global Ambassador; Assemblyman Michael Blake; and Denise C. Soares, RN, SVP, Generations+/Northern Manhattan Health Network, ED, Harlem Hospital Center and Ren-

naissance Health Care Network.

Eric Cumberbatch, representing the NYC Mayor’s Office of Criminal Justice, spoke at length about the importance of the interest at City Hall in seeking approaches and solutions to violence.

To close out the historic event, representatives from all organizations agreed to the draft a Violence Reduction Compact for New York City, a still-evolving document with 12 goals and specific actions to reach those goals. Closing keynote speaker Assemblyman Michael Blake offered words of hope, inspiration, and direction; he said, “We have to do this work, so that kids have a tomorrow. Give kids a chance to pick up a book, not a gun. Believe in the possible.”



Wheelchair Charities Chairman, Hank Carter, watches as his friend, Al “Tjader” Fogle, talks to the crowd about the gunshot that paralyzed him.

The POWER of FORGIVENESS



INJURED NEW YORK CITY POLICE DETECTIVE STEVEN MCDONALD VISITS COLER AND CARTER WITH HIS MESSAGE OF FORGIVENESS

New York City Police Detective Steven McDonald, who was shot in the line of duty by a 15 year-old boy on July 12, 1986, visited the Coler and Carter campuses in September on behalf of Lamp Catholic Ministries.

On Wednesday, September 17, McDonald addressed Coler residents and staff, and on Friday, September 19, he met with Carter patients, residents and staff. Both events were very well attended.

Detective McDonald delivered a unique message of forgiveness. The injury resulting from the gunshot wound paralyzed him from the neck down, leaving him quadriplegic. He is the most seriously injured NYPD officer to survive his injuries.

Several months after the shooting, Det. McDonald reported to the press that he had forgiven the 15-year old for his actions.

He spoke to the Coler and Carter audiences on the reasons for his forgiveness. After his presentation, Det. McDonald opened the floor for questions.

Coler/Carter patients/residents expressed their sincere appreciation to Det. McDonald in helping them on their journey to forgiveness. A wheelchair-bound resident, inspired by McDonald's story, shared his feelings: "If you can do it (Det. McDonald) I can too." Coler/Carter staff members were equally as moved with the inspiring presentation, expressing their feelings on the benefits of forgiveness.

At the close of the event, Detective McDonald donated the book "Why Forgive?" to patients and residents in attendance. The book, written by Johann Christoph Arnold, contains a preface written by Det. McDonald.



Above right: Det. McDonald with Coler Hospital Police officers, (l-r): Natasha Federico, Special Officer; James Alago, Captain, HP; Vito Aleo, Director, HP; and Sgt. Sheree Cromer

On left: Det. McDonald poses with Al (Tjader) Fogle, who holds the book, "Why Forgive?"

Bottom left: Det. McDonald with Coler resident Barrington Thomas

Below right: Det. McDonald speaks with Hank Carter



WHEELCHAIR CHARITIES INC.

WHETHER DONATING ELECTRIC WHEELCHAIRS, SPECIALIZED BEDS AND ADAPTIVE EQUIPMENT OR ORGANIZING FUNDRAISING CONCERTS AND DINNERS, WHEELCHAIR CHARITIES INC. CONTINUES TO HELP CARE FOR THE PATIENTS AND RESIDENTS OF THE COLER AND CARTER FACILITIES.



BeBe Winans



Shirley Caesar



Hank Carter with the Ecstasities

2014 Gospel Show at Harlem Hospital



Below: William De-Camp III of Gilbane Building Co., presents Sandra Velez with a new electric chair.



Tjader Fogle



Valerie Boyd

2015 Donations Press Conference at Carter

Keith Wright, NYS Assemblyman, presented resident Jerrel Slade with a new motorized wheelchair.



Inez Dickens, District 9 Council Member, presented resident Lakvinder Singh with a new motorized wheelchair.



Lindsey Esser, Speech Language Pathologist; and Allison Felsher, Clinical Director of Speech Pathology and Audiology Services, show off new alternative augmentative communications devices.



Shirley Caesar



Rose Smith, Activity Therapist, and Francine Benjamin, resident, enjoyed the show.



The BCLC Reunion Choir



Wess Morgan

2015 Gospel Show at New Greater Bethel Ministries

On Saturday, October 25, 2014, Wheelchair Charities (WCI) held its annual fundraising Gospel Concert. Unlike previous events held in the Goldwater Auditorium, this concert was held—for the first time ever—in Harlem. Thanks to Denise Soares, Harlem Hospital Executive Director, and Sylvia White, Harlem Hospital Chief of Staff, Harlem Hospital served as the venue. Two shows were staged—one at 2:30 p.m. and another at 7 p.m. The show was headlined by Shirley Caesar, the "Queen of Gospel." Other performers included special guest, Grammy-winner BeBe Winans, along with Valerie Boyd, Sheena Lee and former Carter resident Al "Tjader" Fogle. The afternoon show was emceed by WBLS's "Dr." Bob Lee, and the evening show by "Dr." Bob Lee and HHC's Sr. Vice President, LaRay Brown.

Among the HHC staff in attendance were Robert K. Hughes, Coler/Carter Executive Director; Floyd R. Long, Coler/Carter Chief Operating Officer; Antonio Martin, HHC Exec. Vice President; and Joe Schick, Executive Director, The Fund for HHC. Additional special guests included Congressman Charles Rangel, Rev. Dr. Calvin O. Butts, III and Coler/Carter patients and residents. Hank Carter presented Lifetime Achievement Awards to Maude Askin, Virgie Alston, Walter Alston, Kenny Alston and Michael Alston, long-time supporters and Queensbridge community members. The WCI Family of the Year Award went to Irene and Jack Washington, long-time supporters and Queensbridge community members. Irene is Head Nurse, Coler C-43. Outstanding Service Awards were presented to HHC's Antonio Martin and Harlem Hospital's Sylvia White.

On Friday, February 13, 2015, Wheelchair Charities hosted dual events. At 10 a.m., new equipment was presented to Coler and Carter patients/residents during a press conference in Carter's Renaissance Room. In addition to motorized and manual wheelchairs totaling \$200,000, WCI purchased \$302,000 worth of high-tech mattresses for Coler residents, which are essential for the treatment and prevention of bed sores. Several of the mattresses were on display

at the press conference. Also donated were \$45,000 worth of alternative augmentative communications devices, which are essential to patients and residents with speech difficulties. Many business, political and community leaders attended the event and took part in the presentation of equipment.

At 7 p.m. that evening, a gospel show was held at the New Greater Bethel Ministries in Queens Village. The show again featured gospel superstar Shirley Caesar, who was joined by Dove-Award winner Wess Morgan. They played to a full house and inspired the crowd with their heartfelt, joyful songs. John H. Boyd II, pastor of the New Greater Bethel Ministries, is a board member of Wheelchair Charities. Honorees at the event included Denise Colon, Clerical Assoc., LII, Coler A51-52; and Steve and Debi Roberts, long-time WCI supporters.

The 28th annual Wheelchair Charities Fundraising Gala was held on Thursday, May 14 at the New York Hilton. The evening began with hors d'oeuvres and cocktails at 6 p.m., followed by a delicious dinner at 7. Honorary Chairman of the event was Robert Vaccarello, CPM, President, RY Management. Howard White, Vice President, Jordan Brand Affairs served as Master of Ceremonies.

This year's distinguished honorees were: Alan Aviles, Former President, New York City Health & Hospitals Corporation, who received the Lifetime Achievement award; Janett Nichol, Vice President, Global Creative Director, Nike Training, Business Executive of the Year; William DeCamp III, Vice President, Gilbane Building Company, Outstanding Community Service; Dale Allen, Director Sports Marketing Jordan Brand, Service & Dedication to People with Disabilities; Odell Beckham, Jr, Wide Receiver NY Giants, Rookie of the Year; Anthony Robles, 2010-11 NCAA Wrestling Champion, Most Inspirational Athlete; and Earl Thomas, III, Safety, Seattle Seahawks, Defensive Player of the Year

Thank you to Hank Carter, Chairman, Wheelchair Charities and to all the Wheelchair Charities volunteers and supporters for your generosity and caring.

2015 Gala Dinner at the New York Hilton



(l-r) Russ Pikell, Hank Carter, NY Jet Darrelle Revis and Resident



(l-r) Tjader Fogle, HHC President, Ram Raju, Director of the Fund for the HHC, Joe Schick



Earl Thomas, Seattle Seahawk (left); and Victor Cruz, NY Giant (right); with Jerrell Slade, resident (center).

HAPPY, SUCCESSFULLY WEANED PATIENTS

CHARLES SMITH

Illness can occur slowly over time, or strike suddenly, with little or no warning. Charles Smith went from feeling fine to near death in a matter of hours. On February 15, 2014, the Bayside, Queens resident felt like he was coming down with a bug, and went to bed early. The next morning he felt terrible and couldn't walk; his son had to help him to a waiting ambulance.

He was rushed to a nearby hospital, where they discovered that he had a septic arthritis infection of the shoulder joint. They conducted emergency arthroscopic surgery that night, and the surgery had gone well, but there were complications after the operation. They took the tube out and but he couldn't tolerate breathing on his own.

Since the hospital he was in was not a long-term care facility, Charles needed to find another place, one where he could try to get weaned from the ventilator and regain his health. "I'm a big guy, and a lot of places are not equipped to handle me...there were only three places."

Charles had help locating a place to transfer to. His sister, who is an administrative nurse in California, and his brother, a law student also in California, did the research, and found very positive information about the Henry J. Carter LTACH. He got the phone call from his sister, who said, "Get there. Get there as soon as possible before they say no and give the bed to someone else."

He was transferred to the Carter LTACH on March 24. The medical team created a plan not only for the weaning process, but also to get his weight down to a healthy level, and to help him regain his strength. Charles was assigned to the weaning

unit, when he arrived at the Carter LTACH on March 24.

Each person who needs ventilator care or is attempting weaning is different. Some can come off the vent quickly, others take weeks or longer. In Charles' case, he came off the vent in the beginning of August. It had taken several months to decide if it was safe to decannulate (remove the tracheostomy tube). It was imperative that he lose weight so that his lungs

could get stronger and he could breathe on his own.

Charles was at an unhealthy weight before he was hospitalized. Upon his discharge, he had lost close to 100 lbs. with a diet and exercise plan. He discussed the options with his team, and decided not to have a weight-loss operation. "If you can do it naturally, why put

your body through the stress of the operation? They had a plan...you have to be compliant—eat what they say, do the physical therapy. I was an athlete, I played college football...I am used to training." Charles decided that he had to "train like a track star and work out like a weight lifter." He understood what was required and what has to be done, and succeeded.

On September 23, 2014, six months after his arrival, a healthier, lighter Charles Smith was ready to check out of the Carter LTACH. He was joyous and thankful, and had nothing but praise for the staff. "They did what they said they were going to do...what they had to do. I'll be honest with you, if it were another facility, I'd be a permanent resident. Or they would have given up and that would be that." He added, "This facility is second to none, no matter what you have wrong with you...mention any [staff] name... they are all the same—you don't have a 'bad egg' here."



Medical Staff gathered with Charles Smith to say goodbye prior to his discharge.

ALFREDO CIANCIOLO

Alfredo (Al) Cianciolo, a 62 year-old Brooklyn man, arrived at Henry J. Carter Specialty Hospital just before 2014's Labor Day weekend. He had checked into to another area hospital for a biopsy of his lung on August 6. There were complications, and he was put into a medically-induced coma for what was expected to be two or three days. However, he was in the medically-induced coma not for a few days, but for a few weeks. His wife, Jill, and stepson, Laurence, had given up any hope for his recovery, and were beginning to refer to him in the past tense. Near the end of August, Al was taken out of the medically-induced coma and a few days later, on August 28, transferred to Carter.

When he arrived at Carter, Alfredo Cianciolo was very agitated

and delirious, with some flashes of consciousness. It was the extreme agitation—more so than the medical issues—that made treatment difficult. He kept trying to pull out the tubes.

William Dinan, MD, Director of Pulmonary Medicine at Henry J. Carter, conferred with the other physicians on Al's case, noting: "The patient had acute delirium. A multifactorial team of primary pulmonary physicians and psychiatrists worked with nursing one-to-one to get him out of it. I told them to stop almost all meds except the absolutely essential ones; his delirium ceased and we were able to begin the weaning process."

Psychiatrist Hocameter Gbeasor-Carter, MD, remembers his arrival, noting: "The medical issue was the minor part of the piece..."

he was agitated, from emotion, was pulling out things...he was really disorganized. He couldn't remember anything."

Dr. Carter added, "He was so agitated that it was hard to give him medication." She called the Nurses' Station two-three times a night to check on him. Dr. Carter, though away for the Labor Day holiday, stayed in touch. She called in to the Nurses' Station on every shift, so the family felt more confident.

Laurence remembered: "Everybody was so sweet with us. Mr. (Hank) Carter himself went right up to my mother and me in hallway and said 'Hi, I'm Henry J. Carter, welcome.' I told him the story and he said, 'Well, this is the best place for weaning. I'll try and go up and see him in the next few days.' And he did. When you come here and see how calm everyone is—calm, cool, collected, and everything's so clean—it puts you in a great state of mind and gives you a positive outlook on things, instead of



Al Cianciolo (center), flanked by wife Jill (left) and stepson Laurence (right) gathered with staff who came to say farewell on the day of his discharge.

worrying that he's not going to make it."

Laurence was extremely impressed with the staff on the night shift at Carter. He noted: "...they were so involved and I felt like they were family almost. At night it was just us and them. And they became our friends. It was so personal and they were so personable. They made us feel like family. I could come back and hang out with those guys."

A caring, competent team of medical professionals attended to him, and he showed progress right away. Mr. Cianciolo, whose family believed he would never leave the hospital alive, walked out of Henry J. Carter Specialty Hospital and Nursing Facility a happy, thankful man on Wednesday, September 17, just shy of three weeks after his arrival, eager to make the short trip home to Brooklyn. His stay at Henry J. Carter and successful recovery exemplify what can be achieved by a caring, competent team.

MAYRA CABALLERO

Henry J. Carter Specialty Hospital and Nursing Facility, which celebrated its first anniversary on November 24, 2014, reached another milestone shortly after their one-year mark—their 100th patient was successfully weaned from a ventilator.

That is quite an achievement for a facility that had opened a little over a year before. The facility quickly became known as the premier hospital in the New York City Metropolitan area for ventilator weaning. Carter's walls may be new, but its staff has many years of weaning experience and success. When Roosevelt Island's Goldwater Hospital closed its doors in November 2013, many of the same talented, caring staff made Carter their new home.

Mayra Caballero, a 57-year old resident of upper Manhattan, was Carter's 100th successfully weaned patient. She commented: "I am happy to be going home, and honored to be the 100th weaned patient," adding, "Everyone here was wonderful."

Joseph Mazza, MD, Mayra's attending physician noted: "Mayra looks terrific...she has gone through a lot medically. Who would know she was recently on a ventilator?" He added: "We're ready to discharge her. Mayra is always happy and pleasant, which will help with her recuperation."

Although Mayra understands English, her first language is Spanish. Assisted by Vivian Koroma, Patient

Representative, Patient Relations, the Cyacom system was used for live medical translation during our meeting, where Mayra shared her thoughts and feelings with us, especially her joy about being well, being free from the ventilator, and going home. Her family members—sister, brother in law, children and grandchildren—had all visited her at Carter, but she missed being home.

For Mayra, and as the Carter team does for all patients, a plan tailored to her unique needs and medical conditions was created. Each patient's individualized plan also manages their other medical conditions, which can be severe and complicated. The multiple medical needs and co-morbidities are often debilitating, and need to be medically resolved so that the patient's overall physical health is improved to a point where weaning can be successful. It took about six weeks to complete Mayra's weaning and enable her be ready for discharge and her surprise homecoming.

Robert K. Hughes, Executive Director, Henry J. Carter Specialty Hospital and Nursing Facility, observed: "Helping ventilator-dependent patients regain the ability to breathe on their own is the ultimate goal. We are proud of our skill at Carter at helping patients become ventilator-free, and look forward to providing the same standards for success for many years to come."



Vivian Koroma (right) utilized the Cyacom system to assist in translation when Mayra Caballero spoke to physician Joseph Mazza and Linda Wyatt, Carter/Coler Media Services.



Compliments

Milla Star, Assoc. Dir. Hosp., Non-Psro Utilization Review

“The facility is beautiful and we were extremely impressed by Milla Star’s comprehensive tour and by the very knowledgeable and devoted team...”



The following Carter employees received compliments from patients, residents and visitors:

LTACH 3 East

“The staff has been great.”

6 West

Daniel Agyei, MST

Estella Sele, MST

Teresito Pido, Staff Nurse

Edwin Maysonet, Housekeeper

Celine George, Staff Nurse

Danielle Dominique, Staff Nurse

Celeste Gomez, Staff Nurse

LTACH 6

Alvin Ford, CNA

Linda Robasson, Nurse

Veronica James, CNA

Jose Robles, MD

Primrose Chambers, LPN

Sony Varkey, LPN

Patient Relations

All staff

SNF 3

Alvin Ford, CNA

Andrea Thompson, Staff Nurse

NF -6

Carl Truong, LPN

NF 2

Shayna Hill, LPN



Compliments



Diane Peachman, Coordinating Manager, Lvl. A, Social Work
"Ms. Peachman is very dedicated to her work. She gets along well with all the residents."



A soon to be discharged Coler resident wanted to express his appreciation to the staff of C53 and A11. He expressed thanks to all who have contributed to his "changed ways" and gave him hope, saying:

*"Thank you for turning my life around, you showed me that there was good in me.
My heart is thankful. I will make everyone proud that had faith in me."*

He especially thanked:

Social Work

Wendell Evans, Director
Theodore Morrison, Social Worker, Lvl. II
Diane Peachman, Coord. Mgr., Lvl. A
Irit Maor, Social Worker, Lvl. II

Nursing, C53

Octavia Vishnevsky, Staff Nurse
Leena Kurian, Staff Nurse
Elizabeth Limpiado, Staff Nurse
Jade Lavilla, CNA (now on Carter 3E)
Pearl Williams, Staff Nurse

Patient Relations

All staff

Nursing, A11

Ogianie Thomas, LPN
Hermosa Hubalde-Galam, Staff Nurse
Elisa Nitura, Staff Nurse
Shirley Castillo, Head Nurse
Mariam Vano, Staff Nurse
Hortense Barrington, Asst. Dir. Nursing

Hospital Police

Earl Mayers, Special Officer, Security
Ann Marie Melendez, Special Officer, Security

AOD

Stanley Davidson, Asst. Dir. Hosp.,
Executive Administration



Innovative Course Offerings



COLER-CARTER ORGANIZATIONAL AND STAFF DEVELOPMENT DEPARTMENT OFFERS VALUABLE WORK RELATED PROGRAMS

The Coler/Carter Department of Organizational Staff Development (OSD) offers important and useful courses for employees. In addition to courses in computer software on programs such as Microsoft Word, Excel, and PowerPoint, and wellness offerings like yoga, there are many new and innovative programs. Here are some of the informative and interesting courses that have taken place, or are currently being offered to Coler/Carter employees:

EMOTIONAL INTELLIGENCE

Coler/Carter Organizational and Staff Development Department has recently started offering an all-day Emotional Intelligence Class, available to all employees. Emotional Intelligence, or EI, is the ability to recognize, interpret, and manage the emotions of yourself and others. Throughout the class, the five areas of EI will be identified, and employees will have the opportunity to learn about their own strengths and weaknesses. Action steps to improve one's emotional and social abilities are taught and can lead to improved communication skills and more success on the job. When asked about Coler/Carter's most recent classes, employees said they found the class to be extremely helpful in improving self-awareness, communication skills, and managing conflict.

HOSPITAL POLICE DEVELOPMENT PROGRAM - EMOTIONAL INTELLIGENCE

OSD has commenced the second course of the Hospital Police Development Program, Emotional Intelligence, available to all officers and watch persons of the Hospital Police Department. The course focuses on developing one's emotional intelligence skills through the five core competencies: self-awareness, self-regulation, motivation, empathy, and interpersonal skills. The course helps one identify their strengths and growth opportunities as well as generate action steps that can be taken to improve one's emotional and social abilities.

MANAGING UP

A course on Managing Up is being offered by OSD in order to educate employees on the importance of proactively managing your boss, communicating effectively and being able to assess and leverage your boss's strengths and weaknesses, as well as their work style. Managing upward is the process of consciously working with your superior to obtain the best possible results for you, your boss, and your department. The result of managing up is fostering a productive working relationship with your manager. Managing upward can stimulate open communication and improve the relationship between you and your superior.

COLER/CARTER CULTURAL COMPETENCY PROGRAM

The Department of Organizational and Staff Development (OSD) offered on-site Cultural Competency classes to all employees during the month of November at Carter. The class is for all staff as part of the Joint Commission Standards for Cultural Competence Requirement HR.01.04.01. Cultural Competency is valuing and respecting differences between people, and accepting that there are different ways of viewing the world. The class considers the impact culture has on one's perception of healthcare and identifies the issues and challenges that are important in serving patients and residents of different cultural backgrounds. Steps to building one's cultural responsiveness are taught and can lead to increased patient satisfaction and quality care. In order to get the most out of the class, active participation and exchange of personal experiences were encouraged.

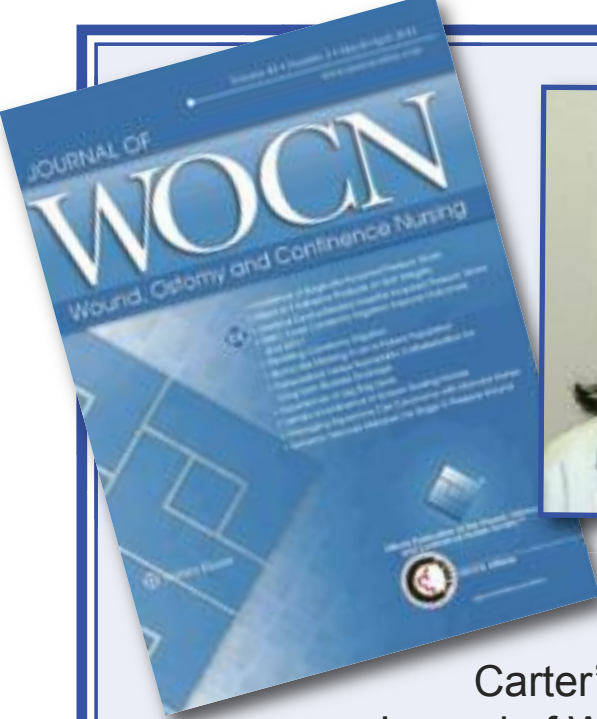
COLER/CARTER HOSPITAL POLICE DEVELOPMENT PROGRAM, IMPRESSION MANAGEMENT PROGRAM

The Coler-Carter Department of Organizational and Staff Development completed the third course of the Hospital Police Development Program, Impression Management, which was available to all officers and watch persons of the Hospital Police Department. The course focused on elements of impression management, the different personas we project to others, strategies for influencing peoples' perception of you and approaches to assessing the physical cues of others.

COLER-CARTER SUPERVISORY PROGRAM

The Department of Organizational and Staff Development offers a Three Day Supervisory Skills Training Workshop available to all supervisors. The workshop focuses on improving supervisory skills and utilization of effective techniques. The program topics include: understanding your role and responsibilities as a supervisor, identifying factors to motivate your employees, effective communication and conflict management skills, and lastly, an understanding of Labor Relations policies and procedures. During the training, supervisors are challenged to apply the concepts learned to their daily work experience. By the end of the program, supervisors will have improved supervisory skills and feel more equipped to handle their current challenges in their department.





“THE 6 MILE JOURNEY”

Carter’s Move Success is Recognized in Journal of Wound, Ostomy and Contingence Nursing

We congratulate Jacqueline Juele-Schuster, Assoc. Nurse Practitioner-L II, Nursing Admin., Coler/Carter Wound Care Specialist, on her abstract entitled: “The 6 Mile Journey.....Protecting the Skin of 228 Patients/Residents During Relocation to a New Facility.” The poster presentation has been accepted by the Journal of Wound, Ostomy and Contingence Nursing (JWOCN) and, last June, was featured at their 47th Annual Conference in San Antonio, Texas. All accepted abstracts were posted on the JWOCN website and were published in the May/June issue of JWOCN.

Her abstract focused on the successful relocation of 228 patients/ residents—all at high risk for developing pressure ulcers—from Roosevelt Island’s Goldwater campus to the new Henry J. Carter Specialty Hospital and Nursing Facility in Harlem, without compromising safety or comfort. All 228 patients/residents made the six-mile journey by ambulance or ambulette.

The subjects were patients/residents from the former Goldwater Hospital. The group was comprised of 114 LTACH (Long Term Acute Care Hospital) patients—98 of whom were ventilator-dependent—and 114 SNF (Skilled Nursing Facility) residents. One month prior to relocation, comprehensive assessments were performed and individualized relocation plans were developed by interdisciplinary teams in consultation with the wound care nurse.

Specific interventions included the use of air overlay mattresses on the stretchers used to transport patients and residents, and protection of bony prominences with silicone-based layer dressings. The patients/residents were moved to and from the stretcher by sliding the air mattress overlay. The excellent results included:

- All 228 patients and residents were moved as scheduled
- All were seamlessly transferred from their bed in Point A to the bed in point B in less than an hour
- The team recognized risks of pressure ulcers
- Shearing and friction were successfully reduced and no new pressure ulcers developed on the patients/ residents during the relocation process

The conclusion was that the relocation of the 228 patients and residents was achieved without compromising safety and comfort. This was attained through:

- In-depth and comprehensive planning
- Teamwork among disciplines, departments and external agencies
- Application of evidence-based pressure ulcer prevention strategies

HEART A N D SEOUL



Representatives from Seoul National University Bundang Hospital tour the Henry J. Carter Facility



Representatives from Seoul National University Bundang Hospital, interested in becoming more acquainted with providing rehabilitation in a long-term care setting, reached out to administrators at Henry J. Carter Specialty Hospital and Nursing Facility. Robert K. Hughes, Executive Director, Coler/Carter, arranged for a contingency of approximately 20 representatives from Bundang Hospital to visit the Carter facility on September 19.

Mr. Hughes, along with Floyd R. Long, Chief Operating Officer, and other Carter administrators, welcomed the visitors in the Renaissance Room. The day began with a breakfast, followed by a discussion and tour of the facility.

Seoul National University Bundang Hospital, located in Bundang Seongnam City, South Korea opened in 2003. The hospital was set up due to a rapid increase in demand for geriatric treatment and the government's request for the establishment of a medical facility for local

residents. Seoul National University Bundang Hospital accomplishes the function of a national medical center for diseases that affect adults and the elderly, and is also a general treatment and emergency center for residents.

Questions from the visitors to Mr. Hughes were addressed through a translator. The questions varied from the difference between the two levels of care at Carter—the Nursing Facility versus LTACH (long-term acute care hospital)—to the medical and rehabilitation services available at Carter. Mr. Hughes listed the many areas of care for which Carter is known, such as ventilator care and weaning, respiratory care, diabetes care, treatment of complex infections and rehabilitative therapy.

The tour included visits to the Carter departments of Radiology, Physical and Occupational Therapy, along with a visit to the Computer Lab, the Culinary Arts Room, the Nursing Facility and the LTACH.



Top: Looking at one of our medication rooms.

Middle: Inside one of our patient rooms.

Bottom: Our Rehab Gym

12 Virtues of a Good Employee

Work Hand-in-Hand HHC's Six Guiding Principles



The Coler/Carter Joint Labor Management Committee has instituted a new program to honor our employees. This new program gives recognition to outstanding employees who exemplify one of the 12 virtues of a good employee, based on HHC's Guiding Principles.

Every other month, one employee from

Carter and one from Coler will be chosen.

The committee—with equal representation of both labor and management—selects the two winners after reviewing written nomination forms received from department heads. Department heads are sent nomination forms in advance, and asked to submit the names of employees who fit the virtue being highlighted that month. Employees



Jacinta Singh, Staff Nurse, SNF, Carter, receives her award from Robert K. Hughes, Exec. Dir.



Loleta Streete-Josephs, Patient Care Assoc., OHS, Coler, accepts her award from Robert K. Hughes.

who feel a co-worker should be nominated are encouraged to suggest nominees to their department head.

The program was implemented in early 2015.

Congratulations to our March winners: Jacinta Singh, Staff Nurse, SNF, Carter; and Loleta Streete-Josephs, Patient Care Associate, OHS, Coler, who were honored for their devotion to duty!

THE 12 VIRTUES

INNOVATION: the application of better solutions that meet new requirements, unarticulated needs, or existing market needs in pursuit of excellence

DEDICATION TO DUTY: devoted to work or those you care for at work

PROFESSIONALISM: behaving in a formal or business-like manner at all times and demonstrating behaviors that ensure a safe environment for all

LEADERSHIP ABILITY: able to positively influence and/or enlist the help of co-workers and efficiently manage resources

COMMITMENT TO PATIENT CARE: dedication to patients/residents, looking out for their best interest at all times

PATIENT SAFETY: always being aware that patient safety comes first, refraining from taking shortcuts or skipping steps

MUTUAL RESPECT: treating employees at all levels, as well as patients/residents, with kindness and fairness

TEAMWORK: understands that we all must work together in caring for our patients/residents; having the ability to let qualified others make decisions, knowing when to work alone and when to work as a group

RELIABILITY: smoothly shares workload and projects, does not try to get all the attention, asks for and/or gives assistance when needed, can always be counted on

ENSURING A POSITIVE CUSTOMER EXPERIENCE: remembers that we are here to serve the customer—our patients/residents—and responds to them pleasantly and in a timely fashion

EMBRACING CULTURE CHANGE: works to make the hospital more home-like for our patients/residents

MOTIVATION, LEARNING, PROFESSIONAL DEVELOPMENT: strives to continually improve, takes in-house or outside classes/courses that enhance their jobs, always ready to learn new methods and techniques

THE HENRY J. CARTER SPECIALTY HOSPITAL AND NURSING FACILITY CELEBRATES ONE YEAR

On Monday, November 24, 2014, as Henry J. Carter staff entered the front doors at 122nd Street and Park Avenue, they were greeted with festive balloon arches in shades of blue and gray. The day marked the first anniversary of Carter's "debut"—it was exactly one year ago that the historic and unprecedented "move" from the Goldwater Campus of Coler-Goldwater Specialty Hospital and Nursing Facility to the new Henry J. Carter Goldwater Specialty Hospital and Nursing Facility took place.

Balloons in the official HHC blue and gray (to match the Carter logo) shimmered in the morning light throughout the lobby, hallways and Renaissance Room. Banners proclaimed the anniversary and a lobby poster explained—for visitors and those new to the facility—the story of the move from Roosevelt Island to Harlem. A photo montage of the historic move was featured throughout the concourse of the Carter facility. Refreshments were served on all three tours in the Carter Renaissance Room and the Nursing Conference Room. Staff members gathered to reminisce and remember, and view a slide show of visual highlights.

The event marked the successful relocation of 228 patients and residents to the newly-built facility in 2013. Transferring these individuals was a significant and challenging undertaking, since many of the patients and residents were medically fragile and on ventilators.

The two-day move, which began before dawn on a frigidly cold, windy Sunday morning, was fully completed ahead of schedule on Monday afternoon. Hundreds of Coler-Goldwater staff from many departments took part, and gave patient safety the highest priority. It was the dedication, planning and hard work of staff that enabled plans to run smoothly on the relocation days.

Robert K. Hughes, Executive Director, issued a message commemorating the occasion, and gave his thanks to all of the staff who participated in the move and worked so hard to make it a success. We extend a special thank you to the Therapeutic Recreation staff for their assistance in making the anniversary celebration extra special.





RECEIVED



HOLIDAY CELEBRATIONS



RECEIVED



**THERAPEUTIC
RECREATION**

ROCKS!



SPA DAYS



LATINO FESTIVAL



ST. PATRICK'S DAY



SWEETHEART BALL



FALL HARVEST



HALLOWEEN





SPELLING BEE

The Championship word was SAXOPHONE. Is it a difficult word to spell? What if 30 people were looking at you and a prize was on the line? That could make anyone a bit nervous. And there's also the honor of being a winner in the Coler Spelling Bee.

Each year we try to add new elements to the event. We had a list of new words that were added to the dictionary in 2014, which included: TWERKING, BESTIE, HASHTAG and BITCOIN. We wanted to make it not only entertaining, but also a learning experience. There were LAW terms, MUSICAL terms, SPORTS terms and ART terms. This year, for the first time ever, we gave the definition of the words. We also had a brand new official spelling contest booklet and an official contest judge.

We were especially proud of one of our winners—a resident from our dementia specialty unit. Ester Mayer, unit C23, earned second place. She was very impressive—quietly taking her time making sure she got the letter combinations correct. It was amazing to see how the combination of remembering the spelling of words, the attention she got from the C23 Care Team, the audience, the TR staff and her fellow spelling contestants really took her out of her dementia.



FRUIT BINGO

Fruit Bingo Anyone?

The departments of Recreation Therapy and Food and Nutrition Services are working together and formulating new ideas for dementia residents on Coler units C-13, C-14, C-23 and C-24. One of the new projects that the residents have been presented with is "Fruit Bingo." On October 29, 2014, the team, consisting of Chris Wittman and Cynthia Lacayo, Activity Therapists-LII, Recreation Therapy along with Dietary Service staff members Joan Lannaman, Dietitian-LII and Theda Muhlhauser, Dietitian-LI, arranged a game of Fruit Bingo.

Rather than the traditional Bingo game, where numbers and letters are matched, in Fruit Bingo the residents are shown a picture of a fruit, find the picture of the same fruit on their Fruit Bingo card, and then place colored chips on it. The Cards were designed and created by Chris Wittman. The residents enjoyed themselves and responded positively to the new game, which is now being played on a regular basis.

The Recreation Therapy Department participates in the Music and Memory Program, which uses iPods with personalized musical selections to increase and tap into memories. We are proud to align ourselves with Coler's vision and efforts, and honored to be at the forefront of dementia care and awareness.

Thank you to all who support our annual Spelling Bee. With the assistance of the Recreation Therapy team, the leadership of the Recreation Therapy Department, all the spellers and the audience, the Coler Spelling Bee is truly one of the most exciting and fun events of the year.

BLACK HISTORY MONTH

LIFT EVERY VOICE: BLACK LIVES MATTER



"Lift Every Voice: Black Lives Matter" was a fitting theme for this year's Black History month. The Coler program was held on Thursday, February 26, 2015 at 2:30 p.m. in the Canteen. The well-rounded event honored the past and inspired the future.

Staff from many departments participated in the event. George Smith, Activity Therapist-LIII, Recreation Therapy, served as emcee. He welcomed attendees, and shared opening remarks centered on the concept "As the Struggle Continues." Paul Larrow, Social Worker- LI, Social Services, led the opening prayer. Rev. Reinaldo Watkis, Clerical Associate L-IV, SNF, was the keynote speaker, with a theme of "Where Do We Go From Here."

A video of Dr. Martin Luther King Jr.'s last, and most radical, Southern Christian Leader-

ship Conference (SCLC) was presented. Following the film, Paul Larrow sang, "He Looks Beyond My Fault." The Praise and Worship Church presented a praise dance by volunteer Carmen Colon as well as a guitar solo by volunteer Jeronimo Hernandez.

Another volunteer, Chyna Dessources, daughter of Linda Suber, Community Liaison Wrkr. L-II, Recreation Therapy, sang a song entitled "The Love of God We Need." Rev. Watkis, along with Russell Walker, Clerical Assoc. L-II, SNF and Diane Kahan, Dietary Aide, Dietary Services, performed as a trio singing several gospel songs. Resident Alberta Wright recited a poem by the late Maya Angelou entitled "Still I Rise." At the close of the event, a lovely selection of African American cuisine was served to all who attended.



Lee Olive Tucker and Eric Thomas



THE HARLEM SHAKE

Black History was celebrated in Henry J. Carter with a variety of performances throughout the month of February. In the heart of Harlem, the Therapeutic Recreation Department brought the African American culture to its roots to our facility through a wide array of performances ranging from music, dance and gospel.



The Edge School of the Arts



Berean and Allen Church Comfort Choir



Gwen Davis and "Shanga From The Valley"



Samuel Coleman and Rehema Trimiew





SPIRITUAL CARE WEEK

(l to r): Fr. Lloyd Anthony, Fr. Andrew Bielak, Rabbi Haim Alcubes, Imam Khaleel Carter and William Jones

From October 27–31, the Coler-Carter Chaplaincy Department celebrated National Pastoral Care Week.

This year's theme was "Spiritual Well-Being." The Chaplains hosted tables in the front lobbies, answering questions and distributing information about their respective religions.

This year's theme highlighted the concept of "Nourishing the Well-

Spring," which refers to supporting and inspiring the spiritual well-being of ourselves and others amid times of both ease and challenge.

The week culminated with various services emphasizing an awareness of relationships with all creation, an appreciation of presence and purpose that includes a sense of meaning.



(l to r): Rev. Fitzroy Jackson and Rev. Stafford Byers