

ACUPUNCTURE

WANT TO RELAX?

REDUCE PAIN?



**FIND A CALM
MOMENT IN THE
MIDST OF YOUR
BUSY SCHEDULE**

Spring Schedule

Staten Island CSU (718-815-4111)
1688 Victory Blvd, Ste 101: Tu & Thu, 5-7pm

Middletown CSU (845-695-1029)
2279 Goshen Tpke: Wed, 1:00-4:00pm

Ft. Totten CSU (718-352-2140)
Ft. T. Bldg. 413B, Bayside: Mon 10:30am-1pm & 3:00-5:00pm
Fri, 10:30-1PM

Brentwood CSU (631-851-6888) Center Cottage, Suffolk County Community College, Crooked Hill Road: Mon, 6-8pm, Wed, 11am-1pm



QUESTIONS? CALL JESSICA METZ AT 212-570-1693 X 380
OR EMAIL METZJ@FDNY.NYC.GOV



Community Connections
A program for FDNY members: active and
retired, EMS personnel, and their families