



**Burn  
Concern  
What To Do  
In Case of A Burn**

**WHAT TO DO**

**WHEN A BURN INJURY OCCURS**



✓ **Stop the Burning Process**

*Remove the heat.*

✓ **Stop, Drop, Roll**

*If clothes catch fire, smother the flames.*

✓ **Do Not Run**

*Running makes the burn injury worse.*

✓ **Call 911**

*Make the call for help immediately.*

✓ **Remove All Burned Clothing**

*Clothing may retain heat and cause deeper injuries. If clothes adhere to skin, cut or tear around adherent area.*

✓ **Pour Cool Running Water Over Burn**

*Pour water over burned area for 10-15 minutes.*

✓ **Do Not Apply Ointments or Butter**

*They may cause infections due to their oil base and provoke deeper injury.*

✓ **For Minor Burn Injuries**

*Use an antiseptic spray to relieve pain and prevent infection. Cover with a clean, dry dressing. Wash daily with soap and water and change dressing. Cover with a clean, dry dressing. If wound begins to drain excessively or have a foul odor, seek immediate medical attention.*

✓ **Larger Surface Area Burns**

*Burns larger than a fist, cool the area as suggested above, cover with a dry, clean dressing, then seek medical attention immediately.*

✓ **Assisting Electrically Injured Victim**

*Do not touch victim if he/she is in touch with the source of electricity. Dial 911 for emergency assistance.*

✓ **Remove**

*Remove all jewelry, belts, tight clothing from burned area. Swelling of burned area occurs immediately.*

**SEEK MEDICAL ATTENTION AS SOON AS POSSIBLE**

**What Can Cause a Burn ?**

- Extreme Heat
- Chemicals
- Electricity

*Extreme heat, such as flames, hot liquids, hot metal, flash explosions and the sun's radiation are some of the causes of extreme heat.*

*Chemicals, such as acid, lye and bleach are only some of the popular chemicals that can cause a burn.*

**Burn Concern Fact Sheet**

**BURN INJURY**

Know What To Do

And What Not To Do

❶ 1,390 burns were reported in New York City in 1997.

❷ More than half those burns were scald burns resulting from exposure to:

- Hot tap water
- Hot liquids
- Foods in the kitchen

❸ Approximately half of those burns resulted in less than a 5 percent burn.



**FIRE & HEALTH SAFETY  
BEGINS IN THE HOME**

- ✓ Watch Children Carefully
- ✓ Know What To Do In An Emergency

*To Notify the Fire Department  
About a Fire or Medical Emergency  
Dial 911*



**YOUR SAFETY  
IS OUR ONLY CONCERN**

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Rudolph W. Giuliani, Mayor  
Thomas Von Essen, Fire Commissioner

