

The Healing Arts Project

The Context:



New York City is the World in Microcosm

The Times We're In:

➤ Anxious

➤ Afraid

➤ Angry



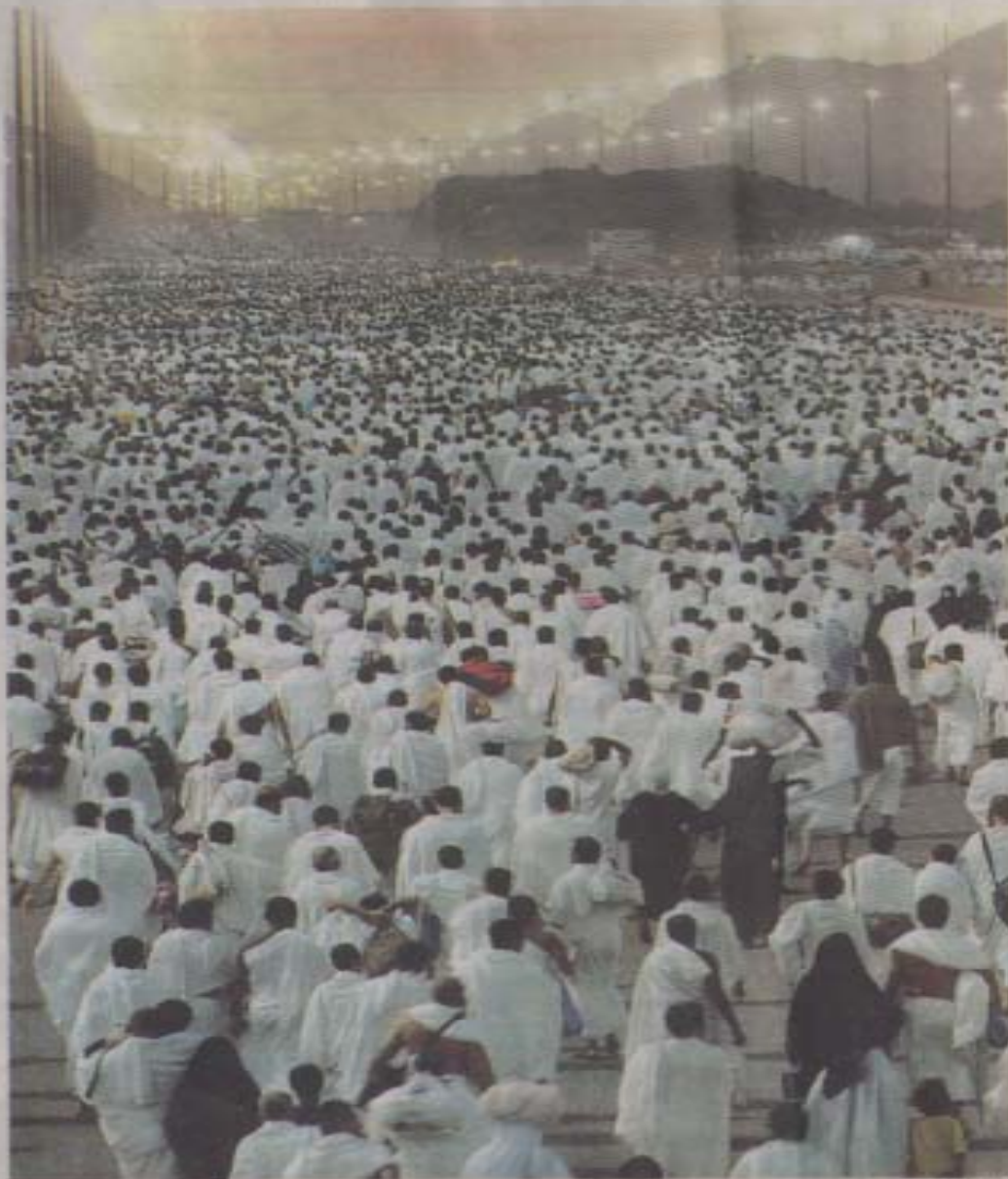
After a crisis people become:

more rigid

or

more compassionate.

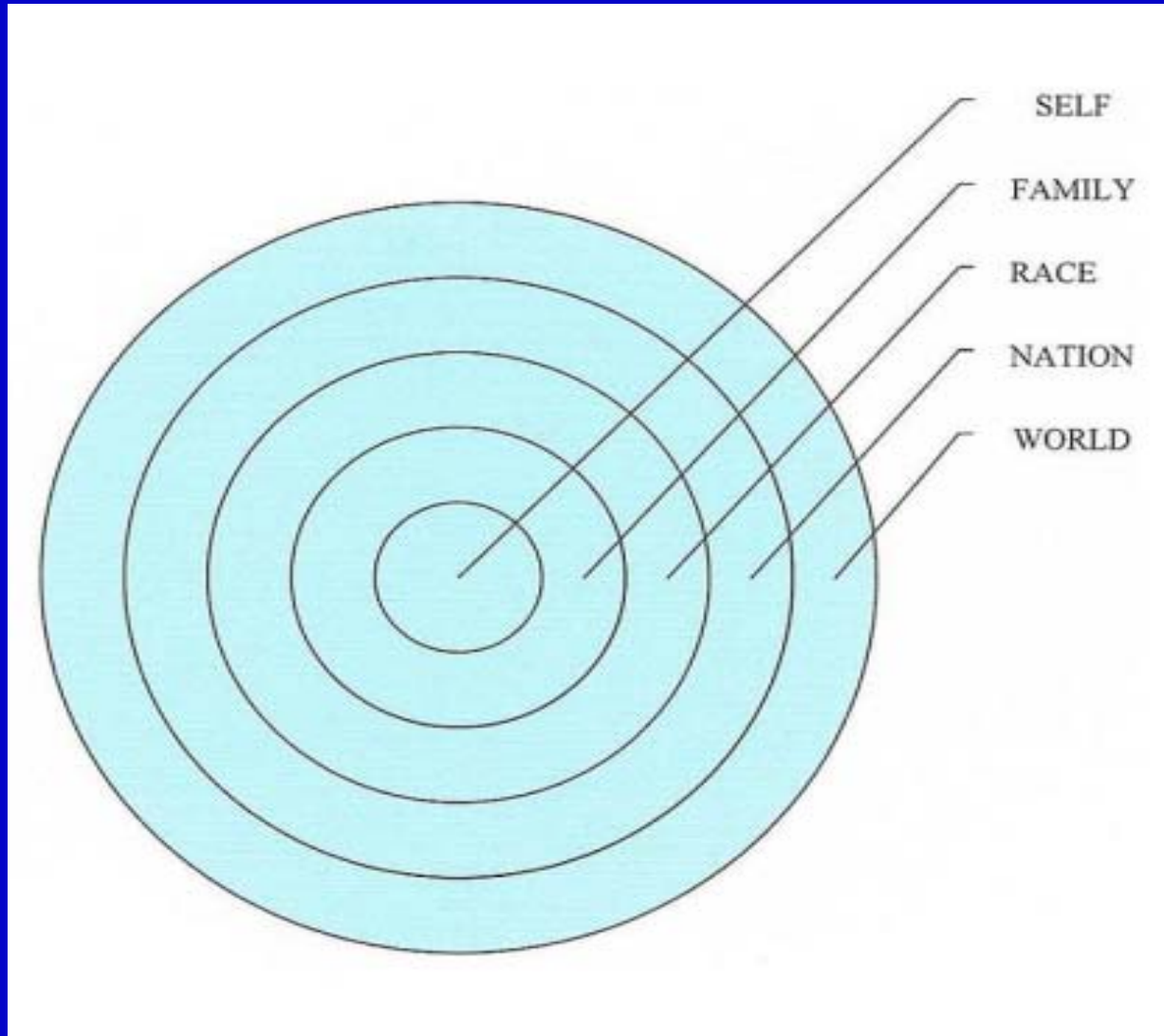
MUSLIM RITUAL FOR MILLIONS



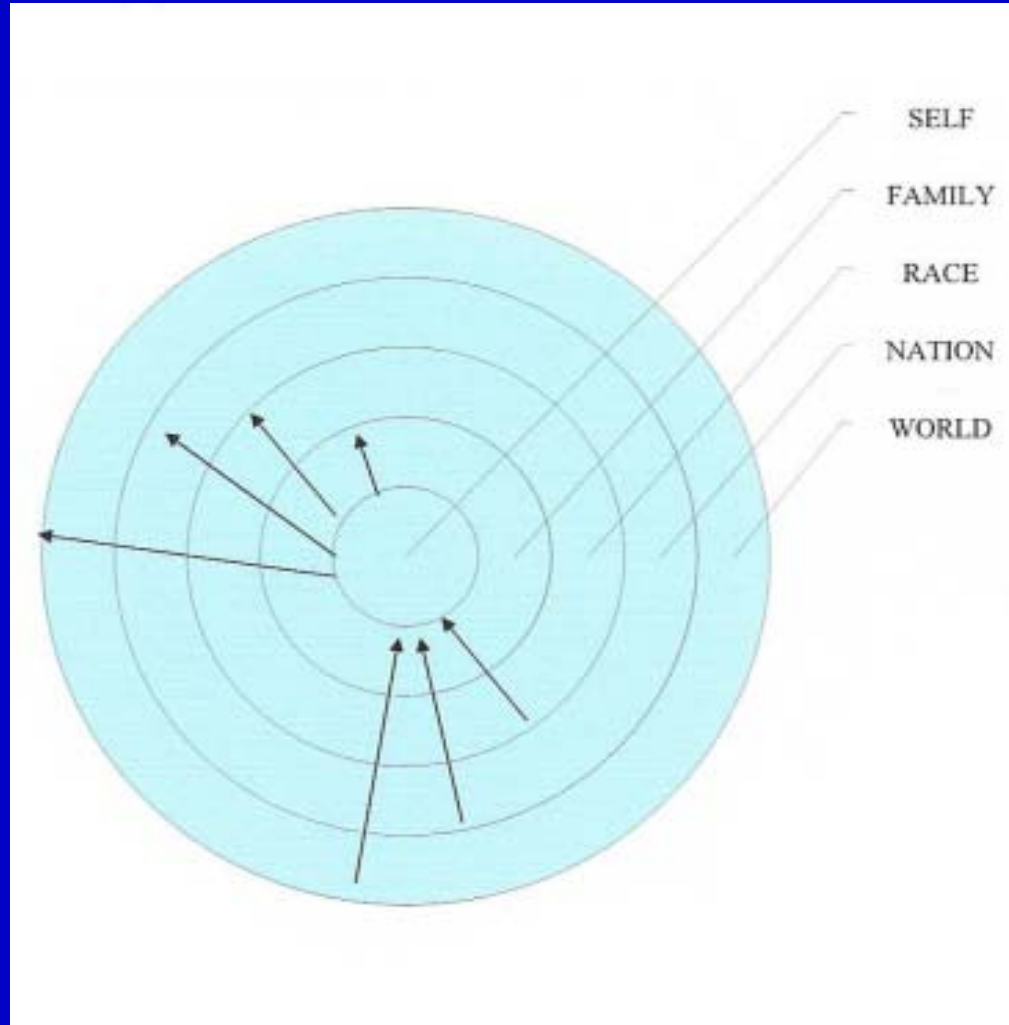
AP PHOTO

Worshippers completed the main rite of the annual pilgrimage to Mecca yesterday at the sacred Mount Arafat in Saudi Arabia. The country's top cleric warned in a sermon that enemies of Islam were seeking to destroy the faith.

Each of us has a number of identities



Crisis can move our identity outwards to make us more compassionate.

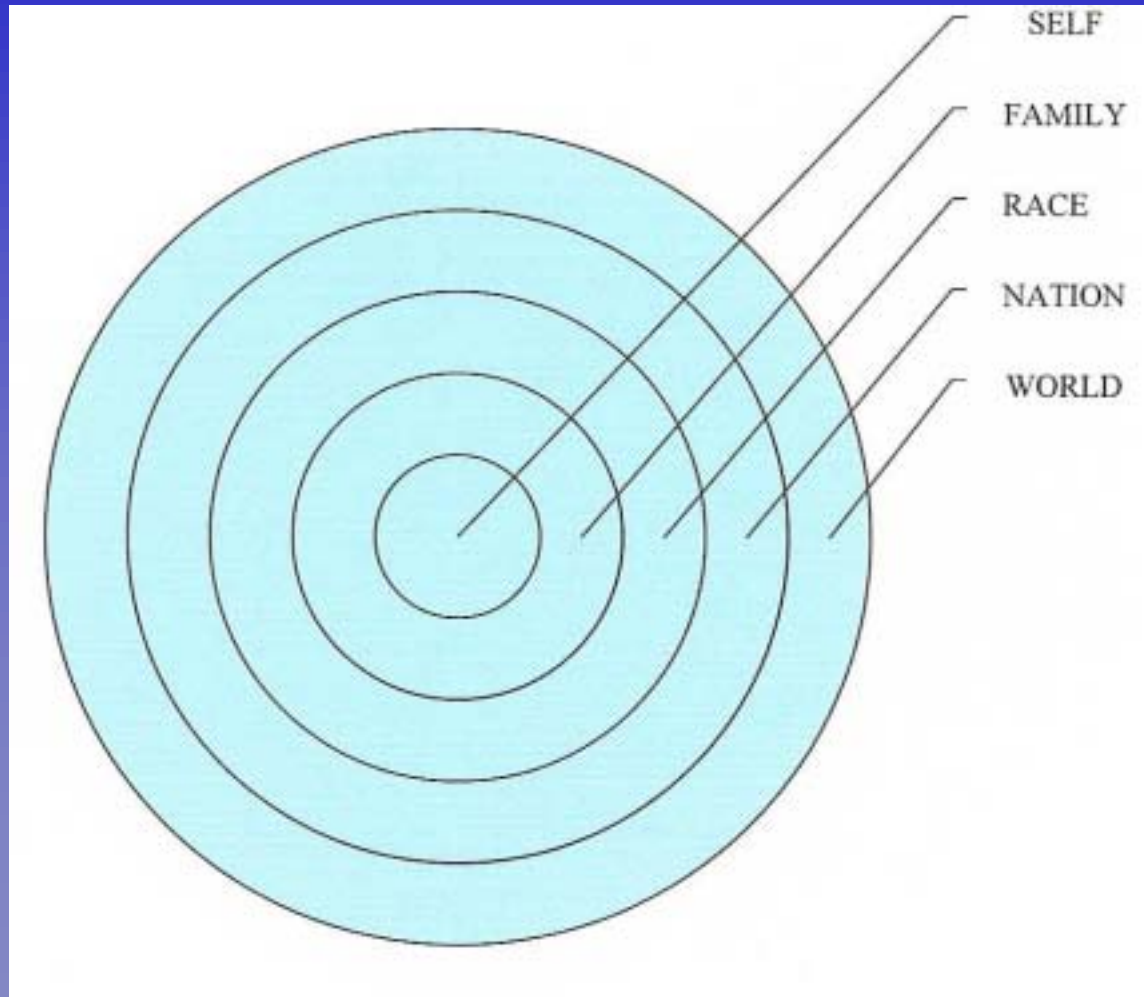


Or crisis can move our identity inward and make us more rigid

Headlines of the Boston Globe and New York Times

- “Race re-emerges as an issue that can divide Americans.”
(Boston Globe, p.1, January 29, 2003)
- “Shared hatreds draw groups closer.”
(Boston Globe, p.4, January 19, 2003)
- “Affirmative Action by Any Other Name”
(New York Times, p.4-1, January 19, 2003)

We need to use crisis to expand our thinking, not shrink it.



Skills are required to recognize our shared humanity.

“Resilience” = Thriving in Crisis

Some Resilient Skills

- Emotional Vocabulary
- Emotional Control
- Cognitive Vocabulary
- Critical Thinking
- Problem Solve Creatively
- Work Inclusively
- Principled Action



Resilience and The Arts

THE ARTS ADDRESS EACH OF THESE AREAS:

- Emotional Vocabulary
- Emotional Control
- Cognitive Vocabulary
- Critical Thinking
- Problem Solve Creatively
- Work Inclusively
- Principled Action



THE HEALING ARTS PROJECT

A Series of Integrated Projects that
Promote Core Resilient Principles

Core Resilient Principles

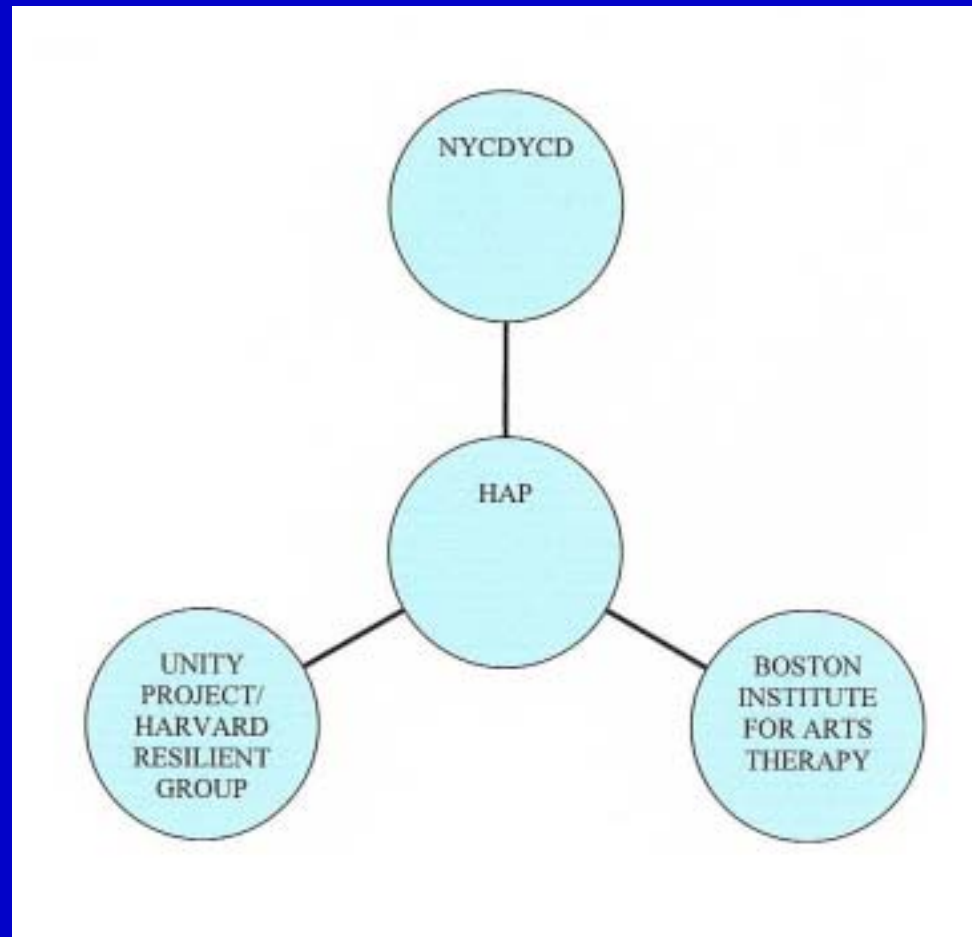
- 1.) All human beings possess inherent dignity and creative capacity
-"Our Common Human Dignity"
- 2.) This dignity and creativity are a bond that unites humanity
-"The Oneness of Humanity"
- 3.) This dignity and creativity are expressed in diverse forms that make up the strength of humanity
-"Unity in Diversity."
- 4.) The arts reveal the resilient skills that demonstrate this shared dignity and creativity.
-"The Healing Arts Project"

Healing Arts Projects:

- “The Living Tree Workshop”
- Museum Exhibitions/
- After/Before: Artists Encounter Following 9/11
- Resilient Responses in Education
- Strength in Diversity, Bosnia
- How Big Is Your World?



The Healing Arts Project



“How Big Is Your World”

Next Steps:

- Select Pilot Sites
- Bimonthly Collaborative Workshops
- Feedback and Refinement
- Expressive Arts Therapy Advisory Board
- Present Results at Youth and Family Summit
- National Youth and Family Summit
- Boston/New York Global Learning Community

