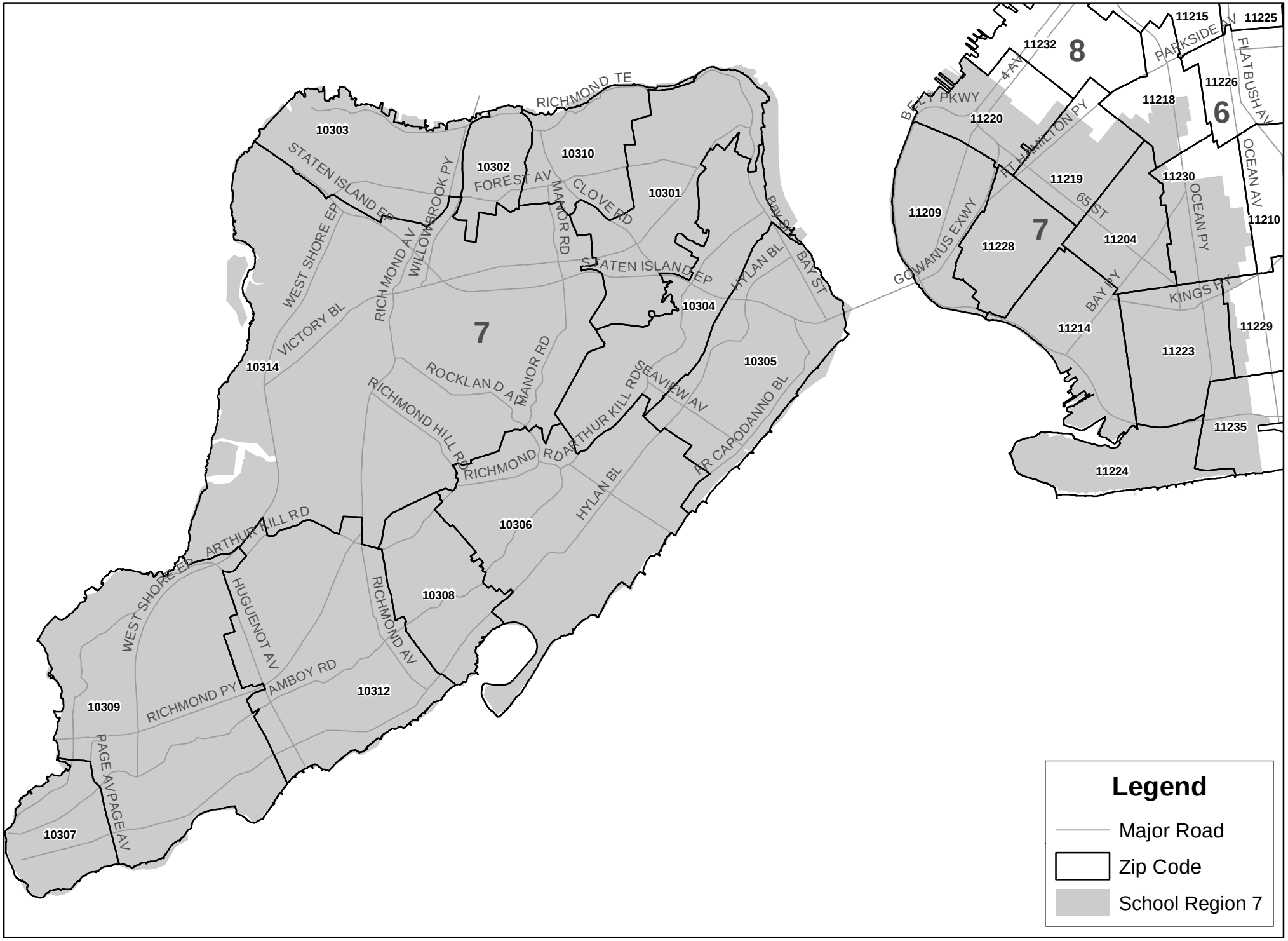School Region 7