

BE A HELMET MVP

Follow these steps to safety!



M

Move it down the forehead
(less than two fingers
above the eyebrow).

V

The straps make a “V” around
the ear.

P

Pull the chin straps snugly.



City of New York
Michael R. Bloomberg, Mayor



New York City
Department of Transportation
Janette Sadik-Khan, Commissioner

DIAL
311 Government Services
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