

Commercial Bicyclist Safety Course



This course is required by NYC law to be completed by every commercial bicyclist.

After completion, tell your employer that you have reviewed all course content so he or she can indicate your completion on the required roster.

Covered in this course:

Employer Responsibilities:

1. Provide equipment for you
2. Provide equipment for the bicycle you operate

Your Responsibilities:

3. Obey traffic laws and rules
4. Practice safe riding habits



1 Employer Responsibilities

Required equipment for commercial bicyclists

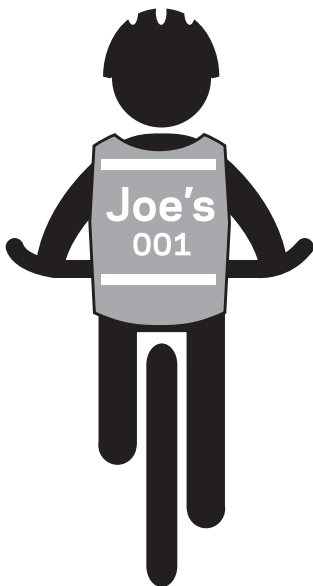
Your employer must provide you with the following:



A bicycle helmet in good condition

JOE'S
001

A unique 3-digit ID number



Retroreflective upper body apparel with the business' name and your unique 3-digit ID number on the back in lettering at least 1 inch high.

ID CARD

 **COMMERCIAL BICYCLIST**

BUSINESS

NAME:

ADDRESS:

PHONE:

BICYCLIST

NAME:

3-DIGIT ID #:

A business ID card to carry whenever you are riding on behalf of the business. It must include:

- Business name, address and phone number
- Your name, photo and 3-digit ID number

2 Employer Responsibilities

Required equipment for commercial bicycles

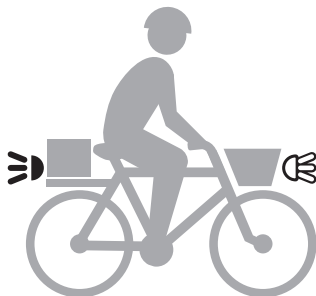
Your employer must provide the following equipment for each commercial bicycle:



A bell or other device capable of giving an audible signal (not a siren or whistle)



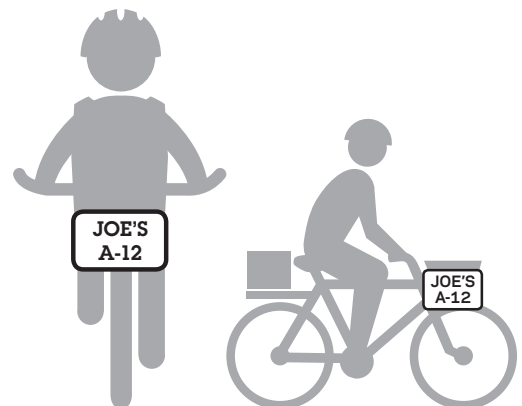
Brakes



White headlight and red taillight



Reflex Reflectors



Metal or plastic sign in good condition at least 3 inches by 5 inches with the business' name and a unique bicycle ID number for each bicycle in lettering at least 1 inch high.

The sign must be affixed to the rear or both sides of the bicycle.



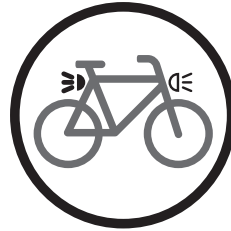
3 Your Responsibilities

Traffic Laws and Rules

You must obey all traffic laws and rules, including:



Yield to pedestrians



Use a white headlight and red taillight at night



Ride in the direction of traffic



Wear a helmet



Stop at all red lights and stop signs



Use a bell to signal presence



Stay off the sidewalk



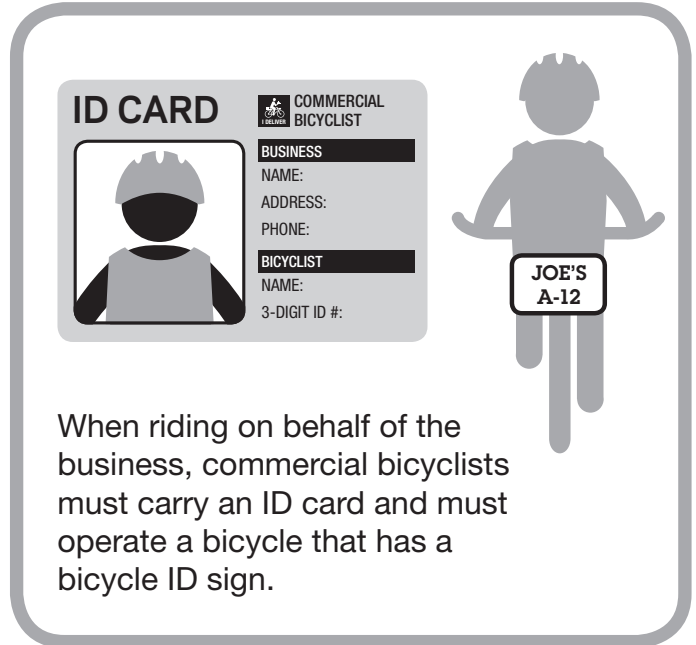
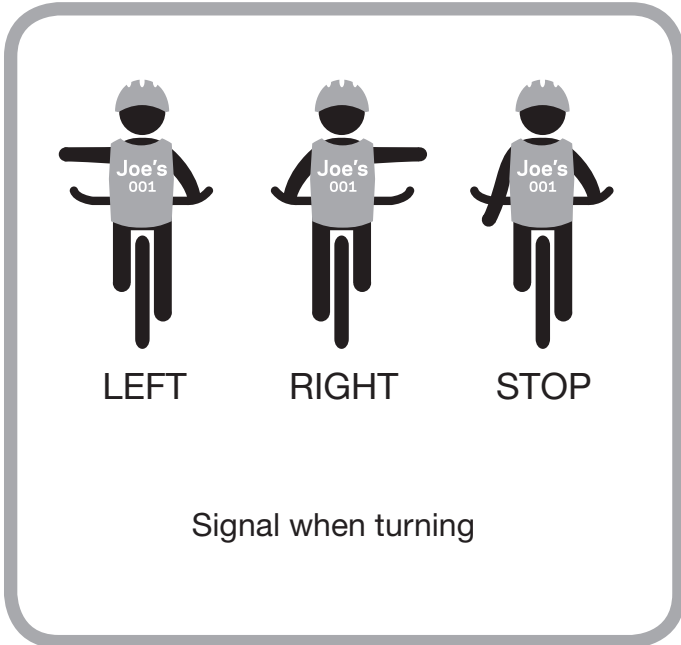
Do not wear more than one earphone while riding



3 Your Responsibilities

Traffic Laws and Rules (CONTINUED)

You must obey all traffic laws and rules, including:



Failure to comply with any of these laws or rules may subject violators to legal sanctions.



4 Your Responsibilities

Safe Riding Tips

Follow these tips for safe cycling:



Don't Ride Distracted

Talking on the phone while riding is dangerous and distracting. It's illegal to ride while wearing both headphones.

Be Extra Cautious In Bad Weather

It's more difficult to see the road and other road users in the rain and snow.



Look out for sewer grates, metal plates and utility access covers which become slippery when wet and covered with snow.

Turn on your lights to stay visible to pedestrians, cars and trucks.



Be Predictable

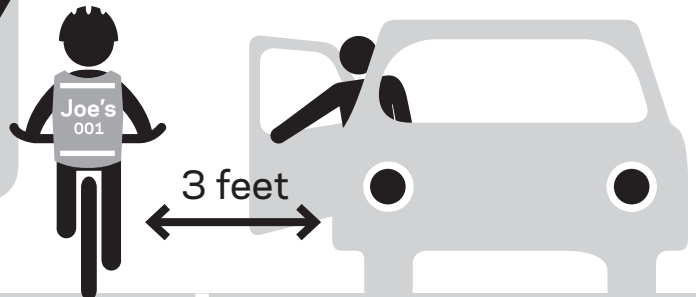
Don't weave in and out of traffic. Don't change lanes abruptly and keep at least one hand on the handlebars at all times.

Stay Alert For Car Doors Opening

Avoid getting "doored" by riding at least three feet away from parked cars.

Avoid the Blind Spot

Trucks have very large blind spots. Leave extra room when riding near them.



Commercial Bicyclist Safety



You have now completed the required DOT Commercial Bicyclist Safety Course.

Tell your employer that you have reviewed all course content so he or she can indicate your completion on the required roster.

For additional information about NYC's commercial bicycling law, please visit nyc.gov/bikes.

