

Status and Goals for 10 Priority Interventions

Agenda Item	Indicator	Current Status (2002)	Goal for 2008	Comment
1 Have a Regular Doctor or Other Health Care Provider	Adult New Yorkers without a regular doctor	1.5 million	More than 300,000 additional New Yorkers with a doctor	Success would reduce the number of New Yorkers not receiving ongoing health care by 20%, increasing the proportion with regular care from 75% to 80% by 2008.
2 Be Tobacco-Free	New Yorkers who smoke	1.4 million smokers	240,000 fewer smokers	Reducing tobacco use by adults from 22% to 18% by 2008 would represent an 18% decrease in the number of people who smoke, and would prevent 80,000 premature deaths.
3 Keep Your Heart Healthy	Proportion of New Yorkers with well-controlled hypertension, high cholesterol, and diabetes	Baselines will be established in 2004	Targets for blood pressure, cholesterol, and diabetes control will be determined in 2004	Current status is based on interview. An accurate baseline survey will be done in 2004.
4 Know Your HIV Status	Number of New Yorkers who die from HIV/AIDS	1,712 ¹ <i>(7,102 at peak in 1994)</i>	Under 1,000	Decreasing the number of HIV/AIDS related deaths by 42% will mean at least 700 fewer deaths per year.

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5 Get Help for Depression	Prevalence of untreated depression among New Yorkers	Unknown	Baselines and targets will be determined in 2004	An in-depth interview survey in 2004 will provide critical baseline data.
6 Live Free of Dependence on Alcohol and Drugs	<p>Rates of unhealthy drinking</p> <p>Drug-related death rates</p>	<p>Alcohol: 21% of men age 18+ and 9% of women age 18+ report they binge drink; 6% of men and 4% women report heavy drinking</p> <p>Drugs: 11.3 per 100,000 deaths²</p>	<p>Baselines and targets for alcohol-related interventions will be determined in 2004</p> <p>Drugs: 8 per 100,000 deaths</p>	<p>Potential monitoring of interventions for alcohol abuse is under review, and more accurate baselines are being determined.</p> <p>Reducing the drug-related death rate by 29% would mean 250 fewer deaths among New Yorkers per year.</p>
7 Get Checked for Cancer	Screening rates for colon, breast, and cervical cancer	<p>50% of New Yorkers age 50+ have been screened for colon cancer (lifetime)</p> <p>77% of women age 40+ have received mammograms in the past 2 years</p>	<p>Colon cancer screening: 60% (200,000 more New Yorkers age 50+ screened)</p> <p>Mammograms: 85% among women age 40+</p>	<p>Increasing the proportion of New Yorkers age 50+ screened for colon cancer to 60% would prevent at least 200 premature deaths each year.</p> <p>Increasing the proportion of women age 40+ screened for breast cancer to 85% would mean an additional 90,000 women would have received recent mammograms.</p>

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		80% of women have received a Pap smear in the past 3 years	Pap smears: 85% among women at high risk	Targets for screening to prevent cervical cancer deaths (151 in 2002) will be determined in 2004.
8 Get the Immunizations You Need	Influenza immunization among New Yorkers age 65+	63%	80%	Increasing the proportion of adults age 65+ who are immunized against influenza to 80% would mean that an additional 160,000 individuals would be immunized against flu each year, reducing their risk of death during the flu season by 50% and preventing more than 1,000 deaths each year.
9 Make Your Home Safe and Healthy	<p>Women who are unsafe or receive injuries due to violence from current or former intimate partners</p> <p>Children with newly identified blood lead level (BLL) an identified lead-based paint violation</p>	<p>Unknown</p> <p>Approximately 740 children under 6 years³</p>	<p>To be determined</p> <p>Fewer than 260 children under age 6</p>	<p>Enhanced injury surveillance and improved reporting of domestic violence will enable establishment of baselines and goals.</p> <p>This would represent a two thirds decrease in the number of children under age 6 who have a BLL ≥ 15 $\mu\text{g}/\text{dL}$ and a lead paint violation.</p>

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10 Have a Healthy Baby	Infant mortality rate per 1,000 live births	6.0 ²	5.0	Reducing the citywide infant mortality rate by 17% would result in at least 100 fewer infant deaths each year.