

*Your doctor has prescribed isoniazid, or INH, to help your body fight tuberculosis (TB) germs.*

## FACTS ABOUT INH

New York City Department of Health & Mental Hygiene  
Bureau of Tuberculosis Control  
Michael R. Bloomberg, Mayor Thomas R. Frieden, MD, MPH, Commissioner



*Keep all your appointments and call the center with any problems.*

Chest Center Address & Telephone	
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For more information, call 311 or  
visit our website: [nyc.gov/health](http://nyc.gov/health)

rev 3/05

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# Outside Card

<b>Name</b>
<b>INH Start Date</b>

- You must take *all* of your medicine as prescribed.
- If you forget to take your medicine, do not take extra pills the next day. Never take more than the prescribed amount of medicine each day.
- Avoid taking Tylenol® while taking INH.
- Do *not* drink alcohol while taking INH.
- While INH is one of the best and safest medicines to fight TB germs, a few people may have side effects. Things you should watch out for are:
  - Nausea                                -Vomiting       -Dark urine
  - Loss of appetite                      -Skin rash
  - Numbness of feet or hands       -Yellowing of skin and eyes

If you have any of these side effects, **stop taking INH** and tell your doctor, nurse or public health advisor (PHA) **immediately**.

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## Inside Card