

Department of Health & Mental Hygiene Chest Centers

Bronx and Staten Island

Morrisania Chest Center 1309 Fulton Avenue, 1st Floor, Bronx
Phone 718-579-4157 / 718-579-4163

Richmond Chest Center 51 Stuyvesant Place, 4th Floor, Staten Island
Phone 718-420-1028 / 718-420-1167

Brooklyn

Bedford Chest Center 485 Throop Avenue, 3rd Floor
Phone 718-574-2462 / 718-574-2463

Brownsville Chest Center 259 Bristol Street, 3rd Floor
Phone 718-495-7258 / 718-495-8281

Bushwick Chest Center 335 Central Avenue, 2nd Floor
Phone 718-573-4886 / 718-573-4891

Fort Greene Chest Center 295 Flatbush Avenue Extension, 4th Floor
Phone 718-643-8357 / 718-643-8358

Manhattan

Chelsea Chest Center 303 Ninth Avenue, 3rd Floor
Phone 212-239-1757 / 212-239-1790

Washington Heights Chest Center 600 W. 168th Street, 3rd Floor
Phone 212-368-4500

Queens

Corona Chest Center 34-33 Junction Boulevard, 2nd Floor
Phone 718-476-7635 / 718-476-7636

Far Rockaway Chest Center 67-10 Rockaway Beach Boulevard, 2nd Floor
Phone 718-474-2100 / 718-474-2101

Jamaica Chest Center 90-37 Parsons Boulevard, 4th Floor
Phone 718-262-5539

My Chest Center

Phone:

Directions:

Hours:

Other:

Monthly Check-ups Are Important

You must come to the center to:

- ✓ Get the next month's supply of medicine
- ✓ Make sure you are not having any side effects
- ✓ Ask any questions you have



New York City Department of Health & Mental Hygiene
Bureau of Tuberculosis Control



LET ME
INTRODUCE
YOU TO DOT:

DIRECTLY OBSERVED THERAPY
FOR ACTIVE TB DISEASE

DOT Works! DOT Can Cure TB!

DOT stands for **Directly Observed Therapy**. It is a program where you work with a personal health care worker to make sure you get better. It is also widely known as the best way to provide treatment for people with tuberculosis (TB).

Tell me more.

Treatment for active TB disease is difficult for many reasons. It requires taking 2 or more medicines for at least 6 months. Most people either have trouble remembering to take their medicines, or they take their medicines just until they start to feel better. But if these things happen, a person with TB could get sick again. The TB germs could even become resistant to the medicines, and therefore harder to kill.

With DOT, you do not have to worry because you know that someone is looking out for you. You, your doctor, and a trained DOT worker become a team. All of you work together throughout the entire treatment process to make sure that you are getting better.

DOT is convenient and easy to arrange, and it can fit into your daily routine. You can arrange for DOT wherever it is convenient and private for you, such as:

- At any of the Chest Centers in New York City
- At home
- At work
- At some hospital clinics

Other DOT benefits include:

- ✓ Free TB medicines
- ✓ Frequent medical checkups
- ✓ Help with transportation to and from Chest Center visits
- ✓ Free Metrocards and certificates to fast-food restaurants
- ✓ Free social services



With DOT, you develop relationships with specially trained health care workers, people who can help you with your treatment and help refer you to other services and resources that you may need.

Am I eligible for DOT?

If you live in New York City and you have been diagnosed with TB disease, you are eligible for DOT.

You do not need health insurance, and you do not need to worry about immigration. Your health is our primary concern.

Why should I do DOT?

Because it works! And it is free and confidential!

Remembering to take your medicine is hard. But if you stop taking your medicines before you doctor tells you to, or take them only once in a while, you can get sick with TB again; and this time it can be worse than before, harder to treat, and take longer to cure.

With DOT, we can help you stick to treatment. You get support. You get better faster, and others around you will not get infected.

How do I sign up?

It is easy. All you have to do is tell one of our physicians, nurses or public health advisors (PHAs) that you want to enroll in DOT, and she or he will take it from there.