

How can I poison proof my home?

- Identify the things inside and outside your home that are poisons.
- Keep poisons out of children's reach.
- Keep products in the original container. Make sure bottles are labeled.
- Never keep non-food items with food.
- Use cabinet safety locks.
- Install carbon monoxide detectors in sleeping areas.
- Keep plants up high and out-of-reach.
- Use child-resistant containers. Be sure they are closed the right way.
- Be sure that babysitters and family members know about the Poison Control number.
- Post the Poison Control Center number **(1-800-222-1222)** on all telephones.

- Your Poison Control Center is open 24 hours a day, 7 days a week.
- Pharmacists and nurses certified in poison information are there to give advice.
- All calls are free and confidential.
- Translation services are provided.
- Ask for free brochures, telephone stickers, and magnets.



POISON
Help
1-800-222-1222

212-POISONS (212-764-7667)
212-689-9014 TDD

Visit our website at
nyc.gov/health



You Can
Poison Proof
Your Home

**New York City
Poison Control Center**
Call 1-800-222-1222
24 hours a day,
7 days a week

What is a poison?

Poisons are things that can make us sick if we swallow, spill, splash, or inhale them. You can take steps to poison proof your home.

Why do poisonings happen?

Poisonings often happen when products are being used. Be sure to put away dangerous products if a doorbell, telephone, or child distracts you.

What are some poisons in my home?

- Cleaning products
- Drain openers
- Perfume, mouthwash
- Plants
- Pesticides and rat poisons
- Medicines

Check each room for things that may be poisons. Keep poisons out-of-reach of children.

Be Safe About Medicine

- Use a medicine dropper. Do not use kitchen spoons to give medicine to children. Kitchen spoons come in many sizes.
- Never call medicine candy. Children should know the difference.
- Keep a list of all the medicines you take. Include prescription and over-the-counter medicines, vitamins, and herbals.
- Wear your glasses and turn on the light when taking medicine.
- Check the expiration date.

**Call the New York City Poison Control Center
at 1-800-222-1222 or 212-POISONS
(212-764-7667).**



Lock up cleaning products.



Never call medicine candy.



Keep plants up high and out-of-reach.



Wear your glasses when taking medicine.