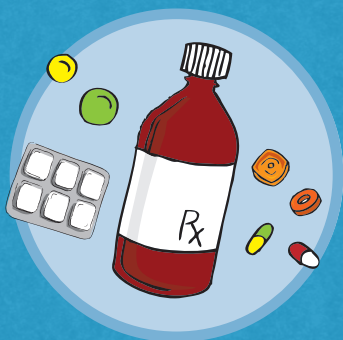




Lock up cleaning products



Never call medicine candy



Keep plants up high and out-of-reach



Wear your glasses when taking medicine

- o Your Poison Control Center is open 24 hours a day, 7 days a week.
- o Pharmacists and nurses certified in poison information are there to give advice.
- o All calls are free and confidential.
- o Translation services are provided.
- o Ask for free brochures, telephone stickers and magnets.

You Can Poison Proof Your Home



POISON
Help
1-800-222-1222

212.POISONS
(212.764.7667)

212.689.9014
telephone number for
the hearing impaired

Visit our website at
nyc.gov/health



THE NEW YORK CITY
DEPARTMENT OF HEALTH
and MENTAL HYGIENE



SOUTH MANHATTAN HEALTHCARE NETWORK

New York City Poison Control Center

What is a poison?

Poisons are things that can make us sick if we swallow, spill, splash or inhale them. You can take steps to poison proof your home.

Why do poisonings happen?

Poisonings often happen when products are being used. Be sure to put away dangerous products if a doorbell, telephone or child distracts you.

What are some poisons in my home?

- Cleaning products
- Drain openers
- Perfumes and mouthwash
- Plants
- Pesticides and rat poisons
- Medicines

Check each room for things that may be poisons. Keep poisons out-of-reach of children.

Be Safe About Medicine

- Use a medicine dropper. Do not use kitchen spoons to give medicine to children. Kitchen spoons come in many sizes.
- Never call medicine candy. Children should know the difference.
- Keep a list of all the medicines you take. Include prescription and over-the-counter medicines, vitamins and herbals.
- Wear your glasses and turn on the light when taking medicine.
- Check the expiration date.

How can I poison proof my home?

- Identify the things inside and outside your home that are poisons.
- Keep poisons out of children's reach.
- Keep products in the original container. Make sure bottles are labeled.
- Never keep non-food items with food.
- Use cabinet safety locks.
- Install carbon monoxide detectors in sleeping areas.
- Keep plants up high and out-of-reach.
- Use child-resistant containers. Be sure they are closed the right way.
- Be sure that babysitters and family members know about the Poison Control Center number.
- Post the Poison Control Center number (1.800.222.1222) on all telephones.



**New York City
Poison Control Center**

**Call 1.800.222.1222
or 212.POISONS**
24 hours a day, 7 days a week