



**When I found out I was  
having my first baby,  
I knew I needed help.**

**My nurse from the Nurse-Family Partnership helped  
me make a plan to take care of my baby and myself.**

The Nurse-Family Partnership provides support to first-time moms – and it's FREE! Create a better future for you and your baby. Enroll up to your seventh month of pregnancy – regardless of age and immigration status.



Michael R. Bloomberg  
Alcalde  
Thomas Farley, M.D., M.P.H.  
Comisionado

**Call 311 and ask for the  
Nurse-Family Partnership**

