




Halloween Safety Tips

Halloween is a favorite time of year for children and adults all around New York City. Here are tips for celebrating in a safe and healthy way.

COSTUMES:

-  Make your child visible – Have them wear a brightly-colored costume, carry a brightly-colored treat bag, and place reflective strips on the costume. These actions help drivers see your child better in the dark.
-  Costumes and masks should fit well to avoid blocked vision or trip hazards. Costume accessories such as swords, canes and jewelry should not be too long or sharp.
-  For teenagers and adults - Decorative contact lenses can cause serious eye injury. Check with your doctor before wearing them.

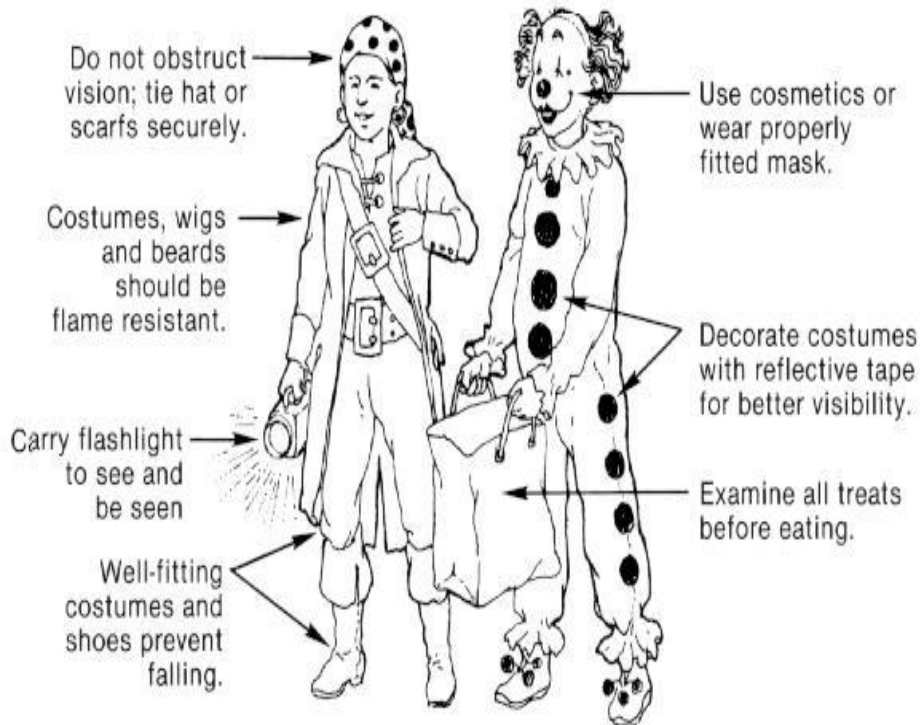





Image Source: cpsc.gov


TRICK-OR-TREATING:


-  Supervise your child when trick-or-treating or make sure they're with a trusted adult. Don't let your child enter anyone's home alone.

 Tell your child to look both ways before crossing the street and cross only at street corners.

 Carefully check treats for tampering, choking hazards and possible allergies and limit the amount of treats your child eats.


EXPECTING TRICK-OR-TREATERS:

 Give out healthy treats such as dried fruit packets or individually-wrapped string cheese.

 Remove clutter and wet leaves from sidewalks and steps to avoid slips and falls.

PUMPKIN CARVING:

 Only adults should carve the pumpkin. Supervise children closely around carving tools.

 Use a tea light or glow stick in the jack o'lantern instead of a burning candle.

Related Link:

CDC Halloween Health and Safety Tips: <http://www.cdc.gov/family/halloween/>