

Breastfeeding



A C T I O N K I T

Breastfeeding

ACTION KIT

This Breastfeeding Action Kit was created to provide you with valuable tools and resources to help you educate your patients on the importance of breastfeeding. We hope you use these materials and talk with your patients about the resources and support services available to help mothers continue to exclusively breastfeed.

Clinical Tools

- *Breastfeeding Positions: See What Works Best For You.* Fact Sheet
- *Breastfeeding Positions: See What Works Best For You.* Poster
- Breastfeeding Support Referral Form

Provider Resources

- *“Breastfeeding and the Use of Human Milk,”* American Academy of Pediatrics
- *“Breastfeeding: Maternal and Infant Aspects,”* American College of Obstetrics and Gynecology
- Breastfeeding Pocket Guide
- *“Encouraging and Supporting Breastfeeding,”* City Health Information. 2009; Vol. 28(2): 1-8
- Guide to Breastfeeding Resources
- How to Order More Materials

Patient Education Materials

- *Breastfeeding Your Baby* Brochure
- *Once You Choose to Breastfeed* Card
- Wall Poster



Michael R. Bloomberg
Mayor
Thomas R. Frieden, MD, MPH
Commissioner



This Action Kit is available to download at www.nyc.gov/health/publichealthdetailing