

# Get Checked.

**50 or older?  
It's time for a colonoscopy-NOW!**

**Colon cancer kills, but it doesn't have to. Colonoscopy can prevent colon cancer and save your life. Most insurance plans, including Medicare and Medicaid, cover colonoscopy.**

10.05



The New York City Department of Health and Mental Hygiene  
Michael R. Bloomberg, Mayor  
Thomas R. Frieden, M.D., M.P.H., Commissioner  
[nyc.gov/health](http://nyc.gov/health)



Talk to your doctor or  
call **311** for information.

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Legendary R&B Vocalists,  
Nick Ashford and Valerie Simpson



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