

# Move to Fruits & Vegetables

Your Heart  
and Your Waistline  
Will Thank You

**Now  
Available at  
Participating  
Bodegas**

**\* Kick off event:  
Friday, December 8th  
2:30 p.m. - 4:00 p.m.  
PS 57**

**176 E. 115 St.  
and  
PS 96  
216 E. 120 St.**

**Free  
Samples!**

