

New York City Food Standards

Part III: Standards for Food Vending Machines

The Standards for Food Vending Machines were enacted December of 2011, pursuant to Executive Order 122. These Standards apply to all types of food vending machines including non-refrigerated “snack” and refrigerated machines. Follow these standards to make vending machine choices healthier for employees and visitors.

Snack Standards

Snacking in excess can lead to weight gain. Snacks, when consumed, should add healthy nutrients to the overall diet and help curb hunger.

- 1) Require that snacks meet all of the following criteria, per package:
 - Calories: no more than 200 calories
 - Total fat: no more than 7 grams
 - Nuts, seeds, nut butters and cheese are exempt
 - Combination products of dried fruit and nuts are exempt
 - Saturated fat: no more than 2 grams
 - Nuts, seeds, nut butters and cheese are exempt
 - Trans fat: 0 grams trans fat
 - Sodium: no more than 200 mg
 - Cottage cheese: no more than 400 mg
 - Sugar: no more than 10 grams
 - Fruit and vegetable products with no added sugar are exempt
 - Yogurt: no more than 30 grams sugar per 8 ounces
 - Contain at least 2 grams of fiber, if product is grain/potato-based (e.g. granola bars, crackers, pretzels, cookies, chips)

- 2) Limit grain/potato-based snacks (includes similar products, such as corn, plantain and taro chips) to no more than 50% of food items in machine.

- 3) Require that calorie information is posted for each food item, as packaged.

For more information, please contact: nycfoodstandards@health.nyc.gov

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Meal Standards

Meal items include salads, sandwiches, burritos, and combination packaged items such as tuna lunch kits. Breakfast breads and pastries must meet the snack standards.

- 1) Require each meal meet all of the following criteria:
 - Calories: no more than 700 calories (all items \leq 200 calories must follow snack standards)
 - Total fat: no more than 35% of calories
 - Salads: no more than 60% of calories
 - Saturated fat: no more than 10% of calories
 - Salads: no more than 20% of calories
 - Trans fat: 0 grams trans fat
 - Sodium: no more than 800 mg
 - Soup: no more than 480 mg per 8 ounces
 - Sugar: no more than 35% of calories
- 2) Refrigerated machines must stock fresh fruit and vegetable items.
- 3) Require that calorie information is posted for each food item, as packaged.

Standards for Children

For vending locations regularly used by children age 18 and under, all standards described above apply and the following additional criteria must be met:

- Products may not contain artificial flavors, artificial colors, artificial sweeteners, or other non-nutritive sweeteners (e.g. stevia, erythritol).