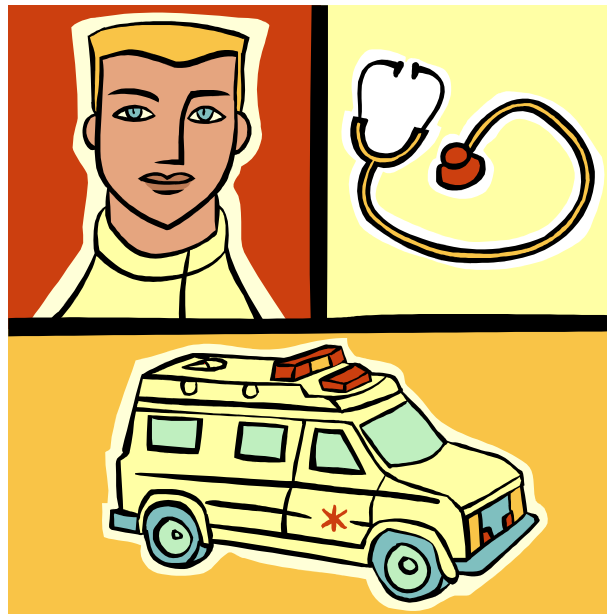


# Guidelines for Aquatic, CPR, and First Aid Certifications



**NYC**<sup>TM</sup> NEW YORK CITY DEPARTMENT OF  
HEALTH AND MENTAL HYGIENE  
Health Thomas Farley, MD, MPH  
*Commissioner*

# Health Certifications & Qualifications



The Department requires that camp operators employ staff who are properly trained and possess valid certifications for the appropriate First Aid and CPR courses for their respective titles (i.e. Health Director, Aquatics Director, etc.) **prior** to receiving a permit to operate.

*Your permit can be denied or revoked, resulting in a closure of your camp and/or being fined, if:*

- All certificates are not on-site and readily accessible during your camp's inspection.
- Trainings or certifications are discovered to be falsified, unapproved, or invalid.

## How to get certified...

Below is a partial list of organizations recognized by the New York State Department of Health as offering approved trainings for camp personnel. Please contact them via phone or on the web to obtain the schedule of trainings nearest you.

Organization	Phone	Website
American Red Cross (ARC)	(800) 733-2767	<a href="http://www.nyredcross.org">www.nyredcross.org</a>
National Safety Council (NSC)	(800) 621-7619	<a href="http://www.nsc.org">www.nsc.org</a>
Regional Emergency Medical Services (REMSCO)	(212) 870-2301	<a href="http://www.nycremsco.org">www.nycremsco.org</a>
American Safety & Health Institute (ASHI)	(800) 682-5067	<a href="http://www.ashinstitute.org">www.ashinstitute.org</a>
American Heart Association (AHA)	(212) 878-5900 (800) 242-8721	<a href="http://www.americanheart.org">www.americanheart.org</a>
YMCA	(212)630-9600	<a href="http://www.ymcanyc.org">www.ymcanyc.org</a>

New York City Department of Health & Mental Hygiene  
 Bureau of Food Safety and Community Sanitation  
 Office of Summer Camps  
 253 Broadway, 12<sup>th</sup> Floor, CN-59A  
 New York, NY 10007  
 Tel. (212) 442-2630/2626  
 Fax (212) 442-2629

Web: <http://www.nyc.gov/html/doh/html/camp/camp.shtml>

# ADVANCED FIRST AID CERTIFICATIONS

for NYS Children's Camp Staff

## Fact Sheet – April 2012

(Go to [www.health.ny.gov](http://www.health.ny.gov) to view most current certification list)

Subpart 7-2 of the State Sanitary Code requires the health director, other staff specified in section 7-2.8, and certain camp trip and activity leaders<sup>1</sup> to possess valid certification in a course accepted by the Department as being equivalent to or exceeding course standards specified in Section 7-2.2(m). First Aid certifications are valid for the time period specified by the provider, but may not exceed three years from the date of course completion.

Some medical personnel may possess training and experience that is equivalent to or exceeds this certification requirement. A résumé or list of qualifications should be submitted to the local permit-issuing official for evaluation.

Accepted Courses	
Provider	Certification Title
<b>American Red Cross</b>	<ul style="list-style-type: none"> <li>• Emergency Medical Response</li> <li>• Emergency Response<sup>2</sup></li> <li>• Responding to Emergencies</li> <li>• Wilderness First Aid Basics</li> <li>• Wilderness and Remote First Aid</li> </ul>
<b>American Safety &amp; Health Institute</b>	<ul style="list-style-type: none"> <li>• Basic Wilderness First Aid</li> <li>• Wilderness First Aid</li> <li>• Wilderness First Responder</li> <li>• Wilderness EMT</li> </ul>
<b>Canadian Red Cross Society</b>	<ul style="list-style-type: none"> <li>• Standard First Aid</li> </ul>
<b>Emergency Care and Safety Institute</b>	<ul style="list-style-type: none"> <li>• Advanced First Aid</li> <li>• Emergency Medical Responder</li> <li>• First Responder<sup>2</sup></li> <li>• Wilderness First Aid BSA (16 hours) (course title – Boy Scouts of America Wilderness First Aid)</li> <li>• Wilderness First Aid Basic</li> <li>• Wilderness First Aid Standard</li> <li>• Wilderness First Aid Advanced Level</li> </ul>
<b>National Safety Council</b>	<ul style="list-style-type: none"> <li>• NSC Emergency Medical Response</li> <li>• NSC Advanced First Aid (Course title – NSC Advanced First Aid, CPR &amp; AED)</li> <li>• First Aid Taking Action<sup>2</sup></li> <li>• First Responder<sup>2</sup></li> </ul>
<b>National Ski Patrol</b>	<ul style="list-style-type: none"> <li>• Outdoor Emergency Care Technician</li> </ul>
<b>New York State</b>	<ul style="list-style-type: none"> <li>• Emergency Medical Technician (EMT)</li> <li>• Certified First Responder</li> </ul>
<b>New York State Department of Environmental Conservation</b>	<ul style="list-style-type: none"> <li>• Summer Camp First Aid for Camp Counselors and Camp Directors</li> </ul>
<b>SOLO Wilderness Emergency Medicine</b>	<ul style="list-style-type: none"> <li>• Wilderness First Aid</li> <li>• Wilderness First Responder</li> <li>• Wilderness EMT</li> </ul>

<b>St. John Ambulance Canada</b>	<ul style="list-style-type: none"> <li>• Advanced Medical First Responder – Level 1</li> <li>• Advanced Medical First Responder – Level 2</li> <li>• Advanced First Aid – Level 1<sup>2</sup></li> <li>• Advanced First Aid – Level 2<sup>2</sup></li> <li>• Standard First Aid</li> </ul>
<b>Wilderness Medical Associates</b>	<ul style="list-style-type: none"> <li>• Wilderness Advanced First Aid</li> <li>• Wilderness First Responder</li> <li>• Wilderness EMT</li> <li>• Wilderness First Aid 16 Hours (Wilderness First Aid <b>option B</b> – 16 Hours is <b>not</b> acceptable)</li> </ul>
<b>Wilderness Medicine Institute of the National Outdoor Leadership School</b>	<ul style="list-style-type: none"> <li>• Wilderness Advanced First Aid</li> <li>• Wilderness First Responder</li> <li>• Wilderness EMT</li> </ul>

<sup>1</sup>A trip leader of a camp trip that includes an activity where emergency medical care is not readily available or an activity such as wilderness hiking, rock climbing, camping, horseback riding, bicycling, swimming and/or boating shall possess or be accompanied by staff who possess certifications in one of the above acceptable courses; For camp trip swimming activities where emergency medical care is readily available, the certifications listed below may be substituted.

An activity leader of an activity on the camp property where other staff certified in first aid in accordance with Section 7-2.8 of Subpart is not readily available, shall possess or be accompanied by staff who possess certifications in one of the above acceptable courses.

<sup>2</sup>The first aid course is no longer offered. Existing certifications are valid for a maximum of three years from the date of certification.

## BASIC FIRST AID

<b>At a SUMMER DAY CAMP, when the camp's program does not include equestrian, bicycling, challenge course, rock climbing, boating, riflery, archery, motorized recreational vehicles, wilderness hiking/activities, and similar activities; and emergency medical care is available within 10 minutes, the following certifications may be substituted for the above courses.</b>	
<b>Provider</b>	<b>Certification Title</b>
<b>American Lifeguard Association</b>  Certificates must include words Instructor-Led Course	<ul style="list-style-type: none"> <li>• Community First Aid and Safety Instructor-Led Course</li> <li>• Lifeguard Training – Community First Aid and Safety Instructor-Led Course</li> </ul>
<b>American Heart Association</b>	<ul style="list-style-type: none"> <li>• Heartsaver First Aid</li> <li>• Heartsaver First Aid, CPR, AED</li> <li>• Heartsaver Pediatric First Aid</li> </ul>
<b>American Red Cross</b>	<ul style="list-style-type: none"> <li>• First Aid/CPR/AED</li> </ul>
<b>EMS Safety Services Inc.</b>	<ul style="list-style-type: none"> <li>• Basic First Aid</li> <li>• Basic First Aid &amp; CPR</li> </ul>
<b>National Safety Council</b>	<ul style="list-style-type: none"> <li>• NSC First Aid</li> <li>• NSC First Aid, CPR &amp; AED</li> </ul>

# CARDIOPULMONARY RESUSCITATION (CPR) CERTIFICATION\*

## for NYS Children's Camps and NYS Bathing Facilities

### Fact Sheet – April 2012

(Go to [www.health.ny.gov](http://www.health.ny.gov) to view the most current certification list)

The New York State Sanitary Code (SSC) requires certain staff to possess a valid two-rescuer cardiopulmonary resuscitation (CPR) certification in a course accepted by the Department as providing an adequate level of training as follows:

**Children's Camps (Subpart 7-2 of the SSC)** - CPR certification is required for the health director and other staff specified in sections 7-2.8 and 7-2.11(a)(5), aquatics director, lifeguards, and certain trip and activity leaders<sup>1</sup>.

**Swimming Pools and Bathing Beaches (Part 6 of the SSC)** - CPR certification is required for all lifeguards (Supervision Levels I, IIa, IIb).

Accepted Courses	
Provider	Certification Title
<b>American Red Cross</b>	<ul style="list-style-type: none"> <li>• CPR/AED for the Professional Rescuer<sup>2</sup></li> <li>• CPR/AED for the Professional Rescuer and Healthcare Providers</li> <li>• CPR/AED for Lifeguards</li> </ul>
<b>American Heart Association</b>  Certification listing "Laerdal Medical" as the "TC address contact Info" and "Course Location" on the back of the card are <b>not acceptable</b> .	<ul style="list-style-type: none"> <li>• BLS Instructor</li> <li>• BLS for Health Care Providers</li> </ul>
<b>American Lifeguard Association</b>	<ul style="list-style-type: none"> <li>• Professional Rescuer CPR <b>Instructor-led Course</b></li> </ul>
<b>American Safety &amp; Health Institute</b>	<ul style="list-style-type: none"> <li>• American Safety and Health CPR for Professional Rescuers (CPR PRO)</li> </ul>
<b>Emergency Care and Safety Institute</b>	<ul style="list-style-type: none"> <li>• Health Care Provider CPR</li> <li>• Professional Rescuer CPR<sup>2</sup></li> </ul>
<b>EMS Safety Services, Inc.</b>	<ul style="list-style-type: none"> <li>• CPR/AED for the Professional Rescuer</li> </ul>
<b>Heart &amp; Stroke Foundation of Canada</b>	<ul style="list-style-type: none"> <li>• Level C - Basic Rescuer CPR</li> </ul>
<b>National Safety Council</b>	<ul style="list-style-type: none"> <li>• NSC Basic Life Support for Healthcare Providers (Course title - Basic Life Support for Healthcare and Professional Rescuers)</li> <li>• BLS Healthcare and Professional Rescuers<sup>2</sup></li> </ul>
<b>New York City Department of Parks &amp; Recreation</b>	<ul style="list-style-type: none"> <li>• Municipal CPR: Basic Life Support</li> </ul>
<b>New York State Department of Environmental Conservation</b>	<ul style="list-style-type: none"> <li>• CPR/AED for Lifeguards, Camp Counselors and Camp Directors</li> </ul>
<b>Regional Emergency Medical Services Council of New York City</b>	<ul style="list-style-type: none"> <li>• BCLS for Health Care Providers Course</li> </ul>
<b>St. John Ambulance Canada</b>	<ul style="list-style-type: none"> <li>• Level C (Basic Rescuer) CPR</li> </ul>

*\* CPR certification is valid for 1 year from the date of certification, regardless of expiration date on card.*

<sup>1</sup> A trip leader of a camp trip that includes an activity where emergency medical care is not readily available or an activity such as wilderness hiking, rock climbing, camping, horseback riding, bicycling, swimming and/or boating shall possess or be accompanied by staff who possess certification in a course listed on this Fact Sheet.

An activity leader of an activity on the camp property where other CPR certified staff is not readily available shall possess or be accompanied by staff who possess certification in a course listed on this Fact Sheet.

<sup>2</sup> The CPR course is no longer offered, existing certifications are valid for a maximum of 1 year from date of certification.

# CAMP AQUATICS DIRECTOR

## *for NYS Children's Camp Bathing Facilities*

### Fact Sheet – April 2012

(Go to [www.health.ny.gov](http://www.health.ny.gov) to view most current certification list)

A camp aquatics director must oversee all swimming activities that occur at swimming pools and bathing beaches operated as part of a children's camp. This person shall supervise lifeguards and other required staff during swimming activities and implement the camp safety plan. The camp aquatics director must:

- be at least 21 years of age
- have a minimum of:
  - one season of previous experience as a camp aquatics director at a New York State children's camp; or
  - two seasons of previous experience consisting of at least 12 weeks as a children's camp lifeguard which had more than one lifeguard supervising it at a time; or
  - 18 weeks of previous experience as a lifeguard at a swimming pool or bathing beach which had more than one lifeguard supervising it at a time
- hold an accepted and current cardiopulmonary resuscitation (CPR) certificate as listed on the Fact Sheet entitled "Cardiopulmonary Resuscitation (CPR) Certification for NYS Children's Camps and NYS Bathing Facilities"
- annually review and document the review of the camp's safety plan for swimming
- possess current certification in a training course for lifeguard supervision and management as described below:

<b>Acceptable Lifeguard Supervision and Management Courses</b>	
<b>Provider</b>	<b>Certification Title</b>
American Red Cross	<ul style="list-style-type: none"> <li>• Lifeguard Management</li> <li>• Lifeguard Instructor</li> </ul>
Boy Scouts of America	<ul style="list-style-type: none"> <li>• BSA Aquatic Instructor</li> </ul>
New York State Department of Environmental Conservation	<ul style="list-style-type: none"> <li>• New York State Lifeguard Management</li> </ul>
YMCA	<ul style="list-style-type: none"> <li>• Aquatics Management</li> <li>• Aquatics Management Trainer</li> </ul>

An Aquatics Director may not perform lifeguard duties unless currently certified as a qualified lifeguard, or assess swimming ability unless currently certified as a progressive swimming instructor (see corresponding Fact Sheets available at [www.health.ny.gov](http://www.health.ny.gov) or from your local health department).

**Level III and IV Aquatic Supervision Staff  
CARDIOPULMONARY RESUSCITATION (CPR) CERTIFICATIONS\***  
For NYS Bathing Facilities

**Fact Sheet – April 2012**

(Go to [www.health.ny.gov](http://www.health.ny.gov) to view most current certification list)

Level III and IV Aquatic Supervisory Staff are required to possess an American Red Cross (ARC) CPR or equivalent (except when staff is employed at bathing facilities that are part of a temporary residence or campground). As a result of changes in ARC's curriculum, the code standard "Community CPR" is no longer taught. Acceptable certification equivalents are listed below.

<b>Accepted Courses</b>	
<b>Provider</b>	<b>Certification Title</b>
<b>American Heart Association</b>	<ul style="list-style-type: none"> <li>➤ Heartsaver CPR<sup>1</sup></li> <li>➤ Heartsaver AED<sup>1</sup></li> <li>➤ Heartsaver CPR AED</li> </ul>
<b>American Red Cross</b>	<ul style="list-style-type: none"> <li>➤ CPR-Adult, Child and Infant</li> <li>➤ CPR/AED-Adult plus CPR-Child and Infant</li> <li>➤ CPR/AED Adult and Child plus CPR-Infant</li> </ul>
<b>Emergency Care and Safety Institute</b>	<ul style="list-style-type: none"> <li>➤ Adult and Pediatric CPR<sup>1</sup></li> <li>➤ Adult and Pediatric CPR/AED<sup>1</sup></li> <li>➤ Adult, Child, Infant CPR</li> <li>➤ Adult, Child, Infant CPR/AED</li> </ul>
<b>EMS Safety Services, Inc.</b>	<ul style="list-style-type: none"> <li>➤ CPR</li> </ul>
<p><b>Medic First Aid</b></p> <p>Cards must be accompanied by a "Successful Evaluation Certificate" which indicates that the individual has passed written and performance evaluations</p>	<ul style="list-style-type: none"> <li>➤ Medic First Aid Basic and Medic First Aid Infant and Child Supplement (both certifications required)</li> <li>➤ Medic First Aid Care Plus CPR (card must indicate that Adult, Infant, and Child Skills were taught)</li> </ul>

***\*CPR certification is valid for 1 year from the date of certification, regardless of the expiration date shown on the card.***

ARC CPR/AED for the Professional Rescuer and its equivalents exceed the requirements for ARC CPR – Adult, Child and Infant and are also acceptable for Level III and IV Aquatic Supervisory staff. A complete list of these courses can be found on the Fact Sheet entitled "Cardiopulmonary Resuscitation (CPR) Certification for NYS Children's Camps and NYS Bathing Facilities."

<sup>1</sup> The CPR course is no longer offered. Existing certifications are valid for a maximum of 1 year from date of certification.

# AQUATIC CERTIFICATIONS for NYS Bathing Facilities

## Fact Sheet - April 2012

(Go to [www.health.ny.gov](http://www.health.ny.gov) to view most current certification list.)

When the State Sanitary Code (SSC) requires "lifeguard supervision" or a "qualified lifeguard" at a bathing facility, an approved lifeguard certification SPECIFIC to the type of bathing facility is required.

**NOTE:**

- All lifeguards are required to possess American Red Cross (ARC) Basic Life Support for the Professional Rescuer cardiopulmonary resuscitation (CPR) or a CPR equivalent noted on the CPR fact sheet unless otherwise indicated. All cardiopulmonary resuscitation certificates are valid for 1 year from course completion, regardless of the expiration date noted on the card.
- Children's camp lifeguards must be at least 17 years of age, except;
  - A maximum of 50% of the required lifeguards on duty may be 16 years of age;
  - Lifeguards for wilderness swimming must be at least 18 years of age.
- Lifeguard certifications shall be valid for the time period specified by the certifying agency, but may not exceed a consecutive three-year period from course completion.
- Supervising lifeguards must possess at least Supervision Level IIb certification, be at least 18 years old, and have at least 2 seasons of lifeguarding experience.

<b><u>STANDARD</u></b>				
<b>New York State Sanitary Code</b>	<ul style="list-style-type: none"> <li>• Subpart 6-1, Section 6-1.31, Swimming Pools</li> <li>• Subpart 6-2, Section 6-2.20, Bathing Beaches</li> <li>• Subpart 7-2, Section 7-2.5(g), Children's Camps</li> </ul>			
<b><u>ACCEPTED COURSES</u></b>				
		<b>SUPERVISION LEVEL</b> Marked boxes indicate acceptability		
PROVIDER	CERTIFICATION TITLE	Level I Surf	Level II b Pool & Beach	Level II a Pool Only
<b>American Red Cross (ARC)</b> A CERTIFICATION IN THE OLD ARC CURRICULUM REMAINS VALID UNTIL EXPIRATION, BUT NO LATER THAN 8/30/2015, AS COURSES IN THE OLD ARC CURRICULUM WILL NO LONGER BE TAUGHT AFTER 8/31/2012. FOR COURSES INDICATED AS NEW IN 2012, THE FOLLOWING APPLY: 1) CERTIFICATIONS ARE VALID FOR 2 YEARS FROM DATE OF ISSUANCE. 2) A SEPARATE CERTIFICATE FOR CPR IS NOT REQUIRED IN FIRST YEAR OF CERTIFICATION. *A SEPARATE CERTIFICATE FOR WATERFRONT SKILLS MODULE IS REQUIRED.	Lifeguarding/First Aid/CPR/AED (New 2012)			X
	Lifeguarding/First Aid/CPR/AED with Waterpark Skills Module (New 2012)			X
	Lifeguarding/First Aid/CPR/AED with Waterfront Skills Module (New 2012)*		X	X
	Lifeguarding			X
	Waterpark Lifeguarding			X
	Waterfront Lifeguarding		X	X
<b>American Lifeguard Association (ALA)</b> CERTIFICATE MUST STATE THE WORDS "INSTRUCTOR-LED COURSE"	Lifeguarding Instructor-Led Course			X
	Waterpark Lifeguarding Instructor-Led Course			X
	Waterfront Lifeguarding Instructor-Led Course		X	X
<b>Boy Scouts of America (BSA)</b> ALL CERTIFICATIONS ARE VALID FOR 3 YEARS FROM DATE OF ISSUANCE AND CARD HOLDER MUST BE AT LEAST 15 YEARS OF AGE (17 YEARS OF AGE FOR CHILDREN'S CAMPS).	Lifeguard, BSA		X	X
	Aquatics Instructor, BSA		X	X
<b>Breezy Point Cooperative, Inc.</b>	Breezy Point Surf Lifeguard	X		
<b>Cattaraugus County EMS</b>	Cattaraugus County EMS Lifeguard Training Program		X	X
<b>Hamptons Consortium</b>	Hamptons Consortium Surf Lifeguard	X	X	X
<b>Ellis &amp; Associates Inc., International Lifeguard Training Program</b> Separate certificate for CPR is NOT required. *CERTIFICATE MUST INDICATE COMPLETION OF OPEN WATER TRAINING.	Pool Lifeguard Training			X
	Special Facilities Lifeguard Training			X
	Special Facilities Lifeguard Training with Open Water Training*		X	X

# AQUATIC CERTIFICATIONS

## For NYS Bathing Facilities

Continued

		SUPERVISION LEVEL		
		Marked boxes indicate acceptability		
PROVIDER	CERTIFICATION TITLE	Level I Surf	Level II b Pool & Beach	Level II a Pool Only
<b>Incorporated Village of Saltaire</b>	Ocean Lifeguard Certificate	X		
	Bay Front Lifeguard Certificate		X	
<b>Lindenhurst School District</b>	Lindenhurst School District Surf Lifeguard	X	X	X
<b>Nassau County Department of Health</b>	"Day Camp Only"			X
	Grade 1A			X
	Grade 1B			X
	Grade II		X	X
	Grade III	X	X	X
<b>New York City Department of Parks</b>	Municipal Lifeguard	X	X	X
	Municipal Lifeguard "pool only"			X
<b>New York State Department of Environmental Conservation</b>	New York State Lifeguard		X	X
<b>Royal Life Saving Society, Canada</b> <small>ALL CERTIFICATIONS ARE VALID FOR 2 YEARS FROM DATE OF ISSUANCE.</small>	National Lifeguard Service (NLS) Pool			X
	National Lifeguard Service (NLS) Waterfront		X	
	National Lifeguard Service (NLS) Surf	X		
	National Lifeguard Service (NLS) Waterpark			X
<b>Starfish Aquatics Institute, Inc.</b> <small>CERTIFICATION IS VALID FOR 1 YEAR FROM DATE OF ISSUANCE AND CERTIFICATE MUST SPECIFY "MEETS NY STATE DEPARTMENT OF HEALTH REGULATIONS." Separate certificate for CPR is NOT required. *IN "SPECIALTY MODULE TRAINING" SECTION OF CERTIFICATION CARD, "WATERFRONT" MUST <u>NOT</u> BE CROSSED OUT.</small>	StarGuard Best Practices for Lifeguards			X
	StarGuard Best Practices for Lifeguards with Waterfront Specialty Module Training*		X	X
<b>Suffolk County Department of Parks</b>	Ocean Lifeguard Training	X		
	Stillwater Lifeguard Training Course		X	
<b>Town of Babylon</b>	Ocean Lifeguard	X	X	X
	Stillwater Lifeguard Training Course		X	X
<b>Town of Brookhaven</b>	Ocean Theory Course	X	X	X
<b>Town of East Hampton</b>	Surf Lifeguard	X	X	X
	Pool and Beach Lifeguard		X	X
<b>Town of Islip</b>	Surf Lifeguard	X	X	X
	Pool and Beach Lifeguard		X	X
<b>Town of Southampton</b>	Ocean Lifeguard	X	X	X
	Stillwater Lifeguard		X	X
<b>Village of Ocean Beach</b>	Ocean Beach Atlantic Ocean Lifeguard Course	X	X	X
<b>YMCA</b>	YMCA Lifeguard		X	X
	Lifeguard		X	X

**SHALLOW WATER CERTIFICATION**  
**Valid for shallow pools as indicated below**

	<b>CERTIFICATION TITLE</b>
<p><b>American Red Cross (ARC)</b>            A CERTIFICATION IN THE OLD ARC CURRICULUM REMAINS VALID UNTIL EXPIRATION, BUT NO LATER THAN 8/30/2015, AS COURSES IN THE OLD ARC CURRICULUM WILL NO LONGER BE TAUGHT AFTER 8/31/2012.</p> <p>FOR COURSES INDICATED AS NEW IN 2012, THE FOLLOWING APPLY:</p> <p>1) CERTIFICATIONS ARE VALID FOR 2 YEARS FROM DATE OF ISSUANCE.</p> <p>2) A SEPARATE CERTIFICATE FOR CPR IS NOT REQUIRED IN FIRST YEAR OF CERTIFICATION.</p>	<p>Shallow Water Lifeguarding/First Aid/CPR/AED (New 2012) (Valid for water depths of 5 feet or less.)</p> <hr/> <p>Shallow Water Attendant (Valid for water depths of 4 feet or less.)</p>
<p><b>American Lifeguard Association (ALA)</b>            CERTIFICATE MUST STATE THE WORDS "INSTRUCTOR-LED COURSE"</p>	<p>Shallow Water Lifeguard Instructor-Led Course (Valid for water depths of 4 feet or less.)</p>
<p><b>Ellis &amp; Associates Inc.</b>  <b>International Lifeguard Training Program</b>            Separate certificate for CPR is NOT required.</p>	<p>Shallow Water Lifeguard (Valid for water depths of 5 feet or less.)</p>

# Camp Trip Swimming Program Safety Certifications for NYS Children's Camp

## Fact Sheet – April 2012

(Go to [www.health.ny.gov](http://www.health.ny.gov) to view the most current certification list)

When swimming is conducted during a camp trip to an aquatics facility that is supervised by qualified lifeguard(s), the camp must supply one additional lifeguard or a staff member possessing training in Children's Camp Swimming Program Safety for each 75 campers at the swimming activity (See Aquatic Certification Fact Sheet for a list of qualified lifeguard certification). A camp supplied lifeguard or staff trained in swimming safety is not required for aquatic amusement park activities that allow only one or two patrons in the water at a time and the activity water depth does not exceed chest deep for non-swimmers.

The following courses have been accepted by the Department as meeting or exceeding course standards for training in Children's Camp Swimming Program Safety specified in Section 7-2.11(a)(4)(iv)(a) of the State Sanitary Code:

Provider	Certification Title*
American Red Cross	<ul style="list-style-type: none"><li>• Lifeguard Management</li><li>• Lifeguard Instructor</li></ul>
American Red Cross on Long Island	<ul style="list-style-type: none"><li>• Pool Activity Leader</li></ul>
Boy Scouts of America	<ul style="list-style-type: none"><li>• Aquatics Supervision</li></ul>
YMCA	<ul style="list-style-type: none"><li>• Aquatics Management</li><li>• Aquatics Management Trainer</li></ul>

\* Certifications are valid for the time period specified by the certifying agency, but may not exceed a consecutive three-year period from course completion.

# NYS Bathing Facilities Supervision Level III Aquatic Staff Certification Required for Instructional Activities

(Not applicable to Children’s Camps)

## Fact Sheet – April 2012

(Go to [www.health.ny.gov](http://www.health.ny.gov) view most current certification list)

The New York State Sanitary Code (SSC) requires Supervision Level III staff to possess aquatic injury prevention and emergency response certification when assisting required lifeguards (Supervision Level IIa) during instructional activities, in accordance with Section 6-1.23(a)(6) of Subpart 6-1 of the SSC. Instructional activities include, but are not limited to, learn-to-swim programs, physical education classes and swim team practices. One Supervision Level III staff must be provided for each required lifeguard engaged in instructional activities.

Provider	Certification Title
<b><i>Code Standard</i></b>	
American Red Cross	<ul style="list-style-type: none"> <li>• Lifeguard Management</li> </ul>
<b><i>Accepted Courses</i></b>	
East Aurora Union Free School District	<ul style="list-style-type: none"> <li>• East Aurora Union Free School District Level Three Aquatic Supervisor Course</li> </ul>
Buffalo Public Schools	<ul style="list-style-type: none"> <li>• Second Set of Eyes</li> </ul>

In addition to the training, Level III Aquatic Supervisory staff must:

- Be a minimum of 18 years;
- Possess a current American Red Cross Community Cardiopulmonary Resuscitation (CPR) or equivalent certification, not to exceed one year;
- Possess competencies as specified in Section 6-1.31(c)(1)(iii) of the SSC.

# Learn-to-Swim Programs for NYS Children's Camps

## Fact Sheet – April 2012

(Go to [www.health.ny.gov](http://www.health.ny.gov) to view most current certification list)

Subpart 7-2 of the State Sanitary Code allows non-swimmers to enter water that is chest deep or greater when participating in a learn-to-swim program that has been determined to use a supervision protocol which protects campers from injury or drowning. The following programs have been determined to be acceptable:

Acceptable Programs*
American Red Cross (ARC)
Boy Scouts of America
YMCA

- Instructors must possess current certification as a progressive swimming instructor (PSI) in the program being utilized to teach swimming.
- Qualified lifeguards must supervise learn-to-swim programs. A PSI may not perform lifeguard duties unless currently certified as a qualified lifeguard (see "Aquatic Certification" fact sheet) and he/she is not concurrently performing teaching duties.
- A Buddy System and Board System (or equivalent) of supervising and checking bathers must be implemented during all swimming activities including learn-to-swim programs.

\*Children's camps may utilize learn-to-swim programs that are not listed above to teach swimming at camp; however, non-swimmers must be restricted to water that is less than chest deep at all times.

# PROGRESSIVE SWIMMING INSTRUCTOR\*

## *for NYS Children's Camps*

### Fact Sheet – April 2012

(Go to [www.health.ny.gov](http://www.health.ny.gov) to view most current certification list)

A progressive swimming instructor is required to assess the swimming ability of each camper prior to allowing the child to participate in aquatic activities.

The following courses meet the certification requirements as specified in Section 7-2.5(f) of Subpart 7-2 of the New York State Sanitary Code:

Provider	Certification Title
<b>Code Standard</b>	
<b>American Red Cross (ARC)</b>	<ul style="list-style-type: none"> <li>• Water Safety Instructor</li> </ul>
<b>Acceptable Equivalent Courses</b>	
<b>Boy Scouts of America</b>	<ul style="list-style-type: none"> <li>• Aquatics Instructor, BSA</li> <li>• Cub Scout Aquatics Supervisor, BSA</li> </ul>
<b>Canadian Red Cross</b>	<ul style="list-style-type: none"> <li>• Water Safety Instructor</li> </ul>
<b>YMCA</b>	<ul style="list-style-type: none"> <li>• Special Population Swimming Instructor</li> <li>• Swim Lessons - Preschool Instructor</li> <li>• Swim Lessons - Parent/Child Instructor</li> <li>• Swim Lessons - Youth/Adult Instructor Level 1</li> <li>• Swim Lessons - Youth/Adult Instructor Level 2</li> <li>• YMCA Basic Swim Instructor</li> <li>• YMCA Swim Lessons Instructor</li> </ul>

\*A progressive swimming instructor may not perform lifeguard duties unless currently certified as a qualified lifeguard (see "Aquatic Certifications" fact sheet) and the individual is not concurrently performing instructional duties.

A person qualified as a progressive swimming instructor may be the camp aquatics director, if they meet additional requirements of subdivision 7-2.5(e) of Subpart 7-2 of the State Sanitary Code.

# EPINEPHRINE AUTO-INJECTOR PROGRAM CERTIFICATIONS for NYS Children's Camps

## Fact Sheet – April 2012

(Go to [www.health.ny.gov](http://www.health.ny.gov) to view most current certification list)

Section 3000-c of Public Health Law permits children's camps to establish an epinephrine auto-injector program to stock and allow specially trained camp staff to use an epinephrine auto-injector device to treat life-threatening allergic reactions (also known as anaphylaxis). Please refer to the Department of Health Fact Sheet entitled "[Epinephrine Auto-Injector Use by Children's Camps](#)" for more detailed information about establishing an epinephrine auto-injector program at a camp.

To participate in an auto-injector program, children's camp operators must develop, sign and implement a collaborative agreement with an emergency health care provider (physician or hospital) who will oversee the camp's program. The camp's emergency health care provider should determine which of the following approved courses will be used to train camp staff.

Provider	Certification Title
American Red Cross	Epinephrine Auto-Injector Module
Department of Health Bureau of Emergency Medical Services*	Training Program Outline for Unlicensed or Uncertified Personnel to Administer Epinephrine by Auto-Injector in Life-Threatening Situations
Lifesaving Enterprises	Epinephrine Auto-Injector Training

**Courses require annual recertification.**

\*The Bureau of Emergency Medical Services (BEMS) does not provide training to camp staff; however, their approved training curriculum is available for use by the camp's emergency health care provider (EHCP) or individual designated by the EHCP to provide the training to camp staff. BEMS curriculum is available from the BEMS Operations Unit at (518) 402-0996 or at [www.health.ny.gov/nysdoh/ems/camp\\_epipen.htm](http://www.health.ny.gov/nysdoh/ems/camp_epipen.htm). Additionally, BEMS Policy Statement on Epinephrine Auto-Injectors is available at <http://www.health.ny.gov/nysdoh/ems/pdf/11-08.pdf>.

# QUALIFIED SWIMMING POOL WATER TREATMENT OPERATOR COURSES AND CERTIFICATIONS

*for Operation of NYS Swimming Pools and Recreational Aquatic Spray Grounds*

## Fact Sheet – April 2012

(Go to [www.health.ny.gov](http://www.health.ny.gov) to view most current certification list)

A qualified swimming pool water treatment operator is required to maintain pools larger than 3,000 square feet in surface area, or pools disinfected using gas chlorine and all recreational aquatic spray ground facilities.

Qualified swimming pool water treatment operator certifications shall be valid for the time period specified by the certifying agency and must be maintained current.

The following are adequate courses of instruction regarding the safe and effective operation and maintenance of pool treatment equipment as specified in Section 6-1.2(l)(2) of Subpart 6-1 and Section 6-3.2(e) of Subpart 6-3 of the New York State Sanitary Code:

Provider	Certification Title
<b>American Swimming Pool and Spa Association</b>	Licensed Aquatic Facility Technician (LAFT)  Certificates indicating completion of an <b>on-line</b> or <b>hybrid</b> LAFT course are <b>not acceptable</b> .
<b>Association of Pool &amp; Spa Professionals</b>	Professional Pool and Spa Operator (PPSO)  APSP no longer offers the PPSO course. However, if an individual has the PPSO certification, it is valid for 5 years from date of issue.
<b>National Recreation and Park Association</b>	Aquatic Facility Operator (AFO)
<b>National Swimming Pool Foundation</b>	Certified Pool/Spa Operator (CPO)
<b>Starfish Aquatics Institute</b>	AquaTech
<b>YMCA</b>	Pool Operator on Location (POOL)

Course providers may submit course curriculum, text and certification information of other comparable courses for review and approval to:

New York State Department of Health  
Bureau of Community Environmental Health and Food Protection  
Flanigan Square  
547 River Street, Room 515  
Troy, NY 12180