



THE BUREAU OF CHRONIC DISEASE PREVENTION & CONTROL ASTHMA TRAINING INSTITUTE (ATI)

SPRING 2009 CALENDAR

ATI workshops are designed to build knowledge and skills for diverse audiences including health educators, community health workers, staff of community based organizations and city agencies. Please contact us for more information about the appropriate audience for a particular workshop.

▲ **Beginning workshops:** Provide an introduction to basic concepts about asthma and chronic disease management for participants who want to increase their knowledge and awareness.

▲ ▲ **Intermediate workshops:** Provide more in-depth understanding and/or skill building for participants who have a basic knowledge of asthma and related topics

▲ ▲ ▲ **Advanced workshops:** Focus on skill-building for participants who have attended prior ATI workshops and work directly in the field of asthma education. May require permission of ATI staff.



Tools for Change: addressing ethnic & racial disparities in asthma care **A FOLLOW UP LUNCH AND LEARN SESSION**

Date: Thursday, January 29, 2009

Time: 12:00 PM –2:30 PM

Location: Midtown Executive Club, Priestley Room
40 West 45th Street NY, NY

This workshop is sponsored by The New York City Asthma Partnership Community Asthma Education Committee. **Please contact us to find out how you can register.**



Please note: enrollment is limited and the deadline for registration is January 21, 2009.

Workshop Description: Dr. Joseph Betancourt, a national expert in the field, will continue the discussion about the impact of health disparities in poor communities of color that are disproportionately affected by asthma.

In this workshop, Dr. Betancourt will review the framework for cross-cultural communication and use case studies to explore the process of communication that is culturally competent and respectful. Participants will have an opportunity to practice effective communication using a relevant model and brainstorm about strategies that they can apply to reduce health disparities and promote excellent care in all communities.

Workshop Instructor:

Joseph R. Betancourt, MD

Director of Multicultural Education & the Disparities Solutions Center
Institute for Health Policy at Massachusetts General Hospital

ATI SPRING 09 Calendar



Piecing Together the Asthma Puzzle

Date: Wednesday, April 8, 2009

Time: 9:30 AM –1:30 PM

Location: 505 Eighth Avenue, Suite 1801, NY, NY

Workshop description: Understanding the complex mechanisms in asthma is challenging but important for effective asthma education. This workshop reviews and unpacks the disease processes that underlie asthma. It takes a close look at the multiple components of the inflammatory process, as well as how the immune and nervous systems contribute to the disease's expression.

Workshop Instructor: Madu Rao, MD

SUNY Downstate Medical Center,
Asthma Center of Excellence



Taking Charge: an introduction to Asthma Self Management Support

Dates:	Thursday, April 16, 2009	SESSION I	} 9:30 AM – 1:00 PM
	Thursday, April 23, 2009	SESSION II	
	Thursday, April 30, 2009	SESSION III	

Location: 505 Eighth Avenue, Suite 1801 NY, NY

Workshop Description: This 3 session workshop will introduce participants to key concepts in chronic disease self management, provide practice in skills that help support effective self management and explore how participants can apply these skills in supporting people with asthma to manage their disease.

Session I: AN INTRODUCTION TO CHRONIC DISEASE MANAGEMENT

Asthma is a chronic disease, but many people only pay attention to their asthma when they are experiencing acute symptoms. How can we help people understand the concept of chronicity? What is "self-management" and how can we promote skills that contribute to effective self management?

Session II: SKILLS TO SUPPORT ASTHMA SELF MANAGEMENT

How can we build a toolbox of skills that can support self management and apply them in the different settings in which we work? Participants will explore the importance of active listening, assessing readiness and goal setting and have opportunities to practice these skills.

Session III: APPLYING WHAT WE'VE LEARNED

What are key skills needed for effective asthma self management and how can we help our clients build them? We will explore and practice approaches that promote symptom monitoring, communication and problem solving.



Participants must register and be prepared to attend all 3 sessions of this workshop for optimal learning and skill building.

Workshop Instructors:

Elena Schwolsky, RN, MPH

NYC Department of Health and Mental Hygiene, Asthma Initiative

Karen Levine, MPH

NYC Department of Health and Mental Hygiene, Asthma Initiative

Ivanna Lopez, BA

NYC Department of Health and Mental Hygiene, Asthma Initiative

ATI SPRING 09 Calendar

Indoor Air and Health

Date: Wednesday June 3rd, 2009

Time: 9:30 AM –1:00 PM

Location: 505 Eighth Avenue, Suite 1801 NY, NY

Workshop Description: Nowadays, people spend most of their time indoors. How can we work with families to make changes in the indoor environment that will improve asthma management and create healthy homes? This workshop will explore challenges and successful strategies for asthma trigger reduction in the indoor environment, with a special focus on one of the most pervasive and difficult to control---MOLD. Ray Lopez, a longtime community environmental worker in East Harlem, will share lessons learned from his experience in home environmental assessment and remediation.

Workshop Instructor: Ray Lopez, Environmental Coordinator

Little Sisters of the
Assumption FHS

To register please contact:

Ivanna Lopez mlopez3@health.nyc.gov or Bonita Henry bhenry1@health.nyc.gov
212-361-2161 212-361-4191

Sessions will begin promptly. We reserve the right to close the workshops to latecomers.



The Asthma Training Institute

*A commitment to education that will help people with asthma live active, productive lives
and promote healthy communities throughout New York City*