New York City Department for the Aging
Bureau of Community Services
FY 2012 Senior Center Assessment

Program: _____

Program ID#: _____

Nutrition Consultant: _____

Date of Visit: _____

FY 2012 Senior Center Assessment
SENIOR CENTER NUTRITION UNANNOUNCED VISIT

SENIOR CENTER NUTRITION UNANNOUNCED VISIT					COMMENTS
1.	Is the approved menu being followed?	**YES**	**NO**	**NA**	
2.	Are meals of good quality and appearance?	**YES**	**NO**	**NA**	
3.	Do portion sizes appear adequate to meet 1/3 DRI	**YES**	**NO**	**NA**	
4.	Is drinking water available?	**YES**	**NO**	**NA**	
5.	Is food served at the proper temperatures?	**YES**	**NO**	**NA**	
6.	Are temperature logs from the previous week complete and available?	**YES**	**NO**	**NA**	
7.	Is all equipment used for food prep/service adequately maintained?	**YES**	**NO**	**NA**	
8.	Are food, cleaning supplies, and disposables stored appropriately?	**YES**	**NO**	**NA**	
9.	Are all rooms where food is prepared, stored, or served adequately maintained?	**YES**	**NO**	**NA**	
10.	Are the temperatures of the refrigerators and/or freezers adequate?	**YES**	**NO**	**NA**	

11.	Are there adequate hand washing facilities?	**YES**	**NO**	**NA**	
12.	Do food handlers maintain a high degree of cleanliness?	**YES**	**NO**	**NA**	
13.	Are daily food used sheets from the previous week available and complete?	**YES**	**NO**	**NA**	
14.	Are all individual items ≤ 360 mg of sodium per serving?	**YES**	**NO**	**NA**	
15.	Is sliced bread ≤ 180 mg of sodium per serving?	**YES**	**NO**	**NA**	
16.	Does canned vegetables contain ≤ 290 mg of sodium per serving	**YES**	**NO**	**NA**	
17.	Does canned seafood contain ≤ 290 mg of sodium per serving?	**YES**	**NO**	**NA**	
18.	Do canned meat products contain ≤ 480 mg of sodium per serving?	**YES**	**NO**	**NA**	
19.	Do portion controlled items/convenience foods contain ≤ 480 mg of sodium per serving?	**YES**	**NO**	**NA**	
20.	Are frozen whole meals ≤ 525 mg of sodium per serving?	**YES**	**NO**	**NA**	
21.	Do all products contain 0 grams of trans fat per serving?	**YES**	**NO**	**NA**	
22.	Are deep fryers not used?	**YES**	**NO**	**NA**	
23.	Is all fruit juice 100% juice?	**YES**	**NO**	**NA**	
24.	Is all canned fruit packed in natural juice or water?	**YES**	**NO**	**NA**	
25.	Is milk 1% or skim?	**YES**	**NO**	**NA**	
26.	Is all yogurt non-fat or low-fat?	**YES**	**NO**	**NA**	
27.	Is a minimum of 2 servings of fruits and veggies served at lunch?	**YES**	**NO**	**NA**	
28.	Is a minimum of 2 servings of fruits and veggies served at dinner?	**YES**	**NO**	**NA**	
29.	Is a minimum of 5 servings of fruits and veggies served if 3 meals per day are served?	**YES**	**NO**	**NA**	
30.	Are healthy options available during special occasions?	**YES**	**NO**	**NA**	

Program Director or Authorized Staff Signature _____ Date _____ DFTA Nutrition Consultant Signature _____ Date _____