BRONX COMMUNITY BOARD NO. 8 MINUTES OF THE AGING COMMITTEE MEETING HELD ON APRIL 24, 2012 ATRIA RIVERDALE 3718-3726 HENRY HUDSON PARKWAY, EAST

PRESENT AFFILIATION

Karen Pesce Committee Chair, CB8

Bob Abbott CB8
Anthony Creaney CB8
Tom Durham CB8
Irving Ladimer CB8
Georgia Santiago CB8

Robert Ackerson Riverdale Senior Center

Stanley Bernstein Atria
Jane Fisher NYPL
Ed Friedman Lifecare

Rebecca Hoffman Kingsbridge Library
Alvin Shatkin Riverdale Senior Center

- 1. Minutes of previous meeting accepted as submitted.
- 2. Speaker: Ed Friedman, Executive Director, Lifetime Arts, Inc. This nonprofit service agency which was developed in conjunction with the Bronx Council of Arts provides consultation and coordination of programs to bring creative activities for older adults to organizations and agencies serving that population. Programs include painting, musical choruses and creative writing. It locates local and professional artists, training them in teaching techniques. Currently Lifetime Arts is partnering with the NY Public Library system including Kingsbridge Library in trying to increase learning in the arts to be more active and less passive. The program is in 28 libraries in NYC, Westchester and north to the Canadian border with the goal of demonstrating its feasibility in both rural and urban areas. A 2006 study by George Washington University showed better outcomes for adults participating in active learning pursuits; there is an ongoing evaluation being conducted by Fordham University.

At the Kingsbridge Library there will be a writing workshop for 12 people led by writers; enrollment deadline is May 22nd, 2012 and most programs have wait lists. Funding is provided by the Institute of Library Services (Federal) and foundation grants, including the Samuels Foundation for Healthy Aging. Continued funding is a challenge. www.lifetimearts.org

3. Old Business: in discussion, the participants felt it was best to partner with other CB 8 committees, where possible, on budget requests to increase the likelihood of acceptance. An example of shared requests could be mental health services, partnering with Health, Hospitals and Social Services Committee. Adult Social

Daycare programs, maintaining senior transportation programs with funding for drivers and vehicle upkeep, supporting telehealth programs to remotely monitor health issues and homecare services and maintaining senior centers in accessible locations in the Bronx. CB8 catchment area for communal dining, educational social services, case management, recreational programs were discussed. Chair will prepare a preliminary report for prioritizing Expense Budget requests at next meeting.

4. New Business: approximately 10-12 single family homes have been identified in our area (zip 10468) as having liens against their property which could result in a lien sale with potential loss of homes. A waiver available to those who are older or disabled must be filed by 5/17/12. In cooperation with Councilman G. Oliver Koppell's office, this Committee has sent letters to the affected properties, offering consultations with a NYC Department of Finance representative. Tuesday, May 8th, 2012 to determine eligibility for a waiver and mechanism to apply for a waiver. Interested owners should call Councilman Koppell's office (718-549-7300) for an appointment to be held at CB8 office or phone consultation.

5. Agency Reports

- a. Riverdale Senior Services will present an all media vintage art show and reception May 6th; Mother's Day Concert with Anatona May 8th; in recognition of Older Americans Month in May there will be Wi bowling tournament, trivia games and games of our youth. A digital user group is available on Wednesday, mid-month and planned is photography resources on the web.
- b. I. Ladimer for Riverdale Senior Services: requested donations of \$25 per person or agency for a journal ad to be submitted as close to May 1, 2012 as possible. Gala to be held at Horace Mann upper school June 14th, 2012.
- c. Tom Durham: there was a housing forum at Lehman College relating to foreclosures.

NEXT MEETING: Tuesday, May 22nd, 2012 at 3:30pm, Hudson Point Rehab, 3220 Henry Hudson Parkway.

Submitted by,

Karen Pesce Chairperson Aging Committee