

**COMMUNITY BOARD NO. 8 BRONX**

**MINUTES OF THE AGING COMMITTEE MEETING  
HELD ON APRIL 26<sup>TH</sup>, 2011  
AT CLASSIC RESIDENCE IN YONKERS**

**PRESENT**

Karen Pesce  
Anthony Creaney  
Irving Ladimer  
Georgia Santiago  
Robert Ackerson  
Jeanine Cohen  
Nancy D'Auria  
Marvin Goodman  
Kathy Gorup  
Melissa Hernandez, MSW  
Melissa Prieto  
Alvin Shatkin

**AFFILIATION**

Committee Chairperson, CB #8  
CB #8  
CB #8  
CB #8  
Riverdale Senior Services  
Kittay House  
Hebrew Home at Riverdale  
Bx Unit-CSA Retiree Chapter  
Classic Residence in Yonkers  
Riverdale Mental Health  
Hudson Pointe Rehab Center  
Riverdale Senior Center

1. Minutes of previous meeting accepted as submitted with correction of R.Ackerson's last name spelling.
2. Speakers, Jeanette Cohen of Kittay House and Kathy Gorup of Classic Residence Vi

Kittay House is an independent living facility which doesn't require licensure. It is Mitchell Lama affordable housing. Housekeeping including linens and 3 meals each day are provided, but there isn't 24 hr/7day per week help available. Residents are given pendants for emergency help. Residents can hire their own help for additional needs/supervision. If a resident has a fall, 911 is called for emergency evaluation and help. Apartments are studios and one bedrooms; one bedroom income eligibility is \$111,000 for individuals/couples 62 yrs. and older. Veterans get discount for first 3 months. Food is Kosher "style" but not Kosher. There is nurse on staff, primarily for education; doctors' office in building, has regular hours; activity staff plans programs for seven days/wk. Since most activities and dining facilities are on garden level, many residents are out of their apartments for most of the day and don't require larger living spaces.

Classic Residence has assisted living in addition to independent living (75 apts.), the latter allowing 12 hrs/day hired help. The Department of Health (DOH) has oversight over assisted living and its memory support program (36 apts.), both of which have annual inspections. Those living in the DOH programs have weekly care team meetings to identify changing needs of residents. Handouts available for housing in the Bronx.

3. Miscellaneous: Hebrew Home will open the Hudson House on Johnson Avenue with 59 apartments which will be Sec. 8 (subsidized). Average age of nursing home residents is 85+. Several nursing homes are decertifying their nursing home beds due to decreased demand and changing them into short stay rehab beds, recognizing the move to "age in place," i.e. stay in own home as long as possible.

4. Individual/agency reports (abbreviated due to budget discussion)
  - a. Riverdale Senior Services will have fundraiser at Riverdale Yacht Club. Aging Committee voted and approved a \$25/pp contribution for its Journal. Check (voluntary), should be made to Riverdale Senior Services.  
  
Schervier/BonSecour will sponsor gala with Irving Ladimer and Archbishop Dolan as honorees.
  - b. Hudson Pointe: welcome to Melissa Prieto who joined us last month. She reported an upcoming Health and Fitness Event and weekly barbeques on Wednesdays for residents.
5. Expense Budget discussion, 2013: revised item I. for maintaining senior centers to include recreational, health, educational, social service, and case management. Add as item 6. telehealth programs to monitor remotely health issues. Consider as additional item to increase home health care services to allow "aging in place." Priorities to be identified at next meeting.
6. Next meeting to be held 5/24. A June meeting will be held in conjunction with Youth Committee to discuss areas of cooperation, date TBA.

Submitted by,

Karen Pesce  
Chairperson  
Aging Committee