



Course subject to change due to construction. Please see [www.bcc.cuny.edu/runthebronx](http://www.bcc.cuny.edu/runthebronx) for the most up-to-date information.

**TRAVEL DIRECTIONS**

**Subway:**  
#4 IRT train to Burnside Avenue  
#1 IRT train to 207th Street (then take the BX 12 Bus to University Avenue)

**Bus:**  
BX 3 University Avenue  
BX 40 Tremont Avenue Crosstown  
BX 36 180th Street Crosstown  
BX 12 Fordham Road Crosstown; Transfer to BX 3

**Car:**  
179th Street Exit of Major Deegan Expressway (NORTH ONLY)  
Fordham Road Exit of Major Deegan Expressway (SOUTH ONLY)  
GPS - 167 Hall of Fame Terrace

**AMENITIES**

- Health pavilion with free screenings
- Free parking on campus
- Refreshments after race
- Restrooms
- Post race results and award ceremony (No duplication of awards)

**10K and 5K TROPHIES**  
**Male and Female**

1st, 2nd & 3rd place trophies in each category for 10K & 5K

**Age categories for 5K and 10K winners**  
14 & under 15-19 years 20-29 years 30-39 years  
40-49 years 50-59 years 60-69 years 70 + up  
BCC Alumni Winner - 1st place male & female  
BCC Student - 1st place male & female  
BCC Faculty/Staff - 1st place male & female

**Teams**  
1st Place  
Largest group

**THE CITY UNIVERSITY OF NEW YORK**  
James B. Milliken, Chancellor

**BRONX COMMUNITY COLLEGE**  
Eduardo J. Marti, Interim President

**HONORARY CHAIRS**  
Roscoe C. Brown Jr.  
Joseph Kelleher  
Joseph Ramos  
Henry Skinner

**Special Thanks to:**  
US Congressman José E. Serrano  
NY State Senator José M. Serrano  
Community Board #5  
New York City Police Department  
New York City Dept. of Sanitation  
New York City Dept. of Highways  
New York City Dept. of Parks & Recreation

In consideration of your accepting this entry, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against The City University of New York, Bronx Community College, the City of New York, any other co-sponsors, and their representatives, successors, and assigns for any and all injuries by me in said event. I attest and verify that I will participate in this event as a footrace, assuming all risks, and that I am physically fit and have sufficiently trained for the completion of this event and my physical condition has been verified by a licensed medical doctor. Further, I hereby grant full permission to any and all of the foregoing to use any photographs, videotapes, motion pictures, recordings or any other record of this event for any legitimate purpose.

Participant Signature \_\_\_\_\_ Date \_\_\_\_\_

If under 18, signature of parent or legal guardian \_\_\_\_\_ Print Name \_\_\_\_\_

**Mail to:**  
Bronx Community College  
2155 University Avenue  
Philosophy Hall - Room 37  
Bronx, NY 10453

Cash  or check  payable to: BCC Foundation

Register Online: [www.bcc.cuny.edu/runthebronx](http://www.bcc.cuny.edu/runthebronx)